

## D NATURAL – Pure Vitamin D 100% natural

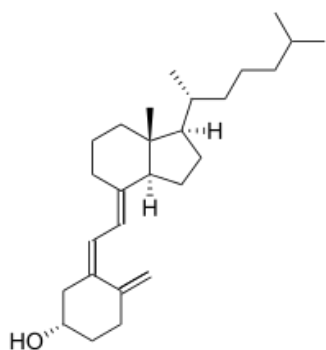
### What is D NATURAL and what is for?

D NATURAL is a food supplement based on Vitamin D3, which contributes to the normal absorption and use of calcium and phosphorus, the maintenance of normal bones and teeth, and to the normal function of the immune system.



### What does D NATURAL contain?

D NATURAL contains pure **Vitamin D3** vegan 100.000 IU/g from lichens.



Vitamin D3 is also known as **cholecalciferol**, a fat-soluble vitamin that is involved in bone health, immune function, cell growth and more. Cholecalciferol helps to regulate the absorption of mineral nutrients like calcium and phosphorus, in mineralization of bone and for the assimilation of Vitamin A. It also helps blood pressure and blood sugar levels.

Vitamin D deficiency is a common issue, and certain groups are at a higher risk of deficiency. For example, older adults, and people who are overweight/obese are at an increased risk. Daily intake should be higher also in children, pregnant and lactating women.

One of the great benefits of vitamin D3 is also its ability to enhance immunity and protect against infection. Not only can a deficiency in this important micronutrient slow wound healing and increase the risk of infection, but vitamin D3 is also integral to the function of immune cells in the body.



In addition, optimal level shown that Vitamin D3, as it is involved in the regulation of hormones related to stress, helps to reduce conditions like seasonal affective disorder (SAD), depression, and anxiety.

**How to use D NATURAL**

We recommend taking 1 tablet a day to swallow with a generous sip of water.

**Ingredients:** Bulking agent: cellulose microcrystalline; anti-caking agents: Silicon Dioxide, Magnesium salts of fatty acids; Vitamin D3 (Cladonia rangiferina (L.) Weber ex F.H. Wigg.).

**Pack:** 60 tablets in blister.

**Warnings:** do not exceed the recommended daily dose. Keep out of reach of children under the age of three. Supplements are not intended as a substitute for a varied, balanced diet and a healthy lifestyle.

**Vegan product**

**Conservation methods:** store in a cool and dry place away from light. The expiry applies to the product intact, properly stored.

**Composition per 1 tablet:**

**Vitamin D3**

**1000 UI**

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