

CATALOGUE

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Zafferano (Crocus sativus)



NATURANDO

We Enrich Health

Company Profile

NATURANDO

We Enrich Health



Naturando is an Italian company based in Bergamo that operates in the field of natural and herbal remedies.

We have been present for over 40 years in Italy and in Europe with more than 130 products characterized by high concentration of active ingredients and innovative formulations that guarantee their effectiveness.

Thanks to our Research and Development department we are able to take the best from Nature to create supplements and cosmetics aimed at improving people's health and well-being.



We still believe that in Nature we can find the essence of our health.

We appreciate the best that Nature can offer by enhancing its virtues in our products with phytotherapeutic active ingredients, selecting highly qualified partners for production and controlling each stage of the production chain to ensure absolute safety for the consumer.



Thanks to new technology, but without abandoning our core knowledge of Nature, we have undertaken thorough scientific research to obtain innovative, effective and safe products that conform to our ethical principles.

In this way, we have created the best "health concentrates" that nature can offer for our well-being and beauty, but without contaminating or impoverishing them with chemical processes or compounds that may be financially advantageous but less healthy.

Nature isn't deceptive and we don't want to be either.



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IL HWA ginseng extract

TONIC ADAPTOGENIC



Dietary supplement based on
Korean Soft Ginseng Extract

Pure Korean Ginseng - soft extract

20 g jar
50 g jar



Gluten Free

IL HWA GOLD SEAL



Properties

- Ginseng is useful for its tonic and adaptogenic effect.
- 100% pure soft extract of Korean Ginseng.
- From fresh and ripe roots.
- Low-temperature extraction: to ensure the integrity of the natural components.



Synergies

Pure Korean Ginseng IL HWA Gold Seal.



Recommended dosage and instructions for use

Take 1 or 2 measuring spoons pure or diluted in hot or cold water.

1 measuring spoon contains 500 mg (0,4 ml) of Ginseng. Each measuring spoon contains 1 gr of Ginseng.

Why choose IL HWA Golden Seal

Particular cares in the cultivation with natural fertiliser.

Only use of whole korean roots: prime, fresh and ripe.

Low-temperature extraction to ensure the integrity of the natural components.

Vacuum-packed to ensure all the natural actives.

Biologically pure from pesticides and agrochemicals.

Free from colours and preservatives.

Total range of ginsenosides that comes from the whole root.



The stimulating effect of Ginseng IL HWA Gold Seal is not linked to excitation, contrary to caffeine; instead, it is tonic for every need.

Bilan G

TONIC ADAPTOGENIC



Dietary supplement based on
Ginseng IL HWA Gold Seal dry extract and Vitamin E

Korean Ginseng - dry extract



40 capsules



Gluten Free



Vegan

IL HWA GOLD SEAL



Properties

- Ginseng is useful for its tonic and adaptogenic effect.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Korean Ginseng IL HWA Gold Seal, Vitamin E.



Recommended dosage and instructions for use

Take 2 capsules a day, preferably in the morning.



Composition

Each capsule contains:

IL HWA korean ginseng d.e.	225	mg	
Vitamin E	10	mg	83,3 %VNR

Excipients: Hydroxypropylmethylcellulose, Microcrystalline cellulose, Silicon dioxide, Magnesium salts of fatty acids, Talc, Titanium dioxide.



The stimulating effect of Ginseng IL HWA Gold Seal is not linked to excitation, contrary to caffeine; instead, it is tonic for every need.

Jnsa Mirt vials

TONIC ADAPTOGENIC



Dietary supplement based on
Ginseng IL HWA Gold Seal with Common bilberry juice

Korean Ginseng - fluid extract



10 bottles, 10 ml each



Gluten Free

IL HWA GOLD SEAL



Properties

- Ginseng is useful for its tonic and adaptogenic effect.
- Common bilberry has an antioxidant activity.



Synergies

Korean Ginseng IL HWA Gold Seal, Common bilberry.



Recommended dosage and instructions for use

Take 1 vial a day, pure or diluted in water.

Composition

Each bottle contains:

IL HWA korean ginseng	520	mg
Common bilberry powder	290	mg
Common bilberry juice	264	mg

Excipients: Fructose, Water, Acacia honey, Citric acid.

Ginseng IL HWA enriched with blueberry

The famous properties of Korean Ginseng IL HWA are mixed with the antioxidant properties of bilberry. The berries of bilberries are rich of biosynthetic anthocyanins, tannins and flavonoids.



The stimulating effect of Ginseng IL HWA Gold Seal is not linked to excitation, contrary to caffeine; instead, it is tonic for every need.

MANSU ginseng extract

TONIC ADAPTOGENIC - RED GINSENG



Dietary supplement based on
Korean Soft Ginseng Extract

Pure Korean Ginseng - soft extract



30 g jar



Gluten Free

MANSU



Properties

- Ginseng is useful for its tonic and adaptogenic effect.
- 100% pure soft red Korean Ginseng extract.



Synergies

Pure Korean Ginseng.



Recommended dosage and instructions for use

Take 1 or 2 measuring spoons pure or diluted in hot water, preferably in the morning.



The stimulating effect of Ginseng IL HWA Gold Seal is not linked to excitation, contrary to caffeine; instead, it is tonic for every need.

Energia Forte Plus

TONIC AND ADAPTOGEN



Dietary supplement containing Wheat Germ Oil, Royal Jelly and IL HWA Gold Seal Ginseng

Designed for managers, students, sports people



40 soft capsules



Gluten Free



Properties

- Ginseng is useful for its tonic and adaptogenic effects and in the case of physical and mental fatigue.
- Wheat germ oil protects the cells against oxidative stress.
- It is designed for managers, students, sportspeople and all those who need large quantities of energy.



Synergies

Wheat germ oil, IL HWA Gold Seal Ginseng root soft extract and lyophilized Royal jelly.



Recommended dosage and instructions for use

Take 2-3 capsules a day, preferably before breakfast.



Composition

Each capsule contains:

Wheat germ oil	225	mg
IL HWA Gold Seal Ginseng s.e.	100	mg
Royal jelly	50	mg

Excipients: Soya lecithin, Food grade gelatine, Soya seed oil, Glycerol, Mono- and diglycerides of fatty acids.



The stimulating effect of Ginseng IL HWA Gold Seal is not linked to excitation, contrary to caffeine; instead, it is tonic for every need.

Energia Forte Mix

TONIC AND ADAPTOGEN



Dietary supplement containing Royal Jelly, Honey, Eleuthero, Schisandra and IL Hwa Gold Seal Ginseng

Useful in case of physical and mental fatigue



10 bottles, 10 ml each



Gluten Free



Properties

- Ginseng, Schisandra and Eleuthero are useful for their tonic and adaptogenic effects.
- Useful in case of physical and mental fatigue.



Synergies

Acacia honey, fresh Royal jelly, IL HWA "Gold seal" Ginseng root soft extract, Schisandra fruit dry extract and Eleuthero root dry extract.



Recommended dosage and instructions for use

Take 1 bottle a day, either directly or diluted in a small quantity of water or other liquid of choice.



Composition

Each 10 ml bottle contains:

Acacia honey	1,300	g
Royal jelly	0,300	g
IL HWA Gold Seal Ginseng s.e.	0,200	g
Schisandra d.e.	0,150	g
2% schisandrin, equal to	3,000	mg
Eleuterococco d.e.	0,100	g
1% saponosides, equal to	1,000	mg

Excipients: Fructose, Water, concentrated Raspberry juice, Citric acid, Potassium sorbate, Flavourings.



The stimulating effect of Ginseng IL HWA Gold Seal is not linked to excitation, contrary to caffeine; instead, it is tonic for every need.

Energia Junior

SUPPORTIVE AND RESTORATIVE EFFECT



Dietary supplement containing
Royal Jelly, Honey, Cod Liver Oil and Acerola

Designed for children and youths during development

 10 bottles, 10 ml each
with dosage cup

 Gluten Free



Properties

- Acerola extract acts on body's natural defences and performs a support and a restorative effect.
- Designed for children and youths during development, as well as senior's lack of appetite.



Synergies

Acacia honey, fresh Royal jelly, Acerola fruit dry extract (tit. 50% in Vitamin C) and microencapsulated Cod Liver oil (protected in the cap).



Recommended dosage and instructions for use

Take 1 bottle a day, either directly or diluted in a small quantity of water or other liquid.



Composition

Each 10 ml bottle contains:

Acacia honey	3,35	g
Fresh Royal jelly	0,20	g
Cod Liver oil	0,12	g
Acerola d.e.	50,00	mg
50% vitamin C, equal to	25,00	mg 31,25 %NRV

Excipients: Fructose, Water, Flavouring, Citric acid, Silicon dioxide.

Micro-encapsulated Cod Liver oil

The Cod Liver oil is micro-encapsulated and protected in the cap, separated from the bottle. Thanks to the technology of micro-encapsulation, Naturando totally masked the unpleasant taste of Cod Liver oil, without missing the nutritional values.

Energia Gin-Go

MEMORY AND VITALITY



Dietary supplement containing Royal Jelly, Ginseng, Ginkgo Biloba, Guarana, Honey and Blueberry Juice

For your mind

 10 bottles, 10 ml each

 Gluten Free



Properties

- Ginseng and Guarana are useful in cases of physical and mental tiredness.
- Ginkgo biloba is useful for enhancing memory and cognitive functions.



Synergies

Acacia honey, Blueberry juice, Lemon juice, Royal jelly, Ginkgo biloba leaves dry extract, Guarana seeds dry extract and Ginseng root dry extract.



Recommended dosage and instructions for use

Take 1 bottle a day, either directly or diluted in a small quantity of water or other liquid. Take 2 bottles a day if you need a very large amount of energy.



Composition

Each 10 ml bottle contains:

Blueberry juice	4,860	g
Acacia honey	4,620	g
Lemon juice	2,300	g
Royal jelly	100,000	mg
Guarana d.e.	33,000	mg
8% caffeine, equal to	2,600	mg
Ginseng d.e.	33,000	mg
27% ginsenosides, equal to	8,900	mg
Ginkgo biloba d.e.	33,000	mg
0.5% flavonoid glycosides, equal to	0,165	mg

Excipients: Fructose, Water, Citric acid, Flavouring.



It contains caffeine. The use for children, during pregnancy and breast feeding is not recommended. 2,6 mg/10ml. Consult your doctor before taking this product if you are taking anticoagulants and antiplatelets.

Dynamic age

TONIC AND STIMULATING FUNCTION



Dietary supplement with extracts of Elder, Yerba Mate, Eleuthero and Vitamins

Tonic and stimulating function, without Ginseng



10 bottles, 10 ml each
with dosage cup



Gluten Free



Properties

- Reduction of tiredness and fatigue, tonic and stimulating function: Yerba Matè, Vitamin B6 and Vitamin B12.
- Enhancement of memory and cognitive functions: Eleuthero.
- Support of natural defences and of the immune system: Elder and Vitamin C.
- Protection of tissues from oxidative stress: Vitamin E.



Synergies

Eleuthero root dry extract, Yerba Mate leaves dry extract, Elder fruit dry extract, Vitamins C, E, B6 and B12 (protected in the cap).



Recommended dosage and instructions for use

Take 1 bottle daily before breakfast.



Composition

Each 10 ml bottle contains:

Eleuthero d.e.	100,0	mg	
1% eleutherosides, equal to	1,0	mg	
Yerba Mate d.e.	50,0	mg	
8% caffeine, equal to	4,0	mg	
Elder d.e.	50,0	mg	
Vitamin C	80,0	mg	100%NRV
Vitamin E	12,0	mg	100%NRV
Vitamin B6	1,4	mg	100%NRV
Vitamin B12	2,5	mcg	100%NRV

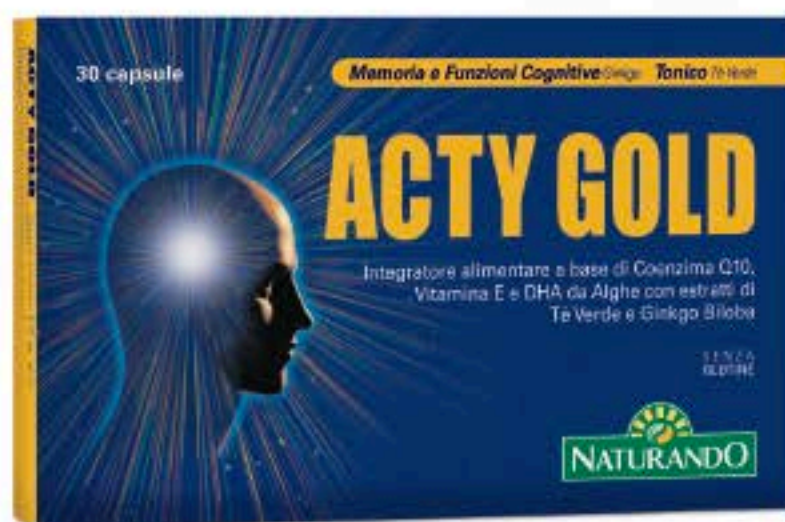
Excipients: Water, Levulose, Acacia honey, Blackcurrant juice, Citric acid, Potassium sorbate, Flavourings, Silicon dioxide, Magnesium salts of fatty acids.



It contains caffeine (4 mg/daily dose). The use for children, during pregnancy and breast feeding is not recommended.

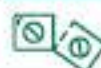
Acty Gold

MEMORY AND COGNITIVE FUNCTION



Dietary supplement containing Coenzyme Q10, Vitamin E, DHA and Extracts of Green Tea and Ginkgo Biloba

With algal oil rich in DHA



30 soft capsules



Gluten Free



Properties

- Green Tea is useful as tonic in case of mental fatigue.
- Ginkgo is useful for memory and cognitive function.
- Vitamin E is useful to protect from oxidative stress.



Synergies

Algal oil rich in DHA (derived from the microalgae Schizochytrium sp.), Ginkgo biloba, Green tea, Vitamin E and Coenzyme Q10.



Recommended dosage and instructions for use

Take 1-2 capsules daily.



Composition

Each capsule contains:

DHA	60,0	mg	
Green tea d.e.	30,0	mg	
98% polyphenols, equal to	28,5	mg	
Ginkgo biloba d.e.	30,0	mg	
24% ginkgo flavonglycosides, equal to	7,2	mg	
Vitamin E	10,0	mg	83%NRV
Coenzyme Q10	5,0	mg	

Excipients: Food grade gelatine, Sunflower oil, Soybean oil, Glycerol, Soy lecithin, Silicon dioxide, Iron oxides.



Consult your doctor before taking this product if you are taking anticoagulants and antiplatelet. The use during pregnancy and breast feeding is not recommended.

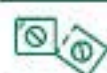
Riparo Gola Propoli

HEALTH OF THROAT



Dietary supplement based on Propolis, Licorice and Essential Oils

The natural protection of Propolis



20 soft ampoules



Gluten Free

RIPARO



Properties

- Anise and Licorice are beneficial to the health of throat.
- Peppermint supports the functionality of the upper airways.



Synergies

Propolis, Licorice, Mint, Anise.



Recommended dosage and instructions for use

Squeeze the content of an ampoule into the mouth and let it dissolve, swallowing slowly. Repeat 2-4 times a day.

Composition

Each ampoule contains:

Propolis d.e.	90	mg
Licorice d.e.	60	mg
Mint e.o.	17	mg
Anise e.o.	17	mg

Excipients: Soy oil, Mono and diglycerides of fatty acids, Soy lecithin, Gelatine, Glycerol.

Better adherence to the sides of throat

Thanks to the gluey substances, the product sticks to the sides of throat, making the components act locally.

Riparo Gola Spray

HEALTH OF THROAT



Dietary supplement containing Propolis, Licorice, Peppermint and Anise

Rapid relief - always with you



spray 25 ml



Gluten Free

RIPARO



Properties

- Anise and Licorice are useful for the health of throat.
- Peppermint promotes the functionality of the upper airways.



Synergies

Propolis, Licorice, Peppermint, Anise.



Recommended dosage and instructions for use

Spray the product twice into the mouth. Repeat up to 4 times a day.

Composition

8 sprays contain:

Licorice d.e.	0,04	ml
Propolis d.e.	0,02	ml
Peppermint e.o.	0,02	ml
Anise e.o.	0,01	ml

Excipients: Water, Fructose, Glycerol, Sodium saccharine.

Riparo Gola Gocce

HYDROALCOHOLIC PURE PROPOLIS



Dietary supplement containing Hydroalcoholic Pure Propolis

For versatile use



Sanamucil

FLUIDITY OF BRONCHIAL SECRETIONS



Dietary supplement containing N-Acetyl Cysteine and Plant Extracts

Also for children



Alcohol Free

Preservative Free

RIPARO



Properties

- It contains dewaxed Propolis.
- The formulation in drops makes the product very versatile.



Synergies

Hydroalcoholic Pure Propolis.



Recommended dosage and instructions for use

Take 30 drops diluted in water once a day.



Composition

30 drops contains:

Propolis h.e.	660,0	mg
1% galangin, equal to	6,6	mg

Excipients: none.

RESPIRO



Properties

- White Horehound and Elderberry increase the fluidity of bronchial secretions.
- Grindelia exerts an emollient and soothing action on the oropharyngeal mucosa and it improves vocal tone.



Synergies

N-Acetyl Cysteine, Grindelia, White Horehound, Elderberry.



Recommended dosage and instructions for use

Take 15 ml twice a day. Halve the dose for children. Measuring cup in the box. Shake well before use.



Composition

30 ml contain:

N-Acetyl Cysteine	600	mg
Grindelia f.e.	400	mg
White Horehound d.e.	200	mg
Elderberry d.e.	200	mg

Excipients: Fructose, Water, Aloe vera gel sine cute, Apple juice, Acacia honey, Xanthan gum, Citric acid, Flavours, Sucralose.



Do not give to children under three years of age.

Tussil

HEALTHY AIRWAYS



Dietary supplement containing Plant Extracts and Essential Oils

With 11 plant extracts - Also for children



150 ml



Gluten Free



Lactose Free

Alcohol Free

Colours Free

RESPIRO



Properties

- Plantain, Grindelia and Common Sundew have emollient and soothing effects on the oropharyngeal mucosa.
- Common Sundew, Licorice, Common Poppy, Ivy and Star Anise promote the fluidity of bronchial secretions.



Synergies

Plantain, Grindelia, Common Sundew, Common Poppy, Common Mullein, Blackcurrant, Black Alder, Common Hornbeam, Licorice, Ivy, Pine, Grapefruit seeds, Star Anise.



Recommended dosage and instructions for use

Take 10 ml 2-3 times a day. Halve the dose for children. Measuring cup in the box. Shake well before use.

Composition

30 ml contain:

Licorice a.e.	540,0	mg
Grindelia a.e.	540,0	mg
Plantain a.e.	540,0	mg
Common Poppy a.e.	540,0	mg
Common Sundew a.e.	540,0	mg
Common Mullein a.e.	540,0	mg
Ivy a.e.	540,0	mg
Blackcurrant h.e.	540,0	mg
Black Alder h.e.	540,0	mg
Common Hornbeam h.e.	540,0	mg
Star Anise e.o.	60,0	mg
Pine e.o.	30,0	mg
Grapefruit seeds d.e.	7,5	mg

Excipients: Fructose, Acacia honey, Vegetable glycerol, Water, Citric acid.



Do not give to children under three years of age.

Vaposyl

ESSENTIAL OILS



Blend of essential oils

Blend of essential oils with a balsamic effect



30 ml



Vegan

RESPIRO



Properties

- Essential oils release their natural balsamic vapours when poured into hot water.
- The product can be used in radiator humidifiers, in room humidifiers or in a bowl of hot water for steam inhalation, as well as on handkerchief.



Synergies

Essential oils of Eucalyptus, Mint, Mountain Pine, Cajeput, Thyme.



Recommended dosage and instructions for use

For steam inhalation: 10/15 drops in a bowl of hot water.

For the room: 10 drops in a radiator or room humidifier.

On a handkerchief: 3 drops.

Composition

Blend of essential oils of:

Eucalyptus
Mint
Mountain Pine
Cajeput
Thyme
Sweet Almond oil

Excipients: Antioxidants: Tocopherol, Ascorbyl palmitate; Lecithin, Citric acid.

Sinusyl MD

NASAL SPRAY



Medical Device
for excess mucous secretions and Sinusitis

Medical device



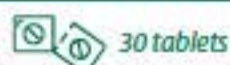
Influ SKUDO

IMMUNE SYSTEM



Dietary supplement containing
Plant Extracts, Probiotics and Zinc

360° of protection



RESPIRO



Properties

- The combined action of the natural components is useful for removing excess mucous secretions to assist respiration.
- It reduces the risk of bacterial infections and sinusitis.



Synergies

Methyl sulphonyl methane, Luffa operculata, Perilla frutescens, Hornbeam buds.



Recommended dosage and instructions for use

Place the nozzle in the nostrils and spray twice in each nostril. Repeat the application several times a day depending on individual needs.



Composition

Methyl sulphonyl methane	2,50	%
Luffa operculata glyceric extract	1,00	%
Perilla frutescens glyceric extract	1,00	%
Hornbeam buds dry extract	0,25	%

Excipients: Demineralized water, Sodium chloride, Citric acid, Potassium sorbate, Sodium benzoate.

DIFESE



Properties

- Echinacea, Astragalus and Papaya support the body's natural defenses.
- Zinc supports the normal function of the immune system.
- Echinacea promotes the normal functionality of the upper respiratory tract.
- Papaya is famous for its antioxidant properties.



Synergies

Echinacea purpurea, Echinacea angustifolia, Astragalus, Fermented papaya, Probiotics and Zinc.



Recommended dosage and instructions for use

For adults, take 2 tablets a day; swallow with a glass of water.

For children from 3 years of age, take 1 tablet a day.



Composition

Each tablet contains:

Echinacea purpurea d.e.	150,0	mg
4% polyphenols, equal to	6,0	mg
Echinacea angustifolia d.e.	100,0	mg
4% echinacoside, equal to	4,0	mg
Astragalus d.e.	100,0	mg
15% polysaccharides, equal to	16,0	mg
Fermented papaya	100,0	mg
Zinc	7,5	mg 75% NRV
L. acidophilus SGL11 (tyndal.)	1,0	bln

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Magnesium salts of fatty acids, Silicon dioxide.

Influ URTO infuso

FIRST AID FOR COLD SEASON



Dietary supplement containing
Plant Extract, With Honey and Selenium

Infusion for seasonal problems



15 sachets



Gluten Free

Influ URTO orosolubile

FIRST AID FOR COLD SEASON



Dietary supplement containing
Plant Extracts and Vitamin C

Rapid action



20 sachets



Gluten Free

DIFESE



Properties

- Baobab and Echinacea strengthen the body's natural defences and assist the functions of the upper respiratory tract.
- Aronia exerts a support and restorative action.
- Ginger counters localised tension and has an anti-nausea action.
- Eucalyptus has a balsamic effect and an emollient and soothing action on the oropharyngeal mucous membranes.
- Thyme improves the fluidity of bronchial secretions and the health of nose and throat.



Synergies

Honey, Baobab, Aronia, Ginger, Echinacea, Selenium, Thyme, Mint, Eucalyptus, Manuka.



Recommended dosage and instructions for use

For adults, take 2 sachets a day, dissolving the contents in warm water. For children from 3 years of age, take 1 sachet a day.



Composition

Each sachet contains:

Honey	500,0	mg	
Baobab plv	250,0	mg	
Aronia d.e.	200,0	mg	
2.5% antocianidines, equal to	5,0	mg	
Ginger d.e.	100,0	mg	
1% gingerols, equal to	1,0	mg	
Echinacea d.e.	100,0	mg	
4% polyphenols, equal to	4,0	mg	
Selenium	41,5	mg	75,5 %NRV
Thyme e.o.	5,0	mg	
Mint e.o.	5,0	mg	
Eucalyptus e.o.	5,0	mcg	
Manuka e.o.	5,0	mg	

Excipients: Maltodextrin, Silicon dioxide, Eritritol, Steviol glucosides.

DIFESE



Properties

- Vitamin C, Andrographis and Acerola promote the body's natural defences.
- Rose hip and Acerola exert support and restorative action.
- Andrographis promotes the function of the upper respiratory tract.
- The product is particularly indicated as first aid during the cold season.



Synergies

Propolis, Vitamin C, Andrographis, Grapefruit, Rose hip, Acerola.



Recommended dosage and instructions for use

For adults, take 3-4 sachets daily.
For children from 3 years of age, take 2 sachets a day.
Pour the content of the sachets directly into the mouth or dissolve in a small quantity of water.



Composition

Each sachet contains:

Propolis d.e.	100	mg	
Vitamin C	90	mg	112,5 %NRV
Andrographis d.e.	75	mg	
Grapefruit seed d.e.	50	mg	
Rose hip d.e.	50	mg	
Acerola d.e.	50	mg	

Excipients: Fructose, Citric acid, Silicon dioxide, Flavour.

Allergocce

DEFENCES DURING THE SPRING



Dietary supplement based on
Vegetable Extracts

From the beginning of spring



50 ml bottle



Gluten Free

ALLERGIES



Properties

- Echinacea promotes the body's natural defences and the well-being of the upper respiratory tract.



Synergies

N-Acetyl Cysteine, Grindelia, White Horehound, Elderberry.



Recommended dosage and instructions for use

Take 60 drops two or three times a day, diluted in half a glass of sweetened water or other liquid.



Composition

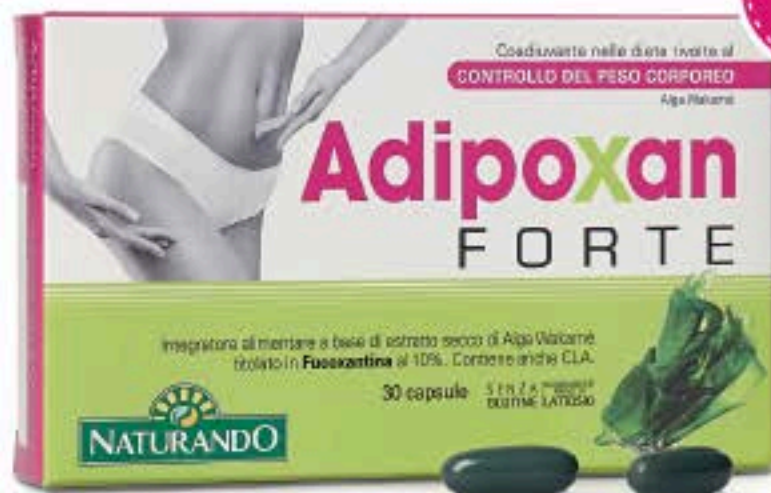
60 drops contain:

Agrimony h.e.	367	mg
Blackcurrant h.e.	268	mg
Passiflora h.e.	203	mg
Echinacea h.e.	197	mg

Excipients: none.

Adipoxan Forte

BODY WEIGHT CONTROL



Dietary supplement containing
Wakame Seaweed and CLA

Fat? - Efficacy proved by Clinical Test

30 softgels

Gluten Free

Lactose Free

FATT

ADIPOXAN



Properties

Wakamè seaweed is useful for controlling body weight through a controlled low-calorie diet.



Synergies

Coniugated Linoleic Acid (CLA) and Wakamè seaweed titrated at 10% in Fucoxanthin.



Recommended dosage and instructions for use

Take 2 capsules a day preferably in the morning on an empty stomach.



Composition

Each capsule contains:

CLA	500	mg
Wakamè seaweed d.e.	100	mg
10% fucoxanthin, equal to	10	mg

Excipients: Food grade gelatine, Glycerol, mono and diglycerides of fatty acids, Soy lecithin, Titanium dioxide, Copper complexes of chlorophylls.

Clinical trial

BODY WEIGHT	BODY FAT	ABDOMINAL CIRCUMFERENCE
up to a maximum - 6,7 Kg	up to a maximum - 5 Kg	up to a maximum - 5,9 cm

Results after 60 days on 20 overweight patients.

The test shows that the patients treated with ADIPOXAN FORTE, in a diet with a caloric restriction of 300 Kcal/day, have a significant reduction in parameters analysed.



It should be used while on a suitable low-calorie diet that is accompanied by a healthy lifestyle and a good level of physical activity. If the diet is followed for extended periods of more than 3 weeks, we recommend consulting a physician.

Weight control

Adipoxan Dimadren

DRAINAGE OF BODY FLUIDS - BALANCE IN BODY WEIGHT



Dietary supplement containing
Plant Extracts, with soluble dietary fiber

Body fluids? - Double Action

500 ml

Gluten Free

Vegan

BODY FLUIDS

ADIPOXAN



Properties

Green tea, Birch, Lespedeza, Yerba Mate, Mouse-ear hawkweed, Equisetum, Hibiscus and Pineapple assist the drainage of body fluids.
Green Tea, Guarana and Yerba Mate promote balance in body weight.
Yerba Mate and Guarana stimulate the metabolism.



Synergies

Green tea, Birch, Lespedeza, Yerba Mate, Pineapple, Guar gum, Equisetum, Hibiscus, Mouse-ear hawkweed, Guarana.



Recommended dosage and instructions for use

Take 30 ml daily diluted in a litre of water and drink throughout the day. In alternative, dilute 30 ml in a large glass of water and take preferably in the morning before breakfast.



Composition

30 ml contains:

Guar gum	1,00	g
Green tea d.e.	200,00	mg
50% polyphenols, equal to	100,00	mg
Birch d.e.	200,00	mg
0.3% flavonoids, equal to	0,60	mg
Lespedeza d.e.	150,00	mg
4% flavonoids, equal to	6,00	mg
Guarana d.e.	150,00	mg
9% caffeine, equal to	14,00	mg
Yerba Mate d.e.	150,00	mg
7% caffeine, equal to	11,00	mg
Mouse-ear hawkweed d.e.	150,00	mg
0.4% flavonoids, equal to	0,60	mg
Pineapple d.e.	150,00	mg
0.1% bromelain, equal to	0,15	mg
Equisetum d.e.	100,00	mg
1% veg. silica, equal to	1,00	mg
Hibiscus d.e.	50,00	mg

Excipients: Water, Fructose, Apple juice, Kiwi juice, Flavouring, Citric acid, Xanthan gum, Potassium sorbate, Sodium benzoate.



It should be used while on a suitable low-calorie diet that is accompanied by a healthy lifestyle and a good level of physical activity. If the diet is followed for extended periods of more than 3 weeks, we recommend consulting a physician. Contains Caffeine, contraindicated for children, during pregnancy and breastfeeding. Do not take while pregnant.

Adipoxan MenoKalore

METABOLISM OF CARBOHYDRATES AND LIPIDS



Dietary supplement containing
Glucomannan and Plant Extracts

Too many calories?



ADIPOXAN



Properties

- Gymnema promotes the metabolism of carbohydrates and lipids and helps to control hunger.
- Cassia nomame promotes the metabolism of triglycerides and cholesterol.
- Moringa promotes lipid metabolism.
- Moringa and Cassia nomame are useful for controlling body weight.



Synergies

Gymnema, Cassia nomame, Moringa, Glucomannano.



Recommended dosage and instructions for use

Take 2 tablets a day half an hour before the two main meals.



Composition

Each tablet contains:

Glucomannan (Rheolex®)	500,0	mg
Gymnema d.e.	150,0	mg
25% gymnemic acid, equal to	37,5	mg
Cassia nomame d.e.	75,0	mg
8% flavonoids, equal to	6,0	mg
Moringa seeds d.e.	35,0	mg
Moringa leaves d.e.	35,0	mg

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Magnesium salts of fatty acids, Silicon dioxide.



It should be used while on a suitable low-calorie diet that is accompanied by a healthy lifestyle and a good level of physical activity. If the diet is followed for extended periods of more than three weeks, we recommend consulting a physician.

Adipoxan Menofame

CONTROL HUNGER



Dietary supplement containing
Plant Extracts with L-Theanine

Emotional eating?



ADIPOXAN



Properties

- Garcinia and Griffonia are useful to control hunger.
- Cocoa, Rhodiola, Saffron and Griffonia help to improve mood.
- Garcinia promotes balance in body weight.



Synergies

Garcinia, Griffonia, Cocoa, Rhodiola, Saffron, L-Theanine.



Recommended dosage and instructions for use

Take 1 tablet mid-morning and 1 tablet mid-afternoon with a glass of water. Alternatively take 1 tablet in the afternoon and 1 before going to bed.



Composition

Each tablet contains:

Garcinia d.e.	300,00	mg
60% hydroxycitric acid, equal to	180,00	mg
Cocoa d.e.	150,00	mg
6% theobromine, equal to	9,00	mg
Rhodiola d.e.	100,00	mg
3% rosavin, equal to	3,00	mg
Griffonia d.e.	100,00	mg
25% 5-HTP, equal to	25,00	mg
L-Theanine	50,00	mg
Saffron d.e.	4,00	mg
3.5%, equal to	0,14	mg

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Magnesium salts of fatty acids, Silicon dioxide.



It should be used while on a suitable low-calorie diet that is accompanied by a healthy lifestyle and a good level of physical activity. If the diet is followed for extended periods of more than three weeks, we recommend consulting a physician.

Adipoxan Pancia Piatta

ELIMINATION OF GAS



Dietary supplement containing
Plant extracts, Enzymix and Tyndallized Probiotics

Abdominal bloating? - With digestive enzymes



ADIPOXAN



Properties

- Anise, Fennel and Ginger promote the elimination of gas and the regular intestinal motility.
- Garcinia is useful for controlling body weight and promotes lipid metabolism.
- Frangula promotes digestive function.



Synergies

Tyndallized probiotics, Enzymix (mix of digestive enzymes), dry extracts of Garcinia, Ginger, Anise, Fennel and Frangula.



Recommended dosage and instructions for use

Take 2 capsules a day, one after each main meal.



Composition

Each capsule contains:

Tyndallized L. plantarum HA-119	1,5	billion
Tyndallized L. acidophilus HA-122	1,5	billion
Ginger d.e.	50,0	mg
1% gingerols, equal to	0,5	mg
Anise d.e.	50,0	mg
Fennel d.e.	5,0	mg
0.5% essential oil, equal to	0,25	mg
Garcinia d.e.	50,0	mg
60% hydroxycitric acid, equal to	30,0	mg
Frangula d.e.	25,0	mg
7.5% glucofrangulin A and B, equal to	1,875	mg
Enzymix (consisting of):	25,0	mg
Amylase	750,0	DU
Protease	1500,0	HUT
Glucoamylase	1,0	AGU
Lipase	37,5	FCCLU
Cellulase	150,0	CU
Lactase	250,0	ALLU
Pectinase	3,5	endo-PG units

Excipients: Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide.



It should be used while on a suitable low-calorie diet that is accompanied by a healthy lifestyle and a good level of physical activity. If the diet is followed for extended periods of more than 3 weeks, we recommend consulting a physician.

Weight control

Adipoxan Gel Urto

REMODELLING TREATMENT



Slimming gel for tummy and hips. With Flavoslim®

Body shapes?



Paraben Free - Colours Free - Petrolate Free - Allergen Free
Nickel Tested - Dermatologically Tested
Naturando's cosmetics and their materials are not tested on animals.

ADIPOXAN



Properties

- This gel effectively reduces imperfections in areas where the most stubborn localised fat deposits are found.
- Through its active ingredients it offers a thermogenic action.
- This intensive remodelling treatment directly targets areas where fat deposits most commonly form.
- The innovative ingredient FLAVOSLIM, with lipolytic effect, allows a more targeted and effective performance of the product.



Synergies

Flavoslim® (Bergamot flavonoids)
Escin phytosome
Caffeine
Sphacelaria scoparia extract
Theobroma cacao extract
Birch extract
Equisetum extract
Guaranà extract
Green Tea extract



Recommended dosage and instructions for use

Apply onto the affected area and massage using circular movements until completely absorbed.

Clinical trial

Adipoxan GEL URTO shows that has:
95% CUSTOMER SATISFACTION

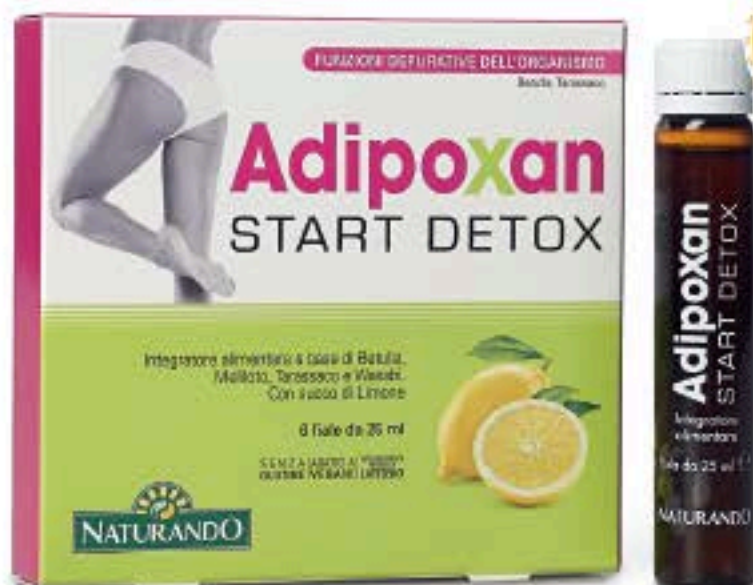
After 8 weeks of treatment on abdomen and hips,
test of self evaluation of 20 women.



The possible heat or redness on treated part (based on different sensitivities of the skin) comes from the action of specific ingredients in the gel. Remodelling action does not involve weight loss. Avoid the contact with mucosa. Use on undamaged skin.

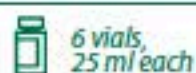
Adipoxan Start Detox

TRAIN YOUR BODY TO LOSE WEIGHT



Dietary supplement containing
Plant Extracts, Lemon Juice and Wasabi

Detox your body



ADIPOXAN



Properties

- Birch and Dandelion promote the body's purifying functions.
- Birch and Dandelion promote the drainage of body fluids.
- Wasabi assists digestion.



Synergies

Lemon juice, Birch, Yellow Sweet Clover, Dandelion, Wasabi.



Recommended dosage and instructions for use

Take 1 vial a day pure or diluted in water, preferably in the morning before breakfast.



Composition

Each vial contains:

Lemon juice	2500,0	mg
Birch lymph h.e.	500,0	mg
Yellow sweet clover d.e.	100,0	mg
1% coumarin, equal to	1,0	mg
Dandelion d.e.	100,0	mg
2% inulin, equal to	2,0	mg
Birch leaves d.e.	100,0	mg
2.5% flavonoids, equal to	2,5	mg
Wasabi d.e.	10,0	mg

Excipients: Water, Fructose, Vegetable glycerin, Chlorophyllin-copper complexes, Citric acid, Flavouring, Potassium sorbate.



Do not take while pregnant.

Moringagarcinia

BODY WEIGHT CONTROL



Dietary supplement containing
Garcinia and Moringa

Triple action for your body weight



MORINGARCINIA



Properties

- Garcinia and Moringa are useful to control body weight and they promote lipid metabolism.
- Garcinia helps to control hunger.
- Moringa is rich of important nutrient.



Synergies

Garcinia Cambogia fruit dry extract, titrated 60% in hydroxycitric acid (HCA), and Moringa oleifera seeds dry extract.



Recommended dosage and instructions for use

Take 2 tablets daily, preferably before meals.



Composition

Each tablet contain:

Garcinia d.e.	500	mg
60% HCA, equal to	300	mg
Moringa d.e.	500	mg

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Magnesium salts of fatty acids, Silicon dioxide.



It should be used while on a suitable low-calorie diet that is accompanied by a healthy lifestyle and a good level of physical activity. If the diet is followed for extended periods of more than three weeks, we recommend consulting a physician.

Colesan

NORMAL BLOOD CHOLESTEROL LEVELS



Dietary supplement containing
Red Yeast Rice, Gamma Oryzanol and Policosanols from rice

Efficacy proved by Clinical Test



30 capsules blister
60 capsules bottle



Gluten Free



Properties

- Monacolin K in Red yeast rice contributes to the maintenance of normal blood cholesterol levels.
- The beneficial effect is obtained with a daily intake of 10 mg of Monacolin K from fermented Red yeast rice preparations.



Synergies

Red yeast rice, Gamma oryzanol, Policosanols from rice, Coenzyme Q10.



Recommended dosage and instructions for use

Take 1 capsule a day with a large drink of water.

Composition

Each capsule contains:

Red yeast rice	200	mg
5% Monacolin K, equal to	10	mg
Gamma oryzanol	60	mg
Coenzyme Q10	10	mg
Policosanols	5	mg
60% Octacosanol, equal to	3	mg

Excipients: Food grade gelatine, Microcrystalline cellulose, Magnesium salts of fatty acids, Talc.

Clinical Trial

	Total Cholesterol	LDL Cholesterol	Triglycerids
2 months	- 10,05 %	- 12,22 %	- 12,22 %
3 months	- 13,41 %	- 16,50 %	- 21,7 %

Values recorded after 2 and 3 months of treatment with Colesan



Please consult your doctor before taking this product. Do not use while pregnant, when breastfeeding or if undergoing therapy with hypolipidemic drugs.

Prexosan

REGULATION OF BLOOD PRESSURE



Dietary supplement containing
plant extracts of Eucommia, Olive, Hibiscus and Hawthorn

With eucommia, from traditional chinese medicine



30 tablets



Gluten Free



Vegan



Properties

- Eucommia, Olive, Hibiscus and Hawthorn help to regulate blood pressure.



Synergies

Eucommia Ulmoides bark, Olive leaves, Hibiscus flowers and Hawthorn leaves and flowers.



Recommended dosage and instructions for use

Take 2 tablets daily, with a large sip of water, one in the morning and one in the evening.

Composition

Each tablet contains:

Eucommia d.e.	250,0	mg
Olive d.e.	200,0	mg
12% oleuropein, equal to	24,0	mg
Hibiscus d.e.	100,0	mg
Hawthorn d.e.	120,0	mg
3% hyperoside, equal to	3,6	mg

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Silicon dioxide, Magnesium salts of fatty acids, Cross-linked sodium carboxymethylcellulose.



Do not take while pregnant.

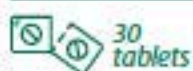
Glucosyn

NORMAL LEVELS OF GLUCOSE



Dietary supplement containing plant ingredients and Chromium

Innovative formula



Properties

- Gymnema, Cinnamon, White Mulberry and Sweet potato are useful for promoting carbohydrate metabolism.
- Chromium contributes to the maintenance of normal blood glucose levels.



Synergies

Gymnema dry extract, Cinnamon dry extract, White Mulberry dry extract, Sweet potato dry extract and Chromium.



Recommended dosage and instructions for use

Take 1-2 tablets daily, 15-30 minutes before meals.



Composition

Each tablet contains:

Gymnema d.e.	200,00	mg
25% gymnemic acid, equal to	50,00	mg
Cinnamon d.e.	170,00	mg
White Mulberry d.e.	150,00	mg
Sweet potato d.e.	125,00	mg
Chromium	0,02	mg 50%NRV

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Magnesium salts of fatty acids, Silicon dioxide, Cross-linked sodium carboxymethylcellulose.

Omega 3

CARDIAC FUNCTION, BRAIN FUNCTION, NORMAL VISION



Dietary supplement containing Omega 3 and Camelina oil

70% Total Omega 3



100 softgels bottle



Gluten Free



Properties

- EPA and DHA help to promote normal cardiac function. The beneficial effect is achieved by taking at least 250 mg of EPA and DHA a day.
- DHA contributes to maintenance of normal brain function and normal vision. The beneficial effect is obtained with a daily intake of at least 250 mg of DHA.
- Camelina promotes the metabolism of lipids, especially of triglycerides.



Synergies

Fish oil (extracted from Anchovy and Sardine) titrated 35% in EPA (Eicosapentaenoic acid) and 25% in DHA (Docosahexanoic acid), Camelina sativa seed oil titrated 30% in ALA (Alpha-Linolenic acid).



Recommended dosage and instructions for use

Take 2 capsules a day, with a glass of water.

Composition

Each capsule contains:

Fish oil	900	mg
35% EPA, equal to	315	mg
25% DHA, equal to	225	mg
Camelina oil	100	mg
30% ALA, equal to	30	mg

Excipients: Food-grade gelatin, Glycerol, Beeswax, Iron oxide, Titanium dioxide.

Omega 3 Vegan

LIPID METABOLISM, BLOOD CHOLESTEROL LEVELS



Dietary supplement containing Omega 3 from Seeds Oil of Flax and Chia

Omega 3 from vegetable sources



150 ml



Gluten Free



Vegan



Properties

- Flax oil promotes lipid metabolism and supports cell membrane integrity and function.
- Vitamin E helps to protect cells from oxidative stress.
- ALA helps to maintain normal blood cholesterol levels. The beneficial effect is achieved by taking 2g of ALA a day.



Synergies

Flax seed oil tit. 55% in ALA and tit. 14% in AL, Chia seed oil tit. 65% in ALA and tit. 16% in AL, Vitamin E.



Recommended dosage and instructions for use

Take 5 ml a day (1 teaspoon) or take 10 ml a day to maintain normal levels of cholesterol.

Composition

	5 ml	10 ml	VNR% 10 ml
Flax seed oil	1800,0 mg	3600,0 mg	
55% ALA, equal to	992,0 mg	1984,0 mg	
14% AL, equal to	252,0 mg	504,0 mg	
Chia seed oil	15,0 mg	30,0 mg	
65% ALA, equal to	9,7 mg	19,4 mg	
16% AL, equal to	2,4 mg	4,8 mg	
Vitamin E	5,0 mg	10,0 mg	84%
Tot. ALA	1,0 g	2,0 g	

Excipients: Water, Fructose, Mono and diglycerides of fatty acids, Flavouring, Xanthan gum, Citric acid, Sodium benzoate, Potassium sorbate.



Store in a cool, dry place away from heat and light sources.

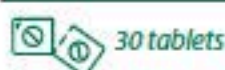
Agilven integratore

FOR HEAVY LEGS



Dietary supplement based on Hesperidin and Vegetable extracts

Relief from heavy legs



30 tablets



Gluten Free



Vegan



Properties

- Blueberry, Horse chestnut, Butcher's Broom and Grape are useful for supporting microcirculatory function even in presence of heavy legs.



Synergies

Blueberry, Grape, Horse Chestnut, Butcher's Broom, Hesperidin.



Recommended dosage and instructions for use

Take 1 capsule daily with a large sip of water.



Composition

Each capsule contains:

Hesperidin	100,0	mg
Blueberry d.e.	60,0	mg
15% anthocyanins, equal to	9,0	mg
Grape d.e.	50,0	mg
95% proanthocyanidins, equal to	47,5	mg
Horse chestnut d.e.	50,0	mg
10% esculin, equal to	5,0	mg
Butcher's Broom d.e.	50,0	mg
10% ruscogenin, equal to	5,0	mg

Excipients: Hydroxypropyl Methylcellulose, Maltodextrins, Silicon dioxide, Magnesium salts of fatty acids, Titanium dioxide.

Agilven Gel

RELIEF FOR TIRED LEGS



Cooling leg gel

Intense relief - Cold effect



100 ml tube

Paraben Free, Petrolate Free, Colours Free

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- This gel has an intense cold effect that relieves tired legs, providing a pleasant feeling of lightness and tone.
- Its special rapidly absorbed formula is characterized by the synergy between its active ingredients which help to improve the tone of capillary walls.



Synergies

Butcher's Broom
Grape
Horse chestnut
Sweet clover
Escin
Esculose
Vitamin PP
Menthol and Menthyl Lactate
Mentha arvensis essential oil
Eucalyptus globulus essential oil
Biosaccharide Gum-1



Recommended dosage and instructions for use

Apply to the skin, massaging lightly to promote absorption from the bottom of the legs upwards, focusing on areas in which greater tension is felt.

Levian Forte

HEMORRHOIDAL PLEXUS



Dietary supplement containing Diosmin, Hesperidin and Melilotus

With Diosmin and Hesperidin



30 tablets



Gluten Free



Vegan



Properties

- Melilotus officinalis (Yellow Sweet Clover) extract, titrated in coumarin, is useful in promoting the physiological functions of venous circulation and in particular of the hemorrhoidal plexus.



Synergies

Diosmin, Hesperidin, Melilotus officinalis herb with flowers dry extract titrated at 20% in coumarin.



Recommended dosage and instructions for use

Take 2 tablets daily.



Composition

Each tablet contains:

Diosmin	150	mg
Hesperidin	150	mg
Melilotus d.e.	50	mg
20% coumarin, equal to	10	mg

Excipients: Microcrystalline cellulose, Dibasic calcium phosphate, Magnesium salts of fatty acids, Silicon dioxide.

Levian Crema

EMOLLIENT ACTION



Soothing and Emollient Cream

In association with Levian Forte



50 ml tube

Naturando's cosmetics and their materials are not tested on animals.



Properties

- LEVIAN CREAM is a cosmetic preparation which, due to the presence of Silanols, Eudermic oils, Glycerine, Escin, beta-glycyrrhetic acid and plant extracts, has a soothing and emollient action.



Synergies

18-beta-glycyrrhetic acid
Glycerine
Silanols
Escin phytosome
Sweet almond oil
Shea butter
Aloe
Centella asiatica
Horse chestnut
Ginkgo biloba



Recommended dosage and instructions for use

Apply a sufficient quantity of cream to the affected area, once or several times a day. Massage gently with circular movements until completely absorbed.

Acicontrol

STOMACH WELL-BEING



Dietary supplement containing Calcium, Magnesium and Licorice

Rapid relief



30 chewable tablets



Gluten Free



Vegan



Properties

- Calcium helps the normal function of the digestive enzymes.
- Licorice is useful for the normal functionality of the digestive system.



Synergies

Calcium, Magnesium, Licorice.



Recommended dosage and instructions for use

Dissolve 1 tablet in the mouth after each main meal or when a burning sensation is felt in the stomach.



Composition

Each chewable tablet contains:

Calcium	160 mg	20 %NRV
Magnesium	65 mg	
Licorice d.e.	60 mg	16 %NRV

Excipients: Dextrose, Potassium citrate, Magnesium salts of fatty acids, Silicon dioxide, Maltodextrins, Flavouring, Neohesperidin.

Noreflux

FUNCTIONALITY OF THE DIGESTIVE SYSTEM



Food supplement containing Alginate Acid, Lemon Balm, Caraway, Calendula and Guar Gum.

Rapid relief - For an healthy stomach



20 sachets



Gluten Free



Vegan



Lactose Free



Properties

- Lemon balm and Caraway promote the regular gastrointestinal motility and the digestive processes.
- Calendula is useful for the normal functionality of the digestive system.



Synergies

Alginate Acid, Lemon Balm, Caraway, Calendula, Guar Gum.



Recommended dosage and instructions for use

Take 1 sachet after each main meal. Dissolve the sachet contents in half a glass of water (150/200 ml).



Composition

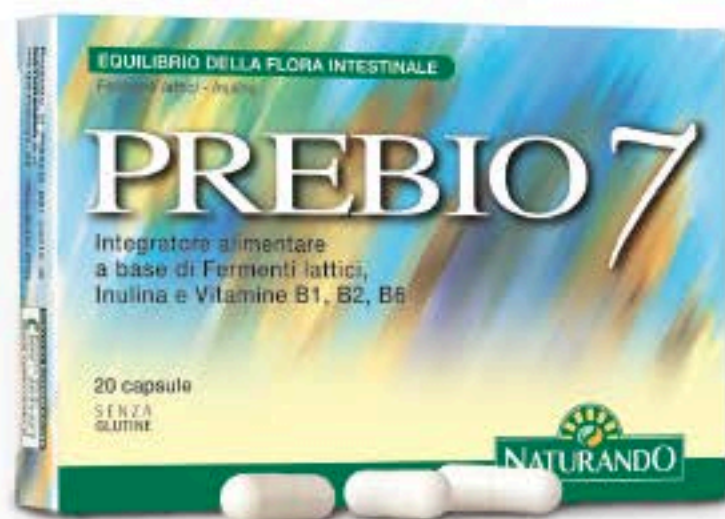
Each sachet contains:

Alginate acid	450,00 mg
Lemon balm d.e.	200,00 mg
2% rosmarinic acid, equal to	1,00 mg
Caraway d.e.	50,00 mg
2.5% total polyphenols, equal to	1,00 mg
Calendula d.e.	50,00 mg
Guar gum	50,00 mg

Excipients: Isomalt, Sodium carbonates, Magnesium carbonates, Flavourings, Silicon dioxide, Steviol glycosides.

Prebio 7

BALANCE OF INTESTINAL FLORA



Dietary supplement containing Probiotics, Inulin and B-Group Vitamins

Continued use

20 capsules

Gluten Free

PROBIOTICS



Properties

- Each capsule contains 2.2 billion live cells and 7 strains of probiotics.
- Lactic acid bacteria and Inulin are useful to promote the balance of intestinal flora.



Synergies

Lactic Acid Bacteria, Inulin and Vitamins B1, B2, B6.



Recommended dosage and instructions for use

Take 2 capsules a day on a full stomach.

Composition

Each capsule contains:

Inulin	164,0 mg	
Soya fibre	112,5 mg	
Vitamin B1	1,1 mg	100,0 %VNR
Vitamin B2	1,2 mg	85,7 %VNR
Vitamin B6	1,5 mg	107,1 %VNR
Lactic Acid Bacteria total live cells	2,2 billion	
of which		
Lactobacillus casei LMG 6904	500 billion	
Bifidobacterium longum ATCC 15707	300 billion	
Bifidobacterium breve LMG 11613	300 billion	
Lactobacillus plantarum LMG 9211	300 billion	
Lactobacillus lactis LMG 8418	300 billion	
Streptococcus thermophilus LMG 10476	300 billion	
Bifidobacterium lactis LMG 10408	200 billion	

Excipients: Food grade gelatine, Maltodextrin, Silicon dioxide, Magnesium salts of fatty acids.



Store in a cool, dry place.

Prebio 9 Forte

BALANCE OF INTESTINAL FLORA



Dietary supplement containing Probiotics, Fructo-Oligosaccharides and Soya Fibre

Rapid intervention

15 capsules

Gluten Free

PROBIOTICS



Properties

- Each capsule contains 5 billion live cells and 9 strains of probiotics.
- Lactic acid bacteria and Fructo-oligosaccharides are useful to promote the balance of intestinal flora.



Synergies

Lactic Acid Bacteria and Fructo-oligosaccharides.



Recommended dosage and instructions for use

Take 1 capsule a day on a full stomach.

Composition

Each capsule contains:

Fructo-oligosaccharides	95,000 mg
Soya fibre	48,000 mg
Lactic Acid Bacteria total live cells	5,300 billion
of which	
Bifidobacterium breve LMG 11613	1,000 billion
Lactobacillus casei LMG 6904	1,000 billion
Lactobacillus plantarum LMG 9211	1,000 billion
Streptococcus thermophilus LMG 10476	0,675 billion
Saccharomyces boulardii	0,500 billion
Bifidobacterium longum ATCC 15707	0,450 billion
Lactobacillus rhamnosus LMG 17921	0,225 billion
Bifidobacterium bifidum ATCC29521	0,225 billion
Lactobacillus acidophilus LMG 9433	0,225 billion

Excipients: Food grade gelatine, Silicon dioxide, Magnesium salts of fatty acids.



Store in a cool, dry place.

Neutragas

ELIMINATION OF GAS



Dietary supplement containing plant extracts, Tyndallized Ferments and Chlorophyll

With Nutrigut®



30 capsules



Gluten Free

GONFIORI



Properties

- Lemon balm, Fennel, Anise and Peppermint are useful for promoting digestive function, regular gastrointestinal motility and the elimination of gas.



Synergies

Lemon balm, Nutrigut® (Perilla extract), Fennel, tyndallized Bifidobacterium, Chlorophyll, Anise, Peppermint.



Recommended dosage and instructions for use

Take 2 capsules a day after main meals.



Composition

Each capsule contains:

Lemon balm d.e.	100	mg
Nutrigut® (Perilla d.e.)	50	mg
Fennel e.o.	10	mg
Chlorophyll	5	mg
Anise e.o.	5	mg
Peppermint e.o.	5	mg
Tyndallized B.Bifidum	1,2	miliardi

Excipients: Food grade gelatine, Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide, Talc, Calcium silicate, Titanium dioxide.

Nutrigut®

Particular standardized extract of Perilla leaves. Its composition is defined and constant: it is titrated in flavonoids, rosmarinic acid and vicerin-2 (its main active ingredients). Studies on this extract showed the ability to limit some inflammatory disorders and to keep the intestinal muscle relaxed.

Nutrigut® is a trademark of Vital Solutions GmbH, Germany.

LACTOSE



Properties

- Lactase improves the digestion of lactose in people that have difficulty in digesting lactose.
- Fennel and Caraway promote digestive function, regular gastrointestinal motility and the elimination of gas.



Synergies

Lactase (β-galactosidase), Fennel, Caraway.



Recommended dosage and instructions for use

About 30 minutes before meals take of 1-2 capsules a day in relation to the quantity of lactose consumed.



Composition

Each capsule contains:

Lactase	15.000	FCC
Fennel d.e.	80	mg
Caraway d.e.	50	mg

Excipients: Hydroxypropyl methylcellulose, Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide, Gellan gum, Titanium dioxide.

Gastro-resistant capsules

The gastro-resistance of the capsule allows Lactase to reach intact the first intestinal tract, where it exerts its function. Lactase is responsible for the digestion of Lactose, splitting it into glucose and galactose.

Lattasi 15.000

DIGESTION OF LACTOSE



Dietary supplement containing Lactase, Fennel and Caraway

15.000 units of Lactase



20 gastro-resistant capsules



Gluten Free



Vegan

Actifibra

INTESTINAL REGULARITY



Dietary supplement containing Liquid Fibre and Fennel

Liquid Fibre

12 sachets, 60 ml each

Gluten Free

REGULARITY



Properties

- Fructo oligosaccharides promotes intestinal bacterial flora balance.
- Fennel helps the regular gastrointestinal mobility and the elimination of intestinal gas.



Synergies

Fructo oligosaccharides, Acacia fibre, Fennel.



Recommended dosage and instructions for use

Take 1 sachet daily, pure or mixed with water, fruit juice or yogurt.



Composition

Each sachet contains:

Totale fibre	5,00 g
app. Fructo oligosaccharides	4,50 g
Acacia fibre	0,50 g
Fennel d.e.	0,05 g

Excipients: Water, Sorbitol, conc. Blueberry juice (0.4%), Xanthan gum, Potassium sorbate, Sodium benzoate, Citric acid, Flavouring.

Colifren

GASTROINTESTINAL FUNCTION



Dietary supplement containing plant extracts and Tyndallized Bifidobacteria

Soothing - Elimination of gases

30 tablets

Gluten Free

IPERSENSIBILITÀ



Properties

- Turmeric, Lemon balm, Caraway and Mint are useful for promoting digestive function.
- Lemon balm, Caraway and Mint promote the regular gastrointestinal motility and the elimination of gases.
- Aloe vera has emollient and soothing properties on the digestive system.



Synergies

Turmeric, Lemon balm, Caraway, Mint, Aloe vera gel, Tyndallized Bifidobacterium.



Recommended dosage and instructions for use

Take 2 tablets a day on a full stomach.



Composition

Each tablet contains:

Turmeric d.e.	105,3 mg
95% curcuminoids, equal to	100,0 mg
Lemon balm d.e.	100,0 mg
4% rosmarinic acids, equal to	4,0 mg
Caraway d.e.	70,0 mg
Mint d.e.	50,0 mg
3% essential oil, equal to	1,5 mg
Aloe gel 200:1	50,0 mg
B. animalis lactis BLC1	1,2 bln

Excipients: Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide.

Sanolax 100

SLUGGING BOWELS



Dietary supplement containing
Cassia Officinalis, Frangula and Glutamine

Naturally strong, respectful in action



100 tablets bottle



Gluten Free

INTESTINAL TRANSIT



Properties

- Cassia Officinalis and Frangula are useful to promote the regularity of the intestinal transit.



Synergies

Cassia Officinalis, Frangula, L-Glutamine.



Recommended dosage and instructions for use

Take 3 tablets daily preferably in the evening before going to bed.



Composition

Each tablet contains:

Cassia Officinalis d.e.	65,0 mg
20% sennosides, equal to	13,0 mg
Frangula d.e.	65,0 mg
7.5% hydroxyanthracene glycosides, equal to	4,8 mg
L-Glutamine	10,0 mg

Excipients: Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide.

Lenicyst

URINARY TRACT FUNCTIONALITY



Dietary supplement formulated with Cranberry, Bearberry, Grapefruit Seeds and Goldenrod

Efficacy proved by Clinical Test



Properties

- Plant extracts of Cranberry, Bearberry and Goldenrod are useful for promoting urinary tract functions.



Synergies

Cranberry, Bearberry, Grapefruit, Goldenrod.



Recommended dosage and instructions for use

Take 20 ml, or 1 sachet, diluted in a litre of natural mineral water. Shake well and drink throughout the day. The product can be taken as such or sweetened according to taste with sugar or honey.



Composition

20 ml contain:

Cranberry juice	4,0 g
Bearberry d.e.	0,4 g
Grapefruit d.e.	0,3 g
Goldenrod d.e.	0,2 g

Excipients: Fructose, Water, Citric acid, Potassium sorbate.

Clinical Test



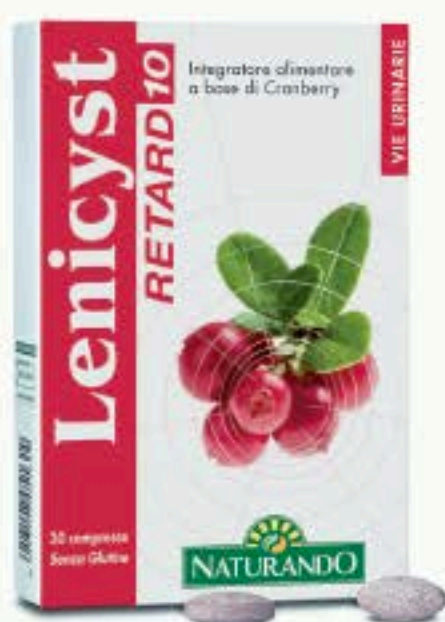
Results on 20 women after 10 days of use of LENICYST.



The preparations containing bearberry gives to urine a greenish-brown colour.

Lenicyst Retard 10

URINARY TRACT FUNCTIONALITY



Dietary supplement containing Cranberry dry extract

Slow-release formula



Properties

- Cranberry, titrated at 10% in proanthocyanidins, is useful for the functionality of the urinary tract.



Synergies

Take 2 tablets a day.



Recommended dosage and instructions for use

Take 2 tablets a day. Thanks to the slow-release formula, the Cranberry extract is released over a period of 10 hours after being taken, thus remaining effective for longer. For this particular characteristic, it is recommended to take 1 tablet every 12 hours.



Composition

Each tablet contains:

Cranberry d.e.	180 mg
10% proanthocyanidins, equal to	18 mg

Excipients: Microcrystalline cellulose, Dicalcium phosphate, Hydroxypropylmethyl cellulose, Polyvinylpyrrolidone, Magnesium salts of fatty acids, Silicon dioxide.

The maintenance

Optimal dosage, effective extended-release formula to prevent and maintain over time the benefits of Lenicyst. Cranberry extract is particularly concentrated and titrated in 10% PAC (proanthocyanidins).

Benaprost

PROSTATE FUNCTIONALITY



Dietary supplement containing
Zinc, Pumpkin Seed Oil and Serenoa Repens

Serenoa tit. 90% in free fatty acids

 60 capsules

 Gluten Free



Properties

- Serenoa and pumpkin are useful for promoting prostate function.



Synergies

Pumpkin, Serenoa repens.



Recommended dosage and instructions for use

Take 2 capsules a day on a full stomach.



Composition

Each capsule contains:

Pumpkin Seed oil	350,0	mg
Serenoa Repens	100,0	mg
3% essential oil, equal to	1,5	mg
Zinc	7,5	mg 75 %VNR

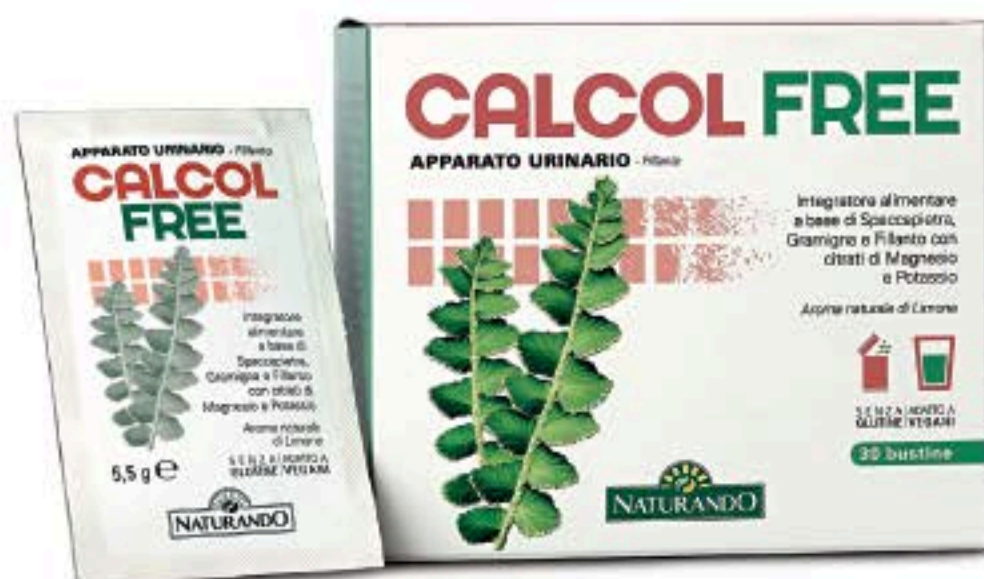
Excipients: Food grade gelatine, Glycerol, Mono- and diglycerides of fatty acids, Soya lecithin, Titanium dioxide, Copper chlorophyllin.



Use of this product is not recommended in women of a fertile age and individuals of both sexes of a prepubertal age.


Calcolfree

URINARY TRACT



Dietary supplement containing Rustyback fern, Bermuda grass and Phyllanthus (Leafflower) with citrates of Magnesium and Potassium

Natural aroma of Lemon

 30 Sachets

 Gluten Free



Properties

- Formulated with Rustyback fern and Bermuda grass for urinary tract function and drainage of body fluids.
- With Phyllanthus for urinary tract function.
- Bermuda grass also assists the body's purification functions.
- With citrates of Magnesium and Potassium.



Synergies

Magnesium Citrate, Potassium Citrate, Rustyback fern, Bermuda grass and Phyllanthus.



Recommended dosage and instructions for use

Add the contents of a sachet to 200 ml of water, mix well and take 1-2 times a day, preferably after the two main meals.



Composition

Each sachet contains:

Magnesium citrate	1875,00	mg
Magnesium	225,00	mg 60 %VNR
Potassium citrate	1500,00	mg
Potassium	540,00	mg 27 %VNR
Rustyback fern d.e.	325,00	mg
Bermuda grass d.e.	200,00	mg
Phyllanthus d.e.	75,00	mg
Tannins	2,25	mg

Additives: Fructose, Acidifier: Citric Acid, Natural Aroma of lemon, Anti-caking agent: Silicon Dioxide

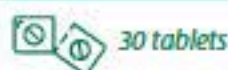
Dolofren integratore

JOINT FUNCTIONALITY



Dietary supplement containing Bromelain, Extracts of White Willow, Boswellia, Feverfew, Meadowsweet and Cat's Claw

With Bromelain



30 tablets



Gluten Free



Properties

- White willow, Boswellia, Feverfew, Meadowsweet and Cat's claw are useful for promoting joint function.



Synergies

Bromelain, White willow, Boswellia, Feverfew, Meadowsweet and Cat's claw.



Recommended dosage and instructions for use

Take 1 tablet a day.



Composition

Each tablet contains:

White willow d.e.	200,0 mg
15% salicin, equal to	30,0 mg
Boswellia d.e.	150,0 mg
65% boswellic acids, equal to	97,5 mg
Feverfew d.e.	100,0 mg
0.5% parthenolide, equal to	0,5 mg
Meadowsweet d.e.	100,0 mg
0.2% salicylic acid, equal to	0,2 mg
Cat's claw d.e.	60,0 mg
3% alkaloids, equal to	1,8 mg
Bromelain	40,0 mg

Excipients: Microcrystalline cellulose, Silicon dioxide, Magnesium salts of fatty acids, Magnesium oxide.



If you are taking anticoagulant or antiplatelet drugs, consult your doctor before consuming this product. Not recommended for children and young people.

Dolofren gel

JOINTS WELL-BEING



With vegetable extracts

Massage Gel



100 ml tube

Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- Dolofren is a massage gel with soothing effects.
- It can be used for massage aimed at aiding joint mobility.



Synergies

Extracts of:
Devil's claw
Arnica
Boswellia serrata
Menthol
Aloe vera gel
Camphor
Reasun (Turmeric extract)
Essential oils of Cinnamon and Ginger



Recommended dosage and instructions for use

Apply a sufficient quantity of gel to the parts to be treated and massage until completely absorbed. The product can be applied several times a day.

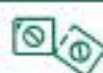
Kartilus

FUNCTIONALITY OF CARTILAGE



Dietary supplement containing
Shark Cartilage and Vitamin C

Shark Cartilage



40 tablets



Gluten Free



Lactose Free



Properties

- Vitamin C contributes to normal collagen formation for the normal function of cartilage.



Synergies

Shark cartilage and Vitamin C.



Recommended dosage and instructions for use

Take 2 tablets daily with a large sip of water.



Composition

Each tablet contains:

Shark cartilage	650	mg	
Vitamin C	40	mg	50 %VNR

Excipients: Microcrystalline cellulose, Hydroxypropyl methylcellulose, Cross-linked sodium carboxymethyl cellulose, Fatty acids, Magnesium salts of fatty acids.

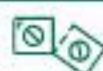
Kartilus Composto

FUNCTIONALITY OF CARTILAGE



Dietary supplement containing Shark Cartilage,
Glucosamine Sulphate, Chondroitin Sulphate, MSM and Vitamin C

With Glucosamine



40 tablets



Gluten Free



Lactose Free



Properties

- Glucosamine and Chondroitin are two of the main components of articular cartilage.
- Vitamin C contributes to normal collagen formation for the normal function of cartilage.



Synergies

Shark cartilage, Methylsulphonylmethane, Glucosamine, Chondroitin sulphate and Vitamin C.



Recommended dosage and instructions for use

Take 2 to 4 tablets daily with a large sip of water.



Composition

Each tablet contains:

Shark cartilage	200	mg	
Methylsulphonylmethane	200	mg	
Glucosamine	125	mg	
Chondroitin sulphate	125	mg	
Vitamin C	20	mg	25 %VNR

Excipients: Microcrystalline cellulose, Hydroxypropyl methylcellulose, Cross-linked sodium carboxymethyl cellulose, Magnesium salts of fatty acids, Fatty acids.

Pomata Balsamika

MASSAGE CREAM



Massage Cream

Old chinese recipe

 30 ml jar

Naturando's cosmetics and their materials are not tested on animals.



Properties

- It is a product made with natural substances taken from an old Chinese recipe.
- The balanced composition of the product may render the action of massage on certain parts of the body more effective.



Synergies

Beeswax
Menthol
Camphor
Cloves oil
Sweet almond oil
Beta-carotene



Recommended dosage and instructions for use

Apply a sufficient quantity of cream to the parts to be treated and massage until completely absorbed. The product can be applied several times a day. Greater effect is achieved by placing a cloth over the treated area after the massage.



Do not use on children under 12 years.

Ansileve

RELAXATION and MENTAL WELL-BEING



Dietary supplement containing
Natural Principles, Arginine, Lysine and Vitamin B6

Anxiety out of your life

30 capsules

Gluten Free



Properties

- Lemon balm and Griffonia facilitate relaxation and mental well-being.
- Golden root, Griffonia and Lemon balm improve mood.
- Vitamin B6 contributes to normal functioning of the nervous system and to normal psychological function.



Synergies

Cyracos® (Lemon balm - *Melissa officinalis*), Protizen (hydrolyzed marine peptide), Golden root (*Rhodiola Rosea*), Griffonia simplicifolia, L-Arginine, L-Lysine, Vitamin B6.



Recommended dosage and instructions for use

Take 1-2 capsules a day between meals.



Composition

Each tablet contains:

Cyracos®	150,00 mg
14% hydroxycinnamic acid, equal to	21,00 mg
7% rosmarinic acid, equal to	10,50 mg
Protizen	150,00 mg
Golden root d.e.	100,00 mg
3% rosavin, equal to	3,00 mg
1% salidroside, equal to	1,00 mg
Griffonia d.e.	50,00 mg
25% 5-HTP, equal to	12,50 mg
L-Arginine	20,00 mg
L-Lysine	20,00 mg
Vitamin B6	0,33 mg 23,5 %NRV

Excipients: Food grade gelatine, Silicon dioxide, Titanium dioxide, Iron oxides.

Dortil Complex

SERENE AND RESTFUL SLEEP



Dietary supplement containing
plant extracts

Who sleep well, lives better

50 ml bottle

Gluten Free

Vegan

Alcohol Free



Properties

- True Passion flower, Valerian, Silver lime, Jujube and Lavender promote a serene and restful sleep.



Synergies

True Passion flower herb with flowers, Valerian root, California poppy tips, Silver lime flowers, Jujube seeds, Lavender flowers essential oil and Lemon balm leaves essential oil.



Recommended dosage and instructions for use

Take 40-50 drops diluted in a small amount of water half an hour before going bed.



Composition

2.5 ml (50 drops) contain:

True Passion flower a.e.	1260,0 mg
Valerian a.e.	420,0 mg
California poppy a.e.	420,0 mg
Silver lime a.e.	248,0 mg
Jujube a.e.	124,0 mg
Lavender e.o.	2,5 mg
Lemon balm e.o.	2,5 mg

Excipients: Potassium sorbate.

Melatonina

IT REDUCES THE TIME TO SLEEP



Dietary supplement based on Melatonin

Relief from jet lag



120 tablets



Gluten Free



Vegan



Properties

- It regulates the sleep wake cycle in the case of jet lag.
- It reduces the time to fall asleep.



Melatonin

Melatonin is a hormonal substance which is secreted by the pineal gland which naturally occurs in many foodstuffs such as fresh milk, tomatoes, bananas etc. and is required for the regulation of the sleep-waking cycle. Many sleep problems can be connected with reduced pineal gland activity and consequent low melatonin levels. Taking melatonin replaces this shortfall and regulates the sleep-waking cycle.



Recommended dosage and instructions for use

Take 1 tablet daily, in the evening before going to bed.

Jet lag: in the case of jet lag, the beneficial effect is obtained with the assumption of a minimum of 0.5 mg of melatonin on the first day of the trip and for some days after the arrival at the destination.

Sleep: for the reduction of the time required for get to sleep, the beneficial effect is obtained with intake, just before bedtime, of 1 mg of melatonin.



Composition

Each tablet contains:

Melatonin	1 mg
-----------	------

Excipients: Microcrystalline cellulose, Magnesium salts of fatty acids.

Fluidren 12 Forte

ELIMINATION OF EXCESS FLUIDS



Dietary supplement based on vegetable extracts

Combined action of 12 dry extracts



500 ml



Gluten Free



Vegan

Alcohol Free

Colours Free



Properties

- Greater Burdock, Mouse-ear hawkweed, Green tea, Couch grass, Chicory, Small Nettle, Asparagus, Lespedeza, Equisetum and Birch promote the elimination of excess fluids.
- Small Nettle, Couch grass, Greater Burdock, Lespedeza, Sarsaparilla and Asparagus are useful for promoting physiological cleansing of the body.



Synergies

Greater Burdock, Mouse-ear hawkweed, Green tea, Couch grass, Chicory, Small Nettle leaves, Asparagus, Small Nettle roots, Sarsaparilla, Lespedeza, Equisetum, Birch.



Recommended dosage and instructions for use

Take 25 ml per day, diluted in a glass of water, preferably in the morning before breakfast. Alternatively, dilute 25 ml measure in a litre of water to drink throughout the day.



Composition

25 ml contain:

Orange juice	2,812	mg
Lemon juice	2,812	mg
Greater Burdock d.e.	187,000	mg
Mouse-ear hawkweed d.e.	187,000	mg
0.4 % vitexin, equal to	0,750	mg
Green tea d.e.	187,000	mg
50% catechins, equal to	94,000	mg
Couch grass d.e.	187,000	mg
Chicory d.e.	187,000	mg
Small Nettle leaves d.e.	187,000	mg
Asparagus d.e.	125,000	mg
Small Nettle roots d.e.	125,000	mg
0.4% betasitosterols, equal to	0,500	mg
Sarsaparilla d.e.	125,000	mg
Lespedeza d.e.	125,000	mg
4% flavonoids, equal to	5,000	mg
Equisetum d.e.	125,000	mg
1% silica, equal to	1,250	mg
Birch d.e.	125,000	mg
2.5% hyperoside, equal to	3,125	mg

Excipients: Demineralized water, Fructose, Potassium sorbate, Citric acid, Flavourings.



Do not take while pregnant.

Depura Max Forte

PHYSIOLOGICAL CLEANSING OF THE BODY



Dietary supplement containing plant ingredients

Combined action of 9 dry extracts



500 ml



Gluten Free



Vegan

Alcohol Free

Colours Free



Properties

- Burdock, Artichoke, Birch, Dandelion, Nettle and Milk Thistle are useful for promoting physiological cleansing of the body.
- Birch, Nettle, Kinkeliba, Burdock and Chicory contribute to normal urinary elimination functions and support detoxification system.
- Dandelion, Artichoke and Boldo support liver function.
- Tamarind promotes the normalization of intestinal transit.



Synergies

Burdock, Artichoke, Birch, Dandelion, Nettle, Boldo, Milk thistle, Chicory, Kinkeliba.



Recommended dosage and instructions for use

Take 25 ml per day, diluted in a glass of water, preferably in the morning before breakfast. Alternatively, dilute 25 ml in a litre of water to drink throughout the day.



Composition

25 ml contain:

Tamarind juice	1,300	g
Prune fruit juice	1,300	g
Burdock d.e.	187	mg
2% inulin, equal to	4	mg
Artichoke d.e.	187	mg
6% caffeoylquinic acids, equal to	11	mg
Birch d.e.	125	mg
0.3% flavonoids, equal to	0,375	mg
Dandelion d.e.	125	mg
2% inulin, equal to	2	mg
Nettle d.e.	125	mg
Boldo d.e.	125	mg
0.05% boldin, equal to	0,062	mg
Milk thistle d.e.	125	mg
2% silymarin, equal to	2	mg
Chicory d.e.	125	mg
Kinkeliba	125	mg

Excipients: Water, Fructose, Potassium sorbate, Citric acid, Flavourings.



Do not take while pregnant.

Epatosan

HEPATIC FUNCTIONALITY



Dietary supplement containing Artichoke, Milk Thistle, Boldo, Dandelion, Fumitory and Kinkeliba

Long term maintenance treatment



Gluten Free



Vegan



Properties

- Artichoke, Milk thistle, Boldo and Dandelion are useful to promote digestive and hepatic functions.
- Fumitory and Kinkeliba promote hepatobiliary function.



Synergies

Artichoke, Milk thistle, Boldo, Dandelion, Fumitory, Kinkeliba.



Recommended dosage and instructions for use

Take 2-3 tablets daily.



Composition

Each tablet contains:

Artichoke d.e.	90,00	mg
2.5% caffeoylquinic acid, equal to	2,25	mg
Milk thistle d.e.	60,00	mg
2% silymarin, equal to	1,20	mg
Boldo d.e.	60,00	mg
0.05% boldin, equal to	0,03	mg
Dandelion d.e.	60,00	mg
Fumitory d.e.	40,00	mg
Kinkeliba d.e.	30,00	mg

Excipients: Dicalcium phosphate, Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide.

Epatosan Forte Fluid

HEPATIC FUNCTIONALITY



Dietary supplement containing Choline and vegetable extracts

When liver needs help



Gluten Free



Vegan



Lactose Free



Properties

- Choline, Artichoke, Milk thistle, Helichrysum stoechas, Boldo and Turmeric are useful to maintain a good liver function.
- Black Radish and Boldo help to drain body fluids.



Synergies

Black Radish fluid extract, Artichoke dry extract, Milk thistle fluid extract, Choline, Helichrysum stoechas dry extract, Boldo dry extract, Turmeric fluid extract.



Recommended dosage and instructions for use

Take 1 bottle a day preferably in the evening before going bed or in the morning at fast with a glass of water, or at other times of the day, between meals.



Composition

Each bottle contains:

Black Radish f.e.	300,00	mg
Artichoke d.e.	300,00	mg
6% chlorogenic acid, equal to	18,00	mg
Milk thistle f.e.	300,00	mg
Helichrysum stoechas d.e.	100,00	mg
Boldo d.e.	100,00	mg
0.05% boldin, equal to	0,05	mg
Turmeric f.e.	100,00	mg
Choline	82,50	mg

Excipients: Water, Fructose, Lemon juice, Citric acid, Potassium sorbate, Sodium benzoate.

Totum

13 VITAMINS AND 9 MINERALS



Dietary supplement containing Vitamins and Minerals

Without iodine



Gluten Free



Properties

- It meets the increased need for some specific substances which can occur in some physiological situations.



Synergies

Vitamin A, Vitamin B1, Vitamin B2, Niacin, Pantothenic acid, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D3, Vitamin E, Folic acid, Vitamin K, Biotin, Calcium, Iron, Magnesium, Zinc, Copper, Manganese, Chromium, Selenium, Phosphorus.



Recommended dosage and instructions for use

Take 1 tablet daily.



Composition

Each tablet contains:

Vitamin A	800,00 mcg	100 %NRV
Vitamin B1	1,40 mg	127 %NRV
Vitamin B2	1,60 mg	114 %NRV
Niacin	16,00 mg	100 %NRV
Pantothenic acid	6,00 mg	100 %NRV
Vitamin B6	2,00 mg	143 %NRV
Vitamin B12	2,50 mcg	100 %NRV
Vitamin C	80,00 mg	100 %NRV
Vitamin D3	5,00 mcg	100 %NRV
Vitamin E	12,00 mg	100 %NRV
Folic acid	200,00 mcg	100 %NRV
Vitamin K	30,00 mcg	40 %NRV
Biotin	150,00 mcg	300 %NRV
Calcium	160,00 mg	20 %NRV
Phosphorus	126,00 mg	18 %NRV
Iron	14,00 mg	100 %NRV
Magnesium	101,25 mg	27 %NRV
Zinc	12,50 mg	125 %NRV
Copper	1,20 mg	120 %NRV
Manganese	2,00 mg	100 %NRV
Chromium	100,00 mcg	250 %NRV
Selenium	55,00 mcg	100 %NRV

Excipients: Dicalcium phosphate, Microcrystalline cellulose, Hydroxypropyl-methylcellulose, Magnesium salts of fatty acids, Silicon dioxide.

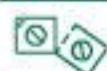
Acido Folico

FOR PREGNANT WOMEN



Dietary supplement based on folate

Formulated in accordance with RDAS of pregnant women



90 tablets



Gluten Free



Vegan



Properties

- Folate contributes to maternal tissue growth during pregnancy and has a role in the process of cell division.



Folate

It is a water-soluble vitamin; for this reason it does not accumulate in tissues and is eliminated in the urine. It is especially necessary since the first day of pregnancy for the production of red blood cells to prevent megaloblastic anaemia and for the correct formation of the foetal neural tube. Useful for the prevention of malformations such as spina bifida and hydrocephalus in the unborn child. Compromised intellectual development of children has also been linked with a lack of folic acid during pregnancy.



Recommended dosage and instructions for use

Take 1 tablet a day throughout pregnancy and for at least the first three months of breastfeeding.



Composition

Each tablet contains:

Folic acid	400 mcg	200 %NRV
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Excipients: Dicalcium phosphate, Microcrystalline cellulose, Magnesium salts of fatty acids, Silicon dioxide.

D3 Fast Vegan

VITAMIN D3



Dietary supplement based on Vitamin D3 from vegetable source

Rapid absorption



60 capsules bottle



Gluten Free



Vegan



Properties

Vitamin D3 contributes to:

- the maintenance of healthy bones and teeth.
- normal function of the immune system.
- normal absorption and utilisation of calcium and phosphorus.
- the maintenance of normal muscle function.



Vitamin D3

Vitamin D3 is the most active Vitamin D as it does not require any transformation. Our body usually gets Vitamin D3 from sun exposure and foods. A lack of Vitamin D3 causes excessive tiredness, cognitive and mood disorders and heart diseases.



Recommended dosage and instructions for use

Take 1 capsule a day with a large glass of water.



Composition

Each tablet contains:

Vitamin D3	5 mcg	100 %NRV
------------	-------	----------

Excipients: Microcrystalline cellulose, Maltodextrin, Hydroxypropylmethylcellulose, Magnesium salts of fatty acids, Silicon dioxide.

Mg Fast Vegan

MAGNESIUM



Dietary supplement based on Magnesium

Rapid absorption



60 capsules bottle



Gluten Free



Vegan



Properties

- Magnesium contributes to normal functioning of the nervous system and to normal muscle function.



Magnesium

Magnesium is a mineral produced in our body. It is concentrated in bone tissues and in body fluid, for approximately 70%. Magnesium contributes to many organ functions and, as Calcium, to muscular contraction. A shortage of Magnesium causes muscular cramps, anxiety and nervousness.



Recommended dosage and instructions for use

Take 3 tablets a day with a large glass of water.



Composition

Each tablet contains:

Magnesium	100 mg	27 %NRV
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Excipients: Microcrystalline cellulose, Dicalcium phosphate, Magnesium salts of fatty acids.

Rapid Absorption

Magnesium citrate is one of the more bioavailable sources of Magnesium. It has a high concentration of elemental Magnesium.

Calcio Fast Vegan

CALCIUM



Dietary supplement containing
Calcium and Vitamin D3

Rapid absorption



60 capsules bottle



Gluten Free



Vegan



Properties

- Calcium and Vitamin D3 are useful for the bones well-being.



Calcium

Calcium is one of the most valuable mineral in our body. Calcium transmits nerve and muscular impulses and supports the bone structure and activity of digestive enzymes. A lack of calcium causes bone demineralization and muscle problems.



Recommended dosage and instructions for use

Take 1 tablet after lunch and 1 tablet after dinner, with a large glass of water.



Composition

Each tablet contains:

Calcium	400 mg	50 %NRV
Vitamin D3	5 mcg	100 %NRV

Excipients: Microcrystalline cellulose, Magnesium salts of fatty acids, Hydroxypropylcellulose.

Rapid Absorption

CALCIO FAST contains two types of Calcium:
• Coral Calcium, from fossil coral barriers, rich in micronutrients;
• Calcium citrate, easily absorbable, it does not cause the formation of kidney stones.
It also contains Vitamin D3 from vegetable source.

Oftalia dietary supplement

SIGHT HEALTH



Dietary supplement containing
Bilberry, African marigold, Vitamins and Minerals

1 capsule daily



30 Capsules



Gluten Free



Properties

- African marigold and Bilberry are useful for promoting sight health.
- Zinc helps to maintain normal eyesight.
- Vitamin C, Vitamin E, Copper and Zinc help to protect cells from oxidative stress.



Synergies

African marigold capitula dry extract, Bilberry fruit dry extract, Vitamin C, Vitamin E, Zinc oxide and Copper gluconate.



Recommended dosage and instructions for use

Take 1 capsule daily with a glass of water.



Composition:

Each capsule contains:

African marigold d.e.	120,75 mg	
Lutein	17,85 mg	
Zeaxanthin	0,45 mg	
Bilberry d.e.	60,00 mg	
25% anthocyanosides, equal to	15,00 mg	
Vitamin C	80,00 mg	100 %NRV
Vitamin E	12,00 mg	100 %NRV
Zinc	10,00 mg	100 %NRV
Copper	1,00 mg	100 %NRV

Excipients: Hydroxypropylmethylcellulose, Microcrystalline cellulose, Silicon dioxide, Magnesium salts of fatty acids, Titanium dioxide.

Oftalia eyes drops monodose

EYES WELL-BEING



Medical device for ophthalmic application
with several Distilled Waters and Hyaluronic Acid

Suitable with the use of contact lens



10 Recapable Monodose Vials 0,5 ml

Preservative Free



Properties

- The combined action of the natural components relieves from the redness, fatigue and discomfort caused by environmental factors and visual stress.
- Particularly suitable for those who suffer from non-pathological dry eyes.



Synergies

Distilled waters of: Bilberry, Hamamelis Virginiana, Camomilla Recutita, Euphrasia Officinalis. Sodium Hyaluronate and Glycerin of natural origin.



Recommended dosage and instructions for use

Gently press the monodose vial and deliver 2/3 drops per eye. Close immediately the vial with its cap and use the content left over within 12 hours. The product can be used with contact lenses.

In case of contact lens

The use of Oftalia Eyes Drops helps the application of contact lens; after the application makes a more comfortable use, by combating the dry feeling.

Excipients: Sodium chloride, Sodium Phosphate Dibasic Dodecahydrate, Sodium Phosphate Monobasic Monohydrate, purified water.

Donna Sempre Pausa

RELIEF FROM MENOPAUSE SYMPTOMS



Dietary supplement containing plant extracts, Vitamin D3, Calcium and Magnesium

1 tablet daily = 80 mg of isoflavones



Properties

- Soya, Black cohosh and Wild Yam are useful for counteracting the menopause symptoms.
- Calcium, Magnesium and Vitamin D3 are useful to maintain healthy bones.
- Passion flower facilitates relaxation and mental well-being.



Synergies

Black cohosh, Soya, Bamboo, Wild Yam, Passion flower, Magnesium, Calcium, Vitamin D3.



Recommended dosage and instructions for use

Take 1 tablet daily with a glass of water.

Composition

Each tablet contains:

Soya d.e.	200,00 mg	
40% isoflavones, equal to	80,00 mg	
Calcium	150,00 mg	18,7 %VNR
Black cohosh d.e.	100,00 mg	
2,5% triterpene glycosides, equal to	2,50 mg	
Magnesium	75,00 mg	20,0 %VNR
Wild Yam d.e.	50,00 mg	
20% diosgenin, equal to	10,00 mg	
Passion flower d.e.	50,00 mg	
4% vitexin, equal to	2,00 mg	
Bamboo d.e.	5,00 mg	
70% silicon, equal to	3,50 mg	
Vitamin D3	3,75 mcg	75,0 %VNR

Excipients: Microcrystalline cellulose, Magnesium salts of fatty acids, Fatty acids, Cross-linked sodium carboxymethylcellulose.

Efficacy proved by Clinical Test



Efficacy proved from 20 women in a period of 60 days



Consult a doctor for instructions on how to use the product and the duration of treatment. The product should not, however, be used in the presence of liver disease or disorders.



Properties

- Sage, Vitex agnus-castus and Hop help to relieve the menopause symptoms.
- Hop also counteracts hot flashes.



Synergies

Vitex agnus-castus, Green Anise, Hop, Sage.



Recommended dosage and instructions for use

Take 30 drops 2 or 3 times a day.

Composition

90 drops contain:

Vitex agnus-castus f.e.	750 mg
Green Anise f.e.	750 mg
Hop f.e.	750 mg
Sage f.e.	750 mg

Excipients: none.

Green Anise

In recent years has been studied in Iran for its potential action on hot flashes, typical of climacteric.

Donna No Vamp

HOT FLASHES



Dietary supplement containing Vitex Agnus-Castus, Green Anise, Hop and Sage

Drops



Donna Mese Ciclo

COUNTERACTING MENSTRUAL CYCLE SYMPTOMS



Dietary supplement containing
Plant Extracts, Vitamin C and Iron

High content of active principles



30 tablets



Gluten Free



Vegan



Properties

- Verbena, Wormwood, Cumin, Dong quai and Vitex agnus-castus are useful for counteracting the menstrual cycle symptoms.
- Vitamin C increases iron absorption.



Synergies

Wormwood, Verbena, Cumin, Dong quai (Angelica sinensis), Vitex agnus-castus, Iron and Vitamin C.



Recommended dosage and instructions for use

Take 2 tablets daily with a drink of water.



Composition

Each tablet contains:

Wormwood d.e.	105,00 mg	
Verbena d.e.	100,00 mg	
Dong quai d.e.	100,00 mg	
1% ligustilide, equal to	2,00 mg	
Vitex agnus-castus d.e.	75,00 mg	
2% agnusides, equal to	0,75 mg	
Vitamin C	60,00 mg	75 %VNR
Cumin d.e.	50,00 mg	
Iron	7,00 mg	50 %VNR

Excipients: Microcrystalline cellulose, Hydroxypropyl methyl cellulose, Cross-linked sodium carboxymethylcellulose, Magnesium salts of fatty acids, Stearic acid.

Donna Intimil Schiuma

DAILY INTIMATE HYGIENE



Cleansing foam

Gentle action - PH 5,00



125 ml bottle

Paraben Free, SLES Free, Dermatologically Tested - PH 5.0

Naturando's cosmetics and their materials are not tested on animals.



Properties

- A cleansing foam for daily intimate hygiene, which respects the balance of the physiological parameters of the skin.
- Thanks to the presence of specific functional ingredients, the product has softening and soothing properties.
- It is useful to decongest skin and mucosae.
- It is excellent for cleaning in case of irritation.



Synergies

Mallow
Water Mint
Aloe vera
Grapefruit seeds
Menthol
D-Panthenol



Recommended dosage and instructions for use

Moisten with some water the areas to be cleansed. Apply the foam. Cleanse and rinse with plenty of water.

Intimil Detergente

DAILY INTIMATE HYGIENE



Intimate cleansing liquid

It respects the natural pH of the skin



300 ml bottle

Paraben Free, Allergen Free, SLES and SLS Free, Dermatologically Tested
Naturando's cosmetics and their materials are not tested on animals.



Properties

- A cleansing foam for daily intimate hygiene, which respects the balance of the physiological parameters of the skin
- Thanks to the presence of specific functional ingredients, the product has softening and soothing properties.
- It decongests and refreshes skin and mucosae.
- It respects the natural pH of the skin.



Synergies

Helichrysum
Provitamin B5
Betaine



Recommended dosage and instructions for use

Apply a small quantity of product on the skin, wash and rinse with plenty of water.

Intimil Salviettine

DAILY INTIMATE HYGIENE



Intimate wet wipes

Ideal for travels



10 wet wipes
1 sachet 4 ml

Naturando's cosmetics and their materials are not tested on animals.



Properties

- Wet wipes for intimate hygiene.
- Easy to use when water is not available because rinse is not necessary.
- They have soothing effects and they are good for calming the itching.
- They give you a sensation of freshness.



Synergies

Aloe Vera
Mallow
Water Mint
Grapefruit



Recommended dosage and instructions for use

The wet wipes can be used when water is not available because rinse is not necessary.

Senotop integratore

PROTECTION OF TISSUES



Dietary supplement containing plant extracts

Efficacy proved by Clinical Test



60 tablets bottle



Gluten Free



Vegan



Properties

- It is useful for supplementing these nutrients in your daily diet.
- Pomegranate has an antioxidant activity and is useful to protect tissues from oxidative stress.
- It is created to be used with SENOTOP CREMA.



Synergies

Flax seeds, Fenugreek seeds, Hop cones, Galega herb with flowers, Cumin fruits and Pomegranate fruit.



Recommended dosage and instructions for use

Take 2 tablets a day.



Composition

Each tablet contains:

Flax d.e.	100,00 mg
Fenugreek d.e.	80,00 mg
Hop d.e.	80,00 mg
0.4% rutin, equal to	0,32 mg
Galega d.e.	60,00 mg
Cumin d.e.	60,00 mg
Pomegranate d.e.	60,00 mg
20% ellagic acid, equal to	12,00 mg

Excipients: Cellulose, Dicalcium phosphate, Magnesium salts of fatty acids, Silicon dioxide.

Clinical Test

Clinical-instrumental test on 30 women at the Research Centre in Pavia (Italy).

TONING EFFECT	MORE ELASTIC SKIN	VOLUM EFFECT*
+24,7 %	+16,4 %	+1,18 cm

*Average variation of the circumference of the breast.

Average values after 60 days use of both cream and dietary supplement Senotop.

Senotop Crema

BREAST VOLUME-ENHANCEMENT



Breast volume-enhancing, Toning and reshaping cream

Efficacy proved by Clinical Test



125 ml tube

Petrolate Free, Animal Proteins Free, Paraben Free, Coloranti, Metacrilati
Nickel Tested - Dermatologically Tested
Naturando's cosmetics and their materials are not tested on animals.



Properties

- The volume-enhancing action is achieved through Sarsasapogenin, an extract from the plant Anemarrhena Asphodeloides.
- Phytoextracts of Kigelia Africana and Hop, which have firming and tensor effects, make the breast skin compact and firm and the décolleté smooth and toned.
- Moisturization, nourishment and suppleness are ensured by Wheat Germ oil, Sweet Almond oil and Shea Butter, which work in synergy with the restorative and compacting properties of plant elastin.
- With regular use, the breast acquires volume and a more rounded, full and harmonious appearance.



Synergies

Volume-enhancing phytosterol (Sarsasapogenin), Kigelia Africana, Hop, Wheat Germ oil, Sweet Almond oil, Shea butter, Plant Elastin, Hyaluronic acid, Vitamin E.



Recommended dosage and instructions for use

Apply every day with a delicate massage using the palm of the hand and with circular movements, avoiding the nipple area, until completely absorbed. An initial combined use with SENOTOP SUPPLEMENT improves results.

Clinical Test

Clinical-instrumental test on 30 women at the Research Centre in Pavia (Italy).

TONING EFFECT	MORE ELASTIC SKIN	VOLUM EFFECT*
+24,7 %	+16,4 %	+1,18 cm

*Average variation of the circumference of the breast.

Average values after 60 days use of both cream and dietary supplement Senotop.

Quotidiana Antiodorante pomata



Properties

- It absorbs the volatile fractions produced by bacterial flora.
- It prevents the formation of body odours.
- The product does not contain alcohol, drying agents or anything that could harm the skin's natural physiology.



Synergies

Birch
Menthol



Recommended dosage and instructions for use

Apply to the parts to be treated as necessary.

Deodorant cream

30 Years of success - 24h efficacy



75 ml tube and 30 ml tube

Naturando's cosmetics and their materials are not tested on animals.

Quotidiana Antiodorante pomata stick



Properties

- It absorbs the volatile fractions produced by bacterial flora.
- It prevents the formation of body odours.
- The product does not contain alcohol, drying agents or anything that could harm the skin's natural physiology.



Synergies

Birch
Menthol



Recommended dosage and instructions for use

Apply to the parts to be treated as necessary.

Deodorant cream

Practical stick version



35 ml stick

Naturando's cosmetics and their materials are not tested on animals.

Quotidiana Antiodorante Classic



Ecological spray

Propellant gas free



Naturando's cosmetics and their materials are not tested on animals.



Properties

- It obstructs the bacterial breakdown of sweat and prevents the formation of the characteristic bodily odours caused by perspiration.
- A protective and refreshing action takes place without the irritating reactions resulting from the stagnation of sweat.
- The environmentally friendly atomizer enables a uniform distribution on the skin.



Synergies

Witch hazel
Sage
Menthol
Bisabolol



Recommended dosage and instructions for use

Apply to the parts to be treated as necessary.

Quotidiana Antiodorante Sensitive



Ecological spray

Spray for sensitive skin



Alcohol Free Emulsifiers Free

Naturando's cosmetics and their materials are not tested on animals.



Properties

- It obstructs the bacterial breakdown of sweat and prevents the formation of the characteristic bodily odours caused by perspiration.
- A protective and refreshing action takes place without the irritating reactions resulting from the stagnation of sweat.
- The environmentally friendly atomizer enables a uniform distribution on the skin.
- Particularly suited to sensitive skin.



Synergies

Aloe Vera
Mallow
Water Mint
Grapefruit



Recommended dosage and instructions for use

Apply to the parts to be treated as necessary.

Quotidiana Antiodorante Zero



Deodorant gel

Without aluminium salts



50 ml tube

Parabens and Phenoxyethanol Free, Disinfectants as Triclosan and Chlorhexidine Free, Antiperspirant (Aluminium or Potassium Salts) Free, Ethyl Alcohol Free, Petrolate Free, Perfume Free, Animal Proteins Free

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- The alternative to aluminium salts.
- Anti-odorant and protective: Sensidin®DO
- It blocks the formation of body odours: Triethyl citrate
- Smooth effect: Vitamin E
- Cicatrizant, hydrating and anti-redness: Aloe vera
- Calming and refresh: Amamelid.



Synergies

Triethyl citrate
Sensidin®DO
Vitamin E
Aloe vera gel
Amamelid



Recommended dosage and instructions for use

Apply to the parts to be treated as necessary.

Bio Arnica

WITH DEVIL'S CLAW



Organic cream with Arnica and Devil's claw

25% functional substances



Tube 75 ml



Organic Active Cream



Vegan

FREE FROM: Silicon, Mineral oil, Paraben, Colour, PEG, PPG.

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.

BIO CREAMS



Properties

- A soft, light and rapidly absorbed organic cream formulated with natural extracts.
- A massage carried out with this cream on the areas concerned helps to soothe pain and release tension.
- It helps to restore a sensation of well-being and allows normal daily movements.



Synergies

Arnica, Devil's claw, Shea butter, Cocoa butter, Vitamin E.



Recommended dosage and instructions for use

Apply a sufficient quantity of cream to the parts to be treated and massage in until completely absorbed. The product can be applied several times a day.

AIAB Certification



Bio Calendula

WITH BLACKCURRANT



Organic cream with Calendula and Blackcurrant

25% functional substances



Tube 75 ml



Organic Active Cream



Vegan

FREE FROM: Silicon, Mineral oil, Paraben, Colour, PEG, PPG.

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.

BIO CREAMS



Properties

- A soft, light and rapidly absorbed organic cream formulated with natural extracts.
- This soothing, emollient cream is particularly indicated in case of itching, redness and irritations caused by sun rashes, insect bites, contact dermatitis and rashes caused by other external factors.
- It gives the skin a rapid feeling of relief and well-being together with a sensation of softness and elasticity.



Synergies

Calendula, Blackcurrant, Shea butter, Cocoa butter, Vitamin E.



Recommended dosage and instructions for use

Apply a sufficient quantity of cream to the parts to be treated and massage in until completely absorbed. The product can be applied several times a day.

AIAB Certification



Bio Propoli



Organic cream with Propolis

25% functional substances

 Tube 75 ml  Organic Active Cream

FREE FROM: Silicon, Mineral oil, Paraben, Colour, PEG, PPG.

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- A soft, light and rapidly absorbed organic cream formulated with natural extracts.
- This cream has anti-seborrheic, hydrating and smoothing properties that make it excellent for whoever wants to treat acne-prone skin naturally.
- Treatments for this type of skin may continue for long periods, hence the importance of using a natural, organic product that fully respects the physiology of the skin and contains no potentially damaging substances.



Synergies

Propolis, Shea butter, Cocoa butter, Vitamin E.



Recommended dosage and instructions for use

Apply a suitable quantity of cream to the area to be treated and massage gently to assist absorption.

AIAB Certification



Bio Ippocastano

WITH CENTELLA



Organic cream with Horse Chestnut and Centella

25% functional substances

 Tube 75 ml  Organic Active Cream  Vegan

FREE FROM: Silicon, Mineral oil, Paraben, Colour, PEG, PPG.

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- A soft, light and rapidly absorbed organic cream formulated with natural extracts.
- A massage with this soothing, toning cream brings relief to tired, swollen legs, bringing a sensation of lightness and tonicity and improving capillary tone.



Synergies

Horse Chestnut, Centella, Shea butter, Cocoa butter, Vitamin E.



Recommended dosage and instructions for use

Apply a suitable quantity of cream, assisting its absorption by massaging gently in an upwards direction and focussing on the points where you feel the most tension.

AIAB Certification



Skin Act Clean

CLEANSING GEL



Cleansing gel
for impure skin prone to acne

Impure skin



150 ml tube

FREE FROM: Paraben - Petrolate - Allergen - Silicon - Colour - DEA - SLES - Perfume - Animal Protein - Formaldehyde

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.

Skin Act Top

SEBUM-REGULATING CREAM



Sebum-regulating
cream for impure skin prone to acne

Impure skin



50 ml tube

FREE FROM: Paraben - Petrolate - Allergen - Silicon - Colour - DEA - Animal Protein - Formaldehyde

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.

SKIN ACT



Properties

- It has cleansing and astringent power. It removes impurities while respecting the delicate hydrolipid balance that characterises impure skin prone to acne. It gives the skin a clean and radiant look.
- It reduces the excess sebum: Asebiol, azelaic acid.
- Antimicrobial: Greater Burdock extract.
- It calms the redness of affected areas: Salycuminol.
- Tonic, astringent: Fomes officinalis.
- It refresh and purify: Peppermint.
- Detergent: Capryloyl Glycine.



Synergies

Asebiol (sebum-regulating complex)

Salycuminol (lipophilic organic compound of salicylic acid)

Fomes officinalis

Greater Burdock extract

Peppermint essential oil

Capryloyl Glycine

Potassium azeloyl diglycinate



Recommended dosage and instructions for use

Apply, morning and evening, a small quantity of gel to damp skin on the face and neck; massage delicately and then rinse with plenty of warm water. Then apply the SkinAct Top cream.

SKIN ACT



Properties

- Cream with active ingredients with a sebum-balancing effect on oily and impure skin.
- Asebiol complex and Potassium azeloyl diglycinate reduce the excessive production of sebum.
- Greater Burdock extract and Farnesol have an antimicrobial action.
- Salycuminol and Alpha Bisabolol promote the renewal of the skin's surface and help to reduce redness.
- Fomes officinalis is a firming and astringent agent.
- Adsorbent: Cornstarch.



Synergies

Asebiol (sebum-regulating complex)

Salycuminol (lipophilic organic compound of salicylic acid)

Fomes officinalis

Greater Burdock extract

Potassium azeloyl diglycinate

Farnesol

Vitamin E

Vitamin A

Alpha bisabolol

Shea butter

Cornstarch



Recommended dosage and instructions for use

Apply, morning and evening, a small quantity of the product after carefully cleansing with SkinAct Clean gel.

Skin Act Fast

CONCENTRATE TO COUNTER IMPERFECTIONS



Concentrate to counter imperfections for impure skin prone to acne

Impure skin



15 ml tube

FREE FROM: Paraben - Petrolate - Allergen - Silicon - Colour - DEA - Animal Protein - PEG - Formaldehyde

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- It purifies, medicates and calms the redness of affected areas.
- Asebiol and Potassium azeloyl diglycinate reduce the excessive production of sebum.
- Antimicrobial effect: Greater Burdock extract, Sulphur, Tea tree oil, Basil essential oil
- It respects the skin's natural moisture level.



Synergies

Sulphur
Asebiol (sebum-regulating complex)
Salycumol (lipophilic organic compound of salicylic acid)
Fomes officinalis
Salicylic acid
Zinc oxide
Tea tree oil
Basil essential oil
Greater Burdock extract
Potassium azeloyl diglycinate
Vitamin E
Vitamin C
Sweet almond oil



Recommended dosage and instructions for use

Apply a small quantity of the product directly onto the imperfection. Repeat the application several times a day.

Herpisolv

FIRST AID FOR LIP STRESS



Lip balm containing Tea Tree Oil with soothing action and protective of lips

Nude color: invisible effect



10 ml tube

FREE FROM: Paraben - Mineral oil

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.



Properties

- The active ingredients exert an antimicrobial and soothing action, that can be helpful in all cases of labial stress.
- Herpisolv gives also a rapid relief for chapped lips.
- It creates a protective film, which acts as a barrier against external agents, without occluding the skin.



Synergies

Carboxymethyl beta glucan
Tea tree oil
Echinacea
Propolis
Shea butter
Alfa-bisabolol
Zinc oxide
Panthenol
Aloe vera
Helichrysum
Vitamin E
Vitamin C



Recommended dosage and instructions for use

Apply a small quantity of cream on the lips and massage gently. Repeat the application several times a day.

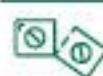
Topkrin integratore

HAIR WELL-BEING



Dietary supplement containing
L-Cystine, Millet, Bamboo, Keratin, Paba, Vitamin B5 and Minerals

The nutrients for your hair



60 capsules



Gluten Free



Vegan

CAPSULES



Properties

- Millet, Zinc and Selenium are useful to promote healthy hair and nails.
- Copper helps to maintain hair colour.
- L-cystine, Silicon and hydrolyzed keratin are the main constituents of hair.



Synergies

L-cystine, hydrolyzed keratin, Ferrous gluconate, Bamboo young stems, Millet fruits, PABA (para-aminobenzoic acid), Zinc oxide, Copper gluconate, Vitamin B5 and Sodium selenite.



Recommended dosage and instructions for use

Take 1-2 capsules daily with a large drink of water.



Composition

Each capsule contains:

L-cystine	170,0 mg	
Hydrolyzed keratin	45,0 mg	
Bamboo d.e.	25,0 mg	
70% silicon, equal to	17,5 mg	
Millet d.e.	25,0 mg	
PABA	15,0 mg	
Iron	5,0 mg	35,7 %VNR
Zinc	5,0 mg	50,0 %VNR
Vitamin B5	2,0 mg	33,3 %VNR
Copper	0,5 mg	50,0 %VNR
Selenium	25,0 mcg	45,45 %VNR

Excipients: Hydroxypropylmethylcellulose, Microcrystalline cellulose, Magnesium salts of fatty acids, Titanium dioxide.

Topkrin Amino-Stem

HAIR WELL-BEING



Strengthening treatment
for weak and fragile hair

Strengthening treatment



8 single-dose vials, 10 ml each

FREE FROM: Paraben - Colour - Animal Protein
Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.

VIALS



Properties

- A strengthening treatment indicated for men and women, which is useful in the case of weak, fragile hair that tends to fall out.
- Apple stem cells have regenerating and stimulating properties.
- Extracts of Millet and Ginkgo biloba maintain a healthy scalp and hair.
- Biotin has antiseborrhoeic action.



Synergies

Apple stem cells
Millet
Ginkgo biloba
Azeloglycine
Cystine
Methionine
Tryptophan
Biotin
Panthenol
Zinc
Menthol
Vitamin E
Vitamin C



Recommended dosage and instructions for use

After shampooing and rinsing, apply the single-dose vial to damp hair using the provided applicator, making sure it is distributed evenly over the entire scalp. Massage with circular movements for a few minutes. We suggest to apply the product twice a week for 2 months. Repeat this treatment at least twice a year, especially in springtime and autumn. The redness after application of the product is normal and comes from the action of specific ingredients.

Topkrin Shampoo Fortificante

HAIR WELL-BEING



Strengthening shampoo

To combat the hair fall



200 ml bottle

FREE FROM: SLS - SLES - Paraben - Allergen - Colour - Animal Protein

Nickel Tested - Dermatologically Tested

Naturando's cosmetics and their materials are not tested on animals.

SHAMPOO



Properties

- A strengthening shampoo indicated for men and women, which is useful in the case of weak, fragile hair and for combating hair loss.
- Azelogyline has sebum-balancing properties.
- Panthenol and Zinc are useful for strengthening the hair structure.
- Plant extracts of Ginkgo biloba, Nettle, Hop and Passionflower promote healthy hair.
- Millet extract is rich in silicon, a valuable substance for nourishing and protecting the hair.



Synergies

Passionflower
Millet
Hop
Panthenol
Zinc
Azelogyline
Ginkgo biloba
Nettle



Recommended dosage and instructions for use

Apply the product to wet hair, massage gently with the fingertips and then rinse with plenty of water. This short massage let to active substances to penetrate deeply.

Tea Tree Oil

100% PURE TEA TREE OIL



Pure *Malaleuca Alternifolia* Oil

50% total terpenes



10 ml and 30 ml bottle



Properties

- It is an essential oil well known for its antimicrobial properties.
- It is traditionally used in case of: skin burns, blisters, bites, skin and throat irritation, muscular problems..



Synergies

Each bottle contains pure *Malaleuca alternifolia* leaf oil. This oil is obtained by steam distillation of fresh leaves and branches of the *Malaleuca alternifolia* plant.



Recommended dosage and instructions for use

For external use: mix 10 drops with cold-pressed Jojoba or Almond oil and massage into the part concerned.

As a mouthwash: add 3-5 drops to a glass of warm water.

Widely used in case of:

- Burns
- Sunburns
- Boils
- Blisters
- Insect bite
- Throat irritation and oral lesions
- Abrasions
- Vaginal problems
- Cold
- Muscle problems
- Skin irritation

Emergency

FIRST AID SOOTHING CREAM



Cosmetic product
containing Tea Tree Oil

Rapid relief - Multiple uses



50 ml tube

Paraben Free Colour Free Nickel Tested - Dermatologically Tested
Naturando's cosmetics and their materials are not tested on animals.



Properties

- Soothing, emollient cream that is particularly recommended for treating itching, redness and irritation caused by sun rashes, burns, insect bites, allergic contact dermatitis and nappy rash, shaving, depilation and other external factors.
- Its scrupulously selected ingredients confer a rapid feeling of relief and wellbeing to the skin.



Synergies

Tea Tree oil
Blackcurrant buds
Aloe Vera gel
Shea butter
Calendula plant extract
Camomile plant extract
Mallow plant extract
Betaine
Wild Mint oil



Recommended dosage and instructions for use

Apply a suitable quantity of cream to affected areas and massage gently to ensure absorption. Repeat the application several times a day.

Aloe Vera Gold

17000 mg/l OF POLY - SACCHARIDES



Dietary supplement based on Aloe Vera Juice
juice of whole leaf from Aloe Vera plant (Aloe Barbadensis Miller)

Digestive and hepatic intervention



500 ml
1 litre



Gluten Free



Vegan



Properties

- Aloe vera is useful to promote digestive and hepatic function.



NATURANDO guarantees:

- Squeezing from fresh plant
- High and certified content of polysaccharides
- Cold-processing, without pasteurisation
- Absence of aloin and other irritant anthraquinones derivatives
- Extraction only from Aloe Vera Barbadensis Miller
- Raw material certified by IASC



Recommended dosage and instructions for use

Internal use: Take 2 to 6 table spoons daily, pure or diluted in a cold liquid. Shake the bottle well before use. After the first opening, it should be used within 90 days.

External use: As appropriate, it is recommended the application of the juice directly on the skin with a cotton ball or a gauze soaked. Repeat the application several times a day.



Composition

Aloe vera juice	99,5 %
Polysaccharides app.	17.000,0 mg/litro

Excipients: Citric acid, Sodium benzoate, Potassium sorbate.

Aloe Vera Silver

8500 mg/l OF POLY - SACCHARIDES



Dietary supplement based on Aloe Vera Juice
juice of whole leaf from Aloe Vera plant (Aloe Barbadensis Miller)

Body's depuration



500 ml
1 litre



Gluten Free



Vegan



Properties

- Aloe vera is useful to promote digestive and hepatic function.



NATURANDO guarantees:

- Squeezing from fresh plant
- High and certified content of polysaccharides
- Cold-processing, without pasteurisation
- Absence of aloin and other irritant anthraquinones derivatives
- Extraction only from Aloe Vera Barbadensis Miller
- Raw material certified by IASC



Recommended dosage and instructions for use

Internal use: Take 2 to 6 table spoons daily, pure or diluted in a cold liquid. Shake the bottle well before use. After the first opening, it should be used within 90 days.

External use: As appropriate, it is recommended the application of the juice directly on the skin with a cotton ball or a gauze soaked. Repeat the application several times a day.



Composition

Aloe vera juice	99,5 %
Polysaccharides app.	8.500,0 mg/litro

Excipients: Citric acid, Sodium benzoate, Potassium sorbate.

Aloe Vera Gel

BIOACTIVE GEL



Aloe Bioactive Gel

Multiuse aloe gel



200 ml tube

Naturando's cosmetics and their materials are not tested on animals.



Properties

- It contains Bioactive Aloe Vera gel enriched with functional substances with recognized soothing and eudermic properties. Due to these features, the product can be applied to any part of the body that requires a soothing, refreshing, moisturizing or emollient action.



Synergies

Aloe Vera Bioactive gel
Panthenol
Niacin
Hyaluronic acid



Recommended dosage and instructions for use

Apply a sufficient quantity of product to the areas to be treated and massage gently until completely absorbed. Repeat the application several times a day.

Hyaluronic acid

The hyaluronic acid is a key component of connective tissues. It gives hydration, turgidity, resistance and shape-retaining. A lack inside of the body means weakening of the skin and promotes the formation of wrinkles and anesthetics.

Double Disk busta

CLEANSING AND PURIFYING PAD



Cleansing and purifying pad containing Aloe Vera

Double face, double action



Single 5 ml pad

Naturando's cosmetics and their materials are not tested on animals.



Properties

- One side of the pad is dermoabrasive, the other side is smooth. This particular feature removes dead cells and impurities and ensures a correct skin cleansing.
- The result is a smooth, radiant and healthy skin.
- DOUBLE DISK effectively prepares skin to the subsequent treatments.



Synergies

Aloe Vera
Kiwi plant water
Alpha hydroxy acid complex
Grapefruit seeds



Recommended dosage and instructions for use

Using the textured side of the pad, massage the face and neck with a delicate circular movement. Immediately after, use the soft part on the face and neck, again with circular movements. We recommend to use 2 pads a week.

Spirulina

60% PROTEIN - 0.3% CAROTENOID - 1% CHLOROPHYLL - 8% PHYCOCYANIN



Dietary supplement containing Spirulina and Vitamin B12

Tiredness reduction - Support action
Tonic - Energy metabolism



100 vegetable capsules



Gluten Free



Vegan



Properties

- Spirulina is an alga with support and tonic actions.
- Vitamin B12 helps to reduce tiredness and fatigue and aids normal energy metabolism.



Synergies

Spirulina and Vitamin B12.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Spirulina powder	700,0 mg
Protein	420,0 mg
Chlorophyll	7,0 mg
Phycocyanin	56,0 mg
Carotenoids	2,1 mg
Vit. B12	2,5 mg 200 %NRV

Additives: Hydroxypropyl methylcellulose, Magnesium salts of fatty acids.

Boswellia

85% + 25% BOSWELLIC ACIDS



Dietary supplement containing Boswellia and Casperome®

Joint Function - Digestive System
Combats Localized Tension



60 vegetable capsules



Gluten Free



Vegan



Properties

- Boswellia promotes joint and digestive system function and combats localized tension.



Synergies

Boswellia, Casperome®.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Boswellia d.e.	380,0 mg
Boswellic Acids	323,0 mg
Casperome®	20,0 mg
Boswellia d.e.	7,9 mg

Additives: Magnesium salts of fatty acids.

Coenzima Q10

WITH VITAMIN B1



Dietary supplement containing
Coenzyme Q10 and Vitamin B1

Cardiac Function - Energy Metabolism



100 vegetable
capsules



Gluten Free



Vegan



Properties

- Vitamin B1 assists normal cardiac function and normal energy metabolism.



Synergies

Coenzyme Q10 and Vitamin B1.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Coenzyme Q10	200,00 mg	
Vit.B1	0,55 mg	500 %NRV

Additives: Microcrystalline cellulose, Maltodextrin, Hydroxypropyl methylcellulose, Silicon dioxide, Magnesium salts of fatty acids.

Miglio

WITH SILICON



Dietary supplement containing
Millet and Silicon

Nails and Hair – Support and Tonic actions



100 vegetable
capsules



Gluten Free



Vegan



Properties

- Millet promotes the health of nails and hair and has support and tonic actions.



Synergies

Millet and Silicon.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Millet d.e.	400 mg	
Silicon	15 mg	25 %NRV

Additives: Hydroxypropyl methylcellulose, Silicon dioxide, Magnesium salts of fatty acids.

Echinacea

10% POLYPHENOLS - 4% ECHINACOSIDE



Dietary supplement containing Echinacea and Vitamin C

Body's defence - Upper respiratory tract



40 vegetable capsules



Gluten Free



Vegan



Properties

- Special blend of 3 species of Echinacea: Echinacea purpurea, Echinacea angustifolia and Echinacea pallida.
- Echinacea supports the natural body's defence and the functionality of the upper respiratory tract.
- Vitamin C helps immune system function and it protects against the oxidation processes.



Synergies

Echinacea purpurea, Echinacea angustifolia, Echinacea pallida and Vitamin C.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Echinacea angustifolia d.e.	125,0 mg
4% echinacoside, equal to	5,0 mg
Echinacea purpurea d.e.	125,0 mg
Echinacea pallida d.e.	50,0 mg
Total polyphenols	17,5 mg
Vitamin C	80,0 mg 100 %NRV

Excipients: Hydroxypropyl methylcellulose, Magnesium salts of fatty acids, Silicon dioxide.

Curcuma

95% CURCUMIN - 95% PIPERINE



Dietary supplement containing Turmeric and Black Pepper

**Digestive and depurative function
Antioxidant action - Articular function**



40 vegetable capsules



Gluten Free



Vegan



Properties

- Turmeric promotes liver and digestive function, depurative function of the body; it is useful for promoting articular function and has antioxidant action.
- Black pepper helps digestive function, the regular gastrointestinal motility and the elimination of gases.
- Curcumin has a low bioavailability: only low percentage is absorbed. The problem can be solved using substances as piperine contained in Black pepper.



Synergies

Turmeric rhizome dry extract titrated 95% in curcumin, Bioperine® (Black pepper fruits dry extract titrated 95% in piperine).



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Turmeric d.e.	400,000 mg
95% curcumin, equal to	380,000 mg
Black pepper d.e.	2,500 mg
95% piperine, equal to	2,375 mg

Excipients: Hydroxypropyl methylcellulose, Silicon dioxide.

Reishi

30% POLY SACCHARIDES



Dietary supplement containing Reishi and Vitamin C

Body's defence



40 vegetable capsules



Gluten Free



Vegan



Properties

- Reishi helps natural defences of body.
- Vitamin C helps the immune system, increases the absorption of Iron and has antioxidant action.



Synergies

Reishi sporophorum and Vitamin C.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Reishi d.e.	300 mg
30% polysaccharides, equal to	90 mg
Vitamin C	20 mg 25 %NRV

Excipients: Microcrystalline cellulose, Hydroxypropyl methylcellulose, Silicon dioxide.

Zafferano

2% CROCIN - 2% SAFRANAL



Dietary supplement containing Saffron and Vitamin B6

Mood Counteract menstrual cycle symptoms



40 vegetable capsules



Gluten Free



Vegan



Properties

- Saffron improves mood and is useful for counteracting the menstrual cycle symptoms.
- Vitamin B6 contributes to normal functioning of the nervous system and to normal psychological function. It contributes to normal hormonal activity and to reduction of tiredness and fatigue.



Synergies

Saffr'Active® (Saffron stigma dry extract, titrated 2% in crocin and 2% in safranal) and Vitamin B6.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Saffron d.e.	17,00 mg
2% crocin, equal to	0,34 mg
2% safranal, equal to	0,34 mg
Vitamin B6	0,70 mg 50 %NRV

Excipients: Maltodextrin, Hydroxypropyl methylcellulose, Silicon dioxide.

Cardo Mariano

80% SILYMARIN



Dietary supplement containing Milk Thistle and Choline

Liver and digestive function
Depurative function - Antioxidant action



40 vegetable capsules



Gluten Free



Vegan



Properties

- Milk thistle promotes liver and digestive function, depurative function of the body and has antioxidant action.
- Choline helps the normal liver function.



Synergies

Milk thistle, Choline.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Milk thistle d.e.	400 mg
80% silymarin, equal to	320 mg
Choline	80 mg

Excipients: Hydroxypropyl methylcellulose, Magnesium salts of fatty acids.

Maca

0,5% BETA - ECDYSONE



Dietary supplement containing Maca

Tonic-adaptogenic effect



40 vegetable capsules



Gluten Free



Vegan



Properties

- Maca has a tonic and adaptogenic effect, it is useful in case of mental and physical tiredness.



Synergies

Maca.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Maca d.e.	350,00 mg
0.5% beta-ecdysone, equal to	1,75 mg

Excipients: Hydroxypropyl methylcellulose, Microcrystalline cellulose, Magnesium salts of fatty acids.

Zenzero

10% GINGEROLS



Dietary supplement containing Ginger and Folic acid

Cardiovascular system - Antinausea
Articular functionality - Digestive function



40 vegetable capsules



Gluten Free



Vegan



Properties

- Ginger has an antinausea effect, it promotes the normal digestion, the elimination of gas and the regular intestinal motility.
- Ginger promotes the normal circulation of blood, the functionality of cardiovascular system and the articular functionality.
- It counteracts the menstrual cycle symptoms.
- Folate contributes to the normal function of the immune system and to the reduction of tiredness and fatigue.
- Folate contributes to maternal tissue growth during pregnancy and has a role in the process of cell division.



Synergies

Ginger and Folic acid.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Ginger d.e.	500 mg	
10% gingerols, equal to	50 mg	
Folic acid	200 mcg	100 %NRV

Excipients: Hydroxypropyl methylcellulose, Microcrystalline cellulose, Magnesium salts of fatty acids.

Ginkgo

24% GINKGO FLAVONOIDS - 6% TERPENE LACTONES



Dietary supplement containing Ginkgo Biloba and Zinc

Memory - Cognitive functions
Blood flow - Microcirculation



40 vegetable capsules



Gluten Free



Vegan



Properties

- Ginkgo has antioxidant properties; it promotes the normal circulation of blood and the functionality of microcirculation.
- Ginkgo is useful for memory and cognitive function.
- Zinc helps cognitive function and protects cells from oxidative stress.



Synergies

Ginkgo and Zinc.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Ginkgo d.e.	200 mg	
24% ginkgo flavonoids, equal to	48 mg	
6% terpene lactones, equal to	12 mg	
Zinc	5 mg	50 %NRV

Excipients: Microcrystalline cellulose, Hydroxypropyl methylcellulose, Magnesium salts of fatty acids.



If you are taking anticoagulant or antiplatelet drugs, consult your doctor before consuming this product. Avoid using the product during pregnancy and breastfeeding.

Rodiola

3% ROSAVIN - 1% SALIDROSIDE



Dietary supplement containing Golden Root and Magnesium

**Tonic-adaptogenic - Mood
Tiredness - Nervous system**



40 vegetable capsules



Gluten Free



Vegan



Properties

- Golden root has a tonic and adaptogenic effect, it is useful in case of physical and mental tiredness.
- Golden root improves mood.
- Magnesium helps the functionality of nervous system and is useful against physical and mental tiredness.



Synergies

Golden root and Magnesium.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Golden root d.e.	400,00	mg
3% rosalvin, equal to	12,00	mg
1% salidroside, equal to	4,00	mg
Magnesium	56,25	mg 15 %NRV

Excipients: Hydroxypropyl methylcellulose, Magnesium salts of fatty acids.

Valeriana

0,8% VALERENIC ACIDS - 5% FLAVONOIDS



Dietary supplement containing Valerian and Silver Lime

**Relax and a serene sleep
In case of stress**



40 vegetable capsules



Gluten Free



Vegan



Properties

- Valerian and Silver lime promote relax and a serene sleep.
- They are particularly useful in case of stress.



Synergies

Valerian and Silver lime.



Recommended dosage and instructions for use

Take 1-2 capsules a day.



Composition

Each vegetable capsule contains:

Valerian d.e.	350,00	mg
0,8% valerenic acids, equal to	2,80	mg
Silver lime d.e.	50,00	mg
5% flavonoids, equal to	2,5	mg

Excipients: Hydroxypropyl methylcellulose, Magnesium salts of fatty acids, Silicon dioxide.

Omega 3-6-9



Dietary supplement containing
Omega 3-6-9 and Vitamin E

Complete supplement of Omega



50 softgels



Properties

- It is useful to supplement the daily intake of fatty acids of Omega 3, Omega 6 and Omega 9 series.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Omega 3-6-9 and Vitamin E.



Recommended dosage and instructions for use

Take 1-2 softgels a day.



Composition

Each softgel contains:

Fish oil	329,20	mg
18% EPA, equal to	59,00	mg
12% DHA, equal to	39,00	mg
Linseed oil	329,20	mg
11% oleic acid, equal to	43,00	mg
Borage oil	329,20	mg
20% γ-linoleic acid, equal to	66,00	mg
Vitamin E	6,70	mg 56 %NRV

Excipients: Food grade gelatin, Glycerol.

Olio di Aglìo Biancospino Olivo



Dietary supplement containing
Garlic oil, Hawthorn oil and Olive oil

Blood pressure



70 softgels



Properties

- Garlic and Hawthorn promote cardiovascular functionality.
- Olive helps to maintain normal blood pressure.



Synergies

Garlic, Hawthorn and Olive.



Recommended dosage and instructions for use

Take 1-2 softgels a day.



Composition

Each softgel contains:

Hawthorn m.o.	200	mg
Olive m.o.	200	mg
Garlic m.o.	100	mg

Excipients: Food grade gelatin, Glycerol.

Olio di Lino



Dietary supplement containing
Linseed oil and Vitamin E

Lipids metabolism

 70 softgels



Properties

- Linseed oil promotes the metabolism of lipids.
- It promotes the functionality of the cell membrane.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Linseed oil and Vitamin E.



Recommended dosage and instructions for use

Take 2 capsules a day.



Composition

Each softgel contains:

Linseed oil	500 mg	
Vitamin E	10 mg	83,3 %NRV


Excipients: Food grade gelatin, Glycerol.

Olio di Borragine



Dietary supplement containing
Borage oil and Vitamin E

Health of the skin

 70 softgels



Properties

- Borage Oil has an eudermic effect and promotes the well-being of the skin.
- It also counteracts the menstrual cycle symptoms.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Borage oil and Vitamin E.



Recommended dosage and instructions for use

Take 1-3 softgels a day.



Composition

Each softgel contains:

Borage oil	500 mg	
20% GLA, equal to	100 mg	
Vitamin E	6,7 mg	55,8 %NRV

Excipients: Food grade gelatin, Glycerol, Water.

Olio di Oenothera



Dietary supplement containing
Evening Primrose oil and Vitamin E

Woman well-being



70 softgels



Properties

- Evening Primrose counteracts menstrual cycle symptoms.
- It promotes the functionality and the trophism of the skin.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Evening Primrose oil and Vitamin E.



Recommended dosage and instructions for use

Take 1-2 softgels a day.



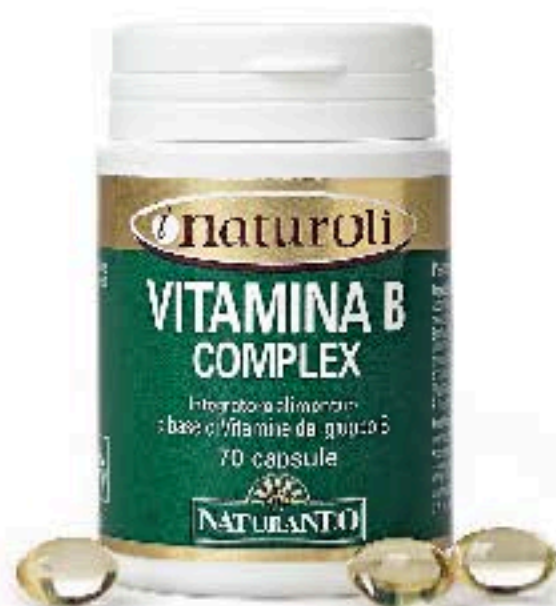
Composition

Each softgel contains:

Evening Primrose oil	500 mg	
Vitamin E	3,35 mg	28 %NRV

Excipients: Food grade gelatin, Glycerol, Water.

Vitamina B Complex



Dietary supplement containing
Group B Vitamins, Vitamin C and Vitamin E

Complete supplement of Vitamins B



70 softgels



Properties

- Psychological function: Vit. B1, B2, B3, B6, B8, B12, C
- Energy metabolism: Vit. B1, B2, B3, B5, B6, B8, B12, C
- Nervous system function: Vit. B1, B2, B3, B6, B8, B12, C
- Immune system function: Vit. B6, B9, B12, C
- Production of red blood cells: Vit. B2, B6, B8, B12
- Collagen production and iron absorption: Vit. C
- Protection of cells from oxidative stress: Vit. C, E



Synergies

Group B Vitamins, Vitamin C and Vitamin E.



Recommended dosage and instructions for use

Take 1-2 softgels a day.



Composition

Each softgel contains:

Vitamin B1	1,1 mg	100 %NRV
Vitamin B2	1,4 mg	100 %NRV
Vitamin B3	16,0 mg	100 %NRV
Vitamin B5	6,0 mg	100 %NRV
Vitamin B6	1,4 mg	100 %NRV
Vitamin B8	50,0 mcg	100 %NRV
Folic acid (Vit. B9)	200,0 mcg	100 %NRV
Vitamin B12	2,5 mcg	100 %NRV
Vitamin C	80,0 mg	100 %NRV
Vitamin E	12,0 mg	100 %NRV

Excipients: Sunflower oil, Food grade gelatin, Anhydrous glucose, partially hydrogenated Soybean oil, Glycerol, Soy lecithin, Iron oxides, Titanium dioxide, Tocopherols rich extracts, Ascorbyl palmitate, Propyl gallate.

Olio di Semi di Zucca



Dietary supplement containing
Pumpkin Seed oil and Vitamin E

Prostate function

 70 softgels



Properties

- Pumpkin seed oil promotes urinary tract function and prostate function.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Pumpkin Seed oil and Vitamin E.



Recommended dosage and instructions for use

Take 1-2 softgel a day.



Composition

Each softgel contains:

Pumpkin seed oil	500	mg	
Vitamin E	5	mg	41,7 %NRV

Excipients: Food grade gelatin, Glycerol.

Olio di Aglio



Dietary supplement containing
Garlic oil

Cardio vascular system

 70 softgels



Properties

Garlic oil is useful for

- Blood pressure regularity
- Cardiovascular functionality
- Cholesterol and triglycerides metabolism
- Antioxidant properties
- Digestive function
- Fluidity of bronchial secretions
- Nose and throat well-being.



Synergies

Garlic oil.



Recommended dosage and instructions for use

Take 1-2 softgels a day.



Composition

Each softgel contains:

Garlic m.o.	500	mg	
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Excipients: Food grade gelatin, Glycerol.

Olio di Germe di Grano



Dietary supplement containing
Wheat Germ oil and Vitamin E

Lipids metabolism

 70 softgels



Properties

- Wheat Germ oil promotes the metabolism of lipids.
- It protects cells from oxidative stress.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Wheat Germ oil and Vitamin E.



Recommended dosage and instructions for use

Take 2 softgels a day.



Composition

Each softgel contains:

Wheat Germ oil	500	mg	
Vitamin E	1,25	mg	10,5 %NRV

Excipients: Food grade gelatin, Glycerol.

Olio di Betacarotene



Dietary supplement containing
Beta-Carotene and Vitamin E

Oxidative stress

 70 softgels



Properties

- Vitamin E helps to protect cells from oxidative stress.
- Widely used before exposure to the sunlight.



Synergies

Beta-Carotene and Vitamin E.



Recommended dosage and instructions for use

Take 1 softgel a day.



Composition

Each softgel contains:

Beta-Carotene	4,8	mg	
Vitamin E	7,5	mg	62,5 %NRV

Excipients: Soybean oil, Food grade gelatin, Glycerol, Iron oxides, Carmine.

Lecitina di Soia



Dietary supplement containing
Soy Lecithin

Precious component of Soy

 70 softgels



Properties

- It is useful to supplementing this nutrient in your daily diet.



Synergies

Soy Lecithin.



Recommended dosage and instructions for use

Take 2 softgels a day.



Composition

Each softgel contains:

Soy Lecithin	540	mg
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Excipients: Food grade gelatin, Glycerol, Soy oil.

Olio di Fegato di Merluzzo



Dietary supplement containing
Cod Liver oil and Vitamin E

The most traditional supplement

 70 softgels



Properties

- Cod Liver oil is the most traditional food supplement.
- It has been used since the time of our grandparents.
- Vitamin E helps to protect cells from oxidative stress.



Synergies

Cod Liver oil and Vitamin E.



Recommended dosage and instructions for use

Take 1 softgel a day.



Composition

Each softgel contains:

Cod Liver oil	500	mg	
Vitamin E	6,70	mg	55,8 %NRV

Excipients: Food grade gelatin, Glycerol, Water.



NATURANDO S.r.l.
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