

*Since 1959, Flour for bakery, pastry  
and fresh pasta.*

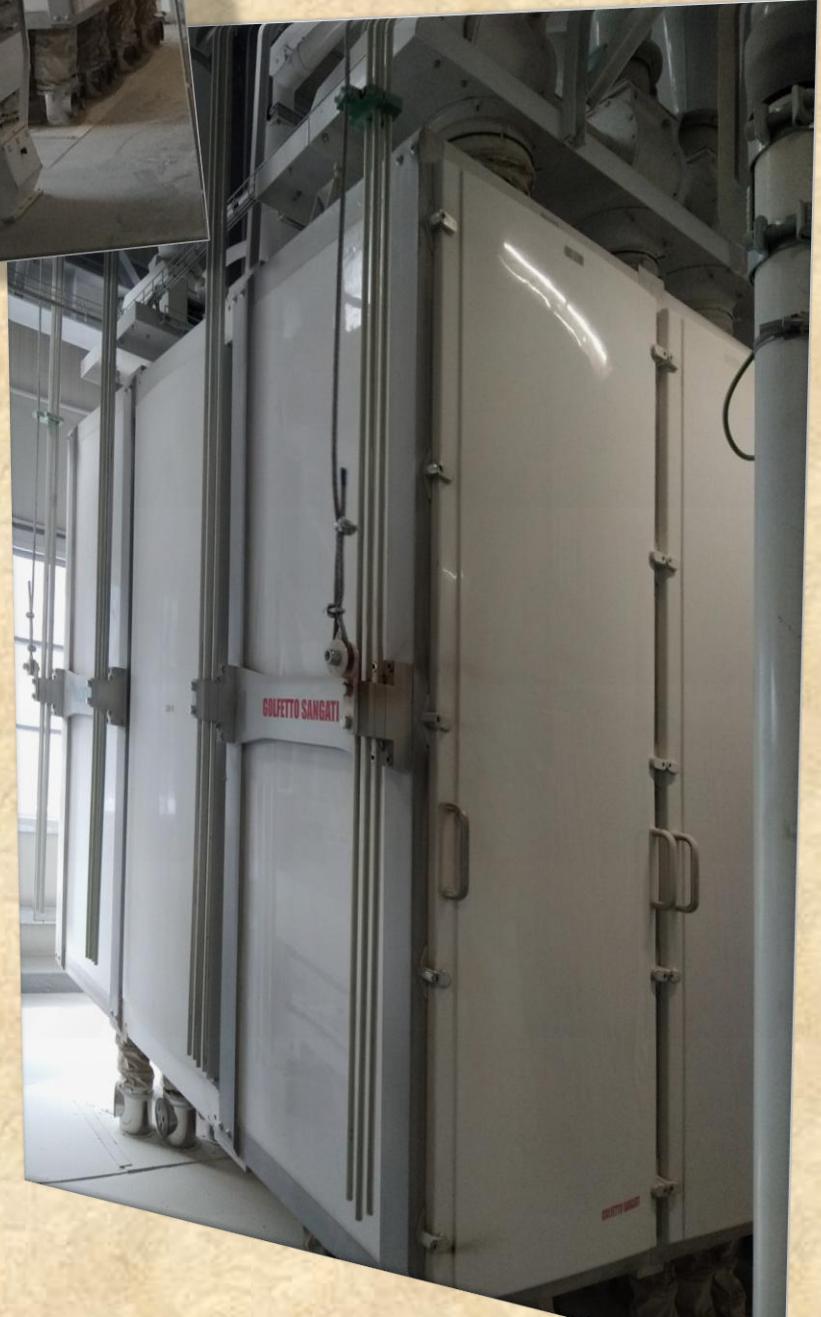


Originally born as a traditional water mill, Molino Stenca has been a landmark for over sixty years and four generations in the field of soft wheat milling to produce edible flour, as well as to extract zootechnical by-products.



**Renewed in 2018 with an  
advanced and forefront technology,  
the mill widens its production to  
provide their clients with higher variety,  
choice and quality flours**

We produce different kinds of high quality flour, carefully selecting our suppliers.



Both raw materials and finished products are tested in our internal laboratory to provide our clients with the best products.



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## FLOUR type “00”

Flour extracted from grinding and sieving tender grain, freed from any external substances and impurities. Especially used for direct doughs with short rest times, such as low-rise bread, breadsticks, biscuits and both fresh and dry pastry.



## FLOUR type “0”

Flour extracted from grinding and sieving tender grain, but less refined than the “00” type. It is found in between the “00” and the “1” types of flour, it absorbs higher amounts of water and it is richer of gluten. It is the ideal flour for any kind of processing, and especially bread-making.

|         |           |
|---------|-----------|
| W       | 150-180   |
| P/L     | 0,45-0,55 |
| Protein | 11,0%     |
| Gluten  | 8%        |
| Ashes   | 0,55% max |

## FLOUR type “00” M

Flour extracted from grinding and sieving the best tender grain, with low proteic value, but that allows to obtain doughs which are elastic and able to be used in many different ways. It is perfect for low- and medium- rise doughs, such as durum-wheat bread, tuscan bread, common bread, breadsticks, focaccias and pizzas with short fermenting and refreshment times.

|         |           |
|---------|-----------|
| W       | 210-260   |
| P/L     | 0,45-0,60 |
| Protein | 12,2%     |
| Gluten  | 10,3%     |
| Ashes   | 0,55% max |

## O U R F L O U R S **FLOUR type “00” M EXTRA**

Flour extracted from grinding and sieving of the best tender, medium and strong grain seeds. Characterised by an exceptional proteic value, easiness of processing and high malleability. Thanks to the great hold

in rising and its versatility, it is perfect for focaccias and pizzas with medium fermenting times and as a basis for direct and semi-direct doughs for several baking products, such as durum-wheat bread, bread shapes like maggiolinis, mantovanis and baguettes, breadsticks, as well as a refreshment

|         |           |
|---------|-----------|
| W       | 250-290   |
| P/L     | 0,45-0,60 |
| Protein | 13,5%     |
| Gluten  | 11,0%     |
| Ashes   | 0,55% max |

on the chariot. It guarantees elastic doughs and light products.



## **FLOUR type “00” P**

Flour extracted from grinding and sieving the best tender grain seeds, selected for strength and proteic value. It is a well-balanced flour, highly versatile due to its malleability, elasticity, a good capacity to absorb water and an excellent hold in rising. It is ideal for direct and indirect doughs with medium and long rising times, such as

|         |           |
|---------|-----------|
| W       | 300-330   |
| P/L     | 0,40-0,60 |
| Protein | 14,0%     |
| Gluten  | 12,0%     |
| Ashes   | 0,55% max |

baguettes, sandwich bread, and maggiolinis, as well as for products requiring chariot processing and long fermenting times, and in pastry for both rising and not-rising dough.



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## FLOUR type “00”S EXTRA

|         |           |
|---------|-----------|
| W       | 330-380   |
| P/L     | 0,45-0,65 |
| Protein | 14,8%     |
| Gluten  | 12,2%     |
| Ashes   | 0,55% max |

Flour extracted from grinding and sieving the best tender national and european grains selected for

strength and proteic value. It is the product of our Flour “P”, rested and matured. Ideal for direct long-rise doughs, such as panettone, baguettes, cornettos, and puff pastries.



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## FLOUR type “00” CINQUECENTO

Flour extracted from grinding and sieving the best tender grains selected for their strength and high proteic value. Thanks to its elasticity and great performances in development and pores, it guarantees stability and malleability to the dough. It is ideal for blown breads, such as ciabattas; and for the preparation of puff pastry products, croissants, brioches, and other confectionary products such as panettones.

|         |           |
|---------|-----------|
| W       | 400-500   |
| P/L     | 0,50-0,65 |
| Protein | 15,0%     |
| Gluten  | 13,0%     |
| Ashes   | 0,55% max |

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## FARINA tipo “00” BISCOTTO

Flour extracted by grinding and sieving attentively selected tender grains. Thanks to the low gluten content, it allows the production of very soft confectionery products, as well as crumbly pastries. It is especially recommended for producing biscuits, tarts, shortbreads, doughnuts, puff pastries and cakes.

|         |           |
|---------|-----------|
| W       | 180-200   |
| P/L     | 0,45-0,55 |
| Protein | 11,5%     |
| Gluten  | 8,5%      |
| Ashes   | 0,55% max |





## FLOUR type “00” MANITOBA

Flour extracted from grinding and sieving the best grains, characterised by a high proteic value. It is rich of gluten and proteins, it resists well to rising and with higher elasticity and extensibility. Thanks to all of these properties, it is ideal for doughs needing medium-long rising times with beer yeast, making the dough soft, elastic and highly rising. It can also be used as an adjuvant in pastry and in all baking products.

|         |           |
|---------|-----------|
| W       | 400-430   |
| P/L     | 0,45-0,60 |
| Protein | 15,2%     |
| Gluten  | 13,2%     |
| Ashes   | 0,55% max |

## FLOUR type “00” FIOR DI PASTA

Flour extracted from national tender attention to its quantities of ashes, no piercing, and especially a very white colour, this flour is perfect for high quality or not. For raviolis, tagliatelles and lasagna.



from grinding the best selected grains, with particular colouring. With low

|         |           |
|---------|-----------|
| W       | 190-220   |
| P/L     | 0,30-0,50 |
| Protein | 11,5%     |
| Gluten  | 7,5%      |
| Ashes   | 0,40% max |

fresh and egg dough, either filled example, this flour is good for

## FLOUR type “00” GRANITO

Flour extracted from the best part of the grain seed, from selected and tender national and european grain. This flour is characterised by a slightly granulated and uniform grain size, and from a particularly light and non-pierced colour. It is ideal for all kinds of fresh dough (especially for trofie), and can be used both on its own or mixed with either durum wheat semolina or strong flours. This flour is also very good to be sprinkled in preparing breads and pizzas.

|         |           |
|---------|-----------|
| W       | 210-240   |
| P/L     | 0,50-0,70 |
| Protein | 12,5%     |
| Gluten  | 9,0%      |
| Ashes   | 0,55% max |

## O U R F L O U R type “00” FOCACCIA

Flour extracted from grinding and sieving the best tender grain, with medium strength. This flour has been especially to obtain a balanced and dough, perfect for simple or filled focaccias, either round or square-shaped; just like other direct doughs with low- and medium-rise timings, which require high dough extensibility. Ideal especially for soft and savoury focaccias.

|         |           |
|---------|-----------|
| W       | 240-270   |
| P/L     | 0,35-0,50 |
| Protein | 12,5%     |
| Gluten  | 10,5%     |
| Ashes   | 0,55% max |

## F L O U R type “00” PIZZA

Flour extracted from grinding and sieving the best tender grain, selected precisely with the aim of obtaining flour guaranteeing dough elasticity

|         |           |
|---------|-----------|
| W       | 270-310   |
| P/L     | 0,45-0,60 |
| Protein | 13,0%     |
| Gluten  | 10,0%     |
| Ashes   | 0,55% max |

tolerance to rising. Its hold during the rising is necessary to make a savoury, crunchy and digestible pizzas.

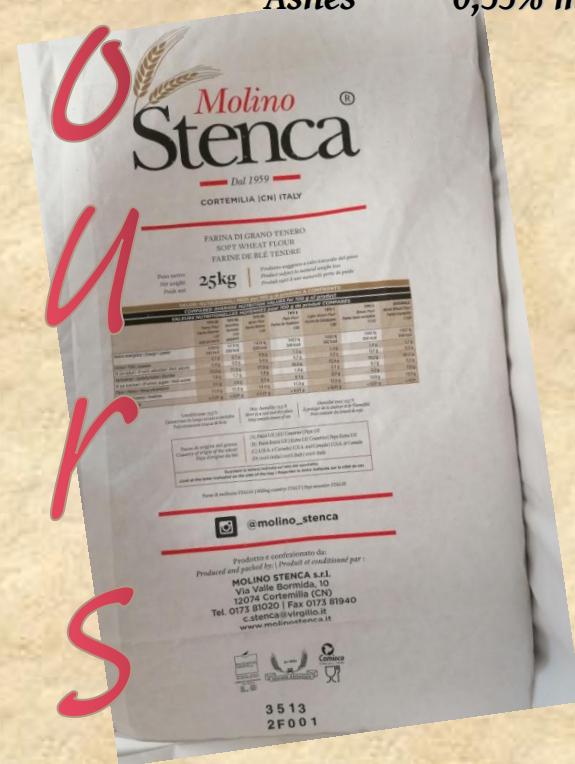


## Y O U R F L O U R type “00” GRISSINI

|         |           |
|---------|-----------|
| W       | 180-220   |
| P/L     | 0,35-0,45 |
| Protein | 11,5%     |
| Gluten  | 8,5%      |
| Ashes   | 0,55% max |

produce a particularly elastic dough, ideal for making breadsticks.

Flour extracted from grinding and sieving the best selected tender grains, with special attention to their elasticity and thus able to



## FLOUR TYPE 1

Flour extracted from grinding tender selected grains, of an ashy colour. This flour perfectly balances the bread-making features typical of refined flours with the higher nutrient intake typical of whole-wheat tender grain flour.

It is less refined, since it has more bran and grainseeds, which are rich in fibres, salt and vitamins and increase the flour's nutritional value and digestibility. Ideal to produce ciabattas, home-made bread, pizzas and focaccias.

|         |           |
|---------|-----------|
| W       | 220-260   |
| P/L     | 0,50-0,65 |
| Protein | 12,0%     |
| Gluten  | 11,0%     |
| Ashes   | 0,80% max |



## FLOUR TYPE 1 - 500

Flour extracted from grinding the best tender and strong selected grains, of an ashy colour. This flour has similar features to the "Type 1", but it is stronger and it has a high proteic value. It is ideal to prepare special breads, such as baguettes and blown bread.

|         |           |
|---------|-----------|
| W       | 340-380   |
| P/L     | 0,55-0,70 |
| Protein | 14,0%     |
| Gluten  | 12,0%     |
| Ashes   | 0,80% max |

## FLOUR TYPE 2

Flour extracted from grinding the best tender selected grains. It is half-way in between "Type 1" and whole-wheat flour. It is rich in fibres, salt and vitamins, and has excellent nutritional properties. It is ideal for pizzas and focaccias with medium fermenting times and as a base for direct and semi-direct processing doughs for several types of bread.



## FLOUR TYPE 2 - 500

Flour extracted from grinding the best tender strong selected grains. It has the same features of Type 2 flour, but higher strength and it is characterised by a high proteic value. It is ideal for preparing special bread, such as baguettes and blown breads.

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## WHOLE-WHEAT FLOUR

Flour extracted from integral grinding of grain seeds, and it is characterised by the presence of large bran at its inside. Ideal for balanced products from a nutritional point of view, crunchy and flavourful, as well as to produce bread high in fibres and salt. This flour is especially suitable to prepare products with a rustic flavour.

|                |                            |
|----------------|----------------------------|
| <b>Protein</b> | <b>13,0%</b>               |
| <b>Gluten</b>  | <b>10,0%</b>               |
| <b>Ashes</b>   | <b>1,30% min 1,70% max</b> |

## WHOLE-WHEAT FLOUR EXTRA

Flour extracted from integral grinding of selected grains of medium- and high-strength, and is characterised by the presence of medium and fine bran, rich of fibres. Ideal for nutritionally whole products, crunchy and with an intense flavour. It is ideal to prepare rustic and whole-wheat, light and soft breads.

|                |                            |
|----------------|----------------------------|
| <b>Protein</b> | <b>13,0%</b>               |
| <b>Gluten</b>  | <b>10,0%</b>               |
| <b>Ashes</b>   | <b>1,30% min 1,70% max</b> |

***Beyond a certain quantity, it is possible to produce tailored flours based on the customer's specific needs.***

All of our by-products are available in bulk or in packs of either 5, 10, 25 or 50 kgs.

# Some News!

**The Stone Mill enters to be a part of our family**

**Looking for new, but antique, flavours.  
To satisfy more and more all of our clients.**

**Stone-grinding is a slow process, consisting in pressing the grain seeds and allowing us to obtain flour containing their most precious parts.**

**This flour has a high content of bran, salt and vitamins, as well as an irregular granulometry.  
Highly digestible, savoury.. for products with an authentic and genuine flavour.**



# Our Stone-ground flours

## WHOLE-WHEAT STONE-GROUND FLOUR



Flour extracted from stone-grinding tender entire grain seeds. Stone-grinding allows to maintain all of the three constructive components of the grain: bran, flour and seed. Protein 13,6%  
The main feature of Gluten 10,5%  
stone-ground flours Ashes 1,30% min 1,70% max  
is their irregular granulometry and their rustic appearance. It is ideal to produce bread high in raw fibres and salt, for nutritionally balanced, fragrant, and tasty products.

## STONE-GROUND TYPE “1” FLOUR

Flour extracted from stone-grinding selected tender grain seeds. Being lavorated by the stone, the flour keeps all of its water-soluble vitamins, salt, trace elements and all of the other noble and vital parts of grain. It is ideal to produce ciabattas, home-made bread, pizzas and long-rise focaccias.

|         |            |
|---------|------------|
| W       | 220-260    |
| P/L     | 0,50,-,065 |
| Protein | 12,5%      |
| Gluten  | 11,0%      |
| Ashes   | 0,80% max  |



# Our Stone-ground flours

## STONE-GROUND FLOUR TYPE 2

Flour extracted from stoned-seeds. Stone-grinding all of its three constructive components: bran, flour and seed. This flour is high in fibres, fibre and vitamins it is easier to use than whole-wheat flour, and perfect for medium fermenting direct and indirect bread character to the finished



grinding selected tender grain allows the grain to maintain

|         |            |
|---------|------------|
| W       | 230-270    |
| P/L     | 0,55-0,070 |
| Protein | 13,5%      |
| Gluten  | 11,3%      |
| Ashes   | 0,95% max  |

focaccias and pizzas with times, as well as a base for doughs. It gives a rustic products.

## STONE-GROUND WHOLE RYE FLOUR

Flour extracted from stone-grinding rye. Rye is a cereal high in salt, selenium, zinc, magnesium, potassium, phosphorus and calcium and it has a low level of sugar. These components make it ideal for intense products, such as dry pastry, sandwich bread, dark bread, biscuits, pizzas, and low-rise products. Suitable for a diabetic diet, it improves intestinal health and generates a sense of fulfillment which regulates appetite. For best results, it can be mixed with tender grain flour.

|         |                     |
|---------|---------------------|
| Protein | 13,6%               |
| Gluten  | 10,5%               |
| Ashes   | 1,30% min 1,70% max |

Our products are available in bulk or in packs of either 5, 10 or 25 kgs.

# Our Stone-ground flours

## WHOLEWHEAT EMMER FLOUR



|         |                     |
|---------|---------------------|
| Protein | 15,0%               |
| Ashes   | 1,30% min 1,70% max |

This flour is extracted from emmer stone-grinding. Emmer is one of the oldest grains to be cultivated by humans, and a source of fibres, vitamins, and minerals. Its high concentration of magnesium facilitates insulin production and better muscles contraction. Fibres facilitate your digestion and protect overall gut health. Wholewheat emmer flour is perfect for both savoury and sweet products,

such as bread (which will have a more intense scent), pizzas, flatbread, biscuits and all kinds of baked products.

## EMMER FLOUR – TYPE 1

This flour is extracted from stone-grinding of emmer. This process makes the flour rustic, but soft at the same time, and exceptionally good for processing. Due to the low speed of stone-grinding processes, this flour allows the best maintenance of all of emmer's qualities and nutritional

|         |           |
|---------|-----------|
| Protein | 14,0%     |
| Ashes   | 0,80% max |

values. Ideal to prepare sweet and savoury doughs, can be used on its own or mixed to tender grain flour.

# Our Stone-ground flours

## WHOLEWHEAT CORN FLOUR

Flour extracted by stone-grinding corn. This kind of grinding preserves the corn's nutritional and organoleptic properties, as well as its vitamins, minerals, fibres, and catalysers that make this flour among the best for quality of digestion and nutritional values. Ideal for preparing sweet products, as well as the typical rustic and flavourful "polenta".

|         |                     |
|---------|---------------------|
| Protein | 9,4%                |
| Ashes   | 1,30% min 1,70% max |

## WHOLEWHEAT BARLEY FLOUR

|         |                     |
|---------|---------------------|
| Protein | 13,6%               |
| Ashes   | 1,30% min 1,70% max |

Flour extracted by stone-grinding barley. Barley is a cereal with high concentration of minerals and vitamins, as well as low in sugar;

poor in fats and sugar, it helps lower cholesterol. The stone-grinding process makes barley easy to digest and high in nutritional values, as the heart of the barley grain remains untouched. This flour is ideal for sweet and savoury products such as bread, crackers, barley cakes, breadsticks, and biscuits. For the best results, mix it with tender grain flour at a ratio of 30 to 50%.



Our products are available in bulk in tank trucks, or in paper bags of different sixes (5, 10, or 25 kgs).

**Beyond a certain quantity, it is possible to produce tailored flours based on the customer's specific needs.**

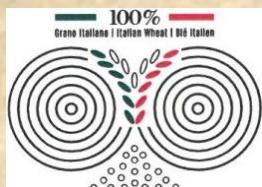
In our 1 kg pack, we offer:



- \* Flour type "00"
- \* Flour type "0"
- \* Flour type "00" with 100% ITALIAN GRAIN



- \* Flour type 1 Stone-ground
- \* Flour type 2 Stone-ground



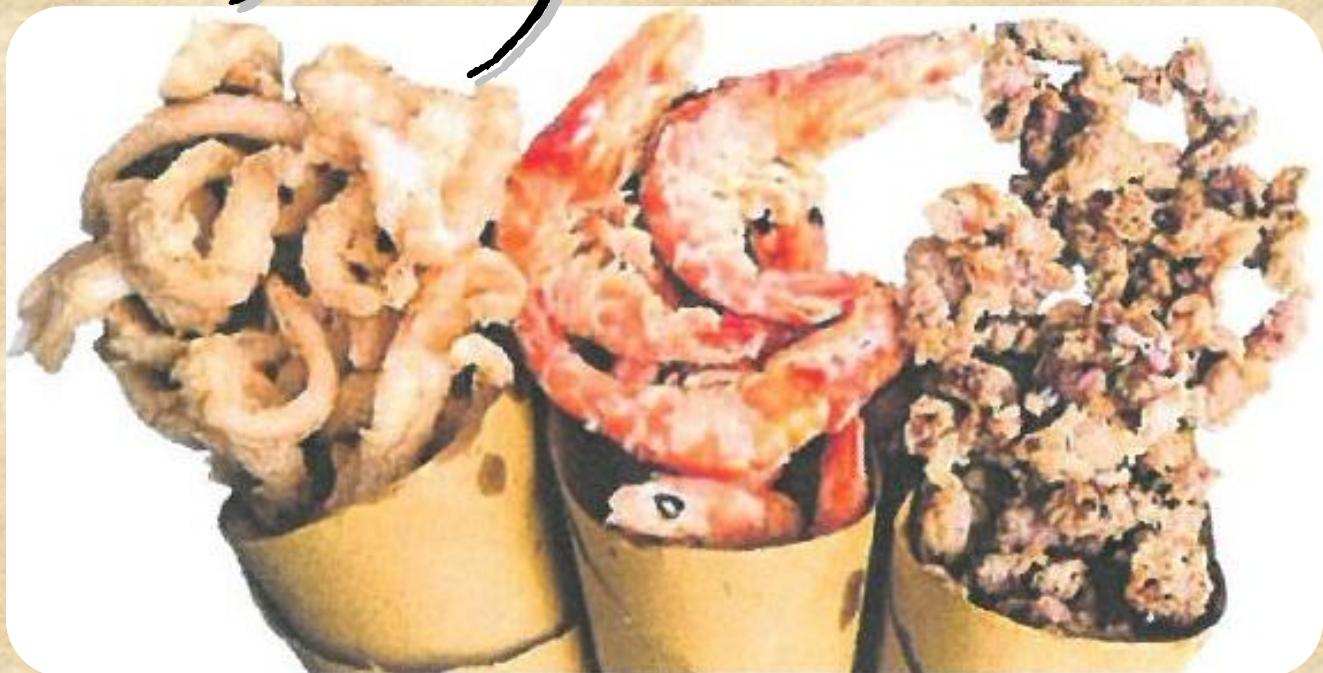
**IDEALE PER TUTTE LE PREPARAZIONI**  
Dalla macinazione a pietra di grani teneri di origine italiana altamente selezionati, nasce una farina genuina e versatile, perfetta per accompagnarvi ogni giorno nella realizzazione di ricette dolci e salate.

**ALL-PURPOSE FLOUR**  
From the stone-grinding of highly selected Italian soft wheat, a genuine and all-purpose flour is born. The perfect ingredient for your every day sweet and salty recipes.

**FARINE TOUS USAGES**  
A partir du broyage sur meules de pierre de blé tendre d'origine italienne hautement sélectionnée, une farine naturelle et tout usage est née : parfaite pour vous accompagner tous les jours dans la création de recettes sucrées et salées.

# NEW! 2021

## Perfritto



*This mix of flours is ideal for frying your fish.*

*Our "00" flour, obtained from grinding of the best grains, is mixed with small amounts of semolina flour and rice flour. This compound is ideal for battering all kinds of fish, making your dishes light, crispy, and with a unique flavour.*

*For a perfect deep-fry!*

***Other variants are available upon request.***

Available in paper bags of 5 kgs

# OUR BY-PRODUCTS.

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## ***BRAN***

It is made up by the most external part of the grain seed, rich of fibres and ashes, but low in starch. With a high content of proteins, it is also rich in Vitamin B. it is used to feed animals, potentially blended, and is recommended for cows, chickens, rabbits and other courtyard animals. It is a refreshing food, with laxative effect.

## ***FINE BRAN***

It is a derivate from processing bran, and it is different from the latter for its finer middling and lighter colour.

It contains a good amount of the seed and is rich in Vitamin E.

## ***TRITELLO***

It is a kind of bran obtained from the second time that the grain is sieved. It is the by-product with the highest amount of protein.

## ***FARINACCIO***

It is obtained from a particular middling of the grain seed, and it contains both flour, bran, and other by-products. It is rich in starch and Vitamin B, and highly energetic. It is used to feed animals, especially swines and veals, since it smells nice and it tastes sweet.

All of our by-products are available in bulk or in packs of either 10 or 25 kgs.



All of our products' deliveries happen through private means of transport and from our trusted and trained employees. By doing so, we can guarantee punctuality and full availability to our customers..



In order to provide our clients with a full and complete service, Molino Stenca marketizes several packaged products purchased from other companies:

Semolina flour  
Reground semolina flour  
Durum wheat semolina flour  
Whole-wheat semolina flour  
Corn flour  
Instant corn flour  
Corn flour "fioretto"  
Corn flour "fumetto"  
Corn flour "bramata"  
Heat-treated rice flour  
Heat-treated rice cream  
Heat-treated rice semolina  
Organic rice flour  
Organic rice semolina  
Organic whole-wheat rice flour  
Organic whole-wheat spelt flour  
Organic refined spelt flour  
Organic type "0" flour  
Organic type "2" flour  
Organic khorasan kamut flour  
Organic whole-wheat flax flour  
Organic buckwheat flour  
Rye flour  
Chestnut flour  
Chickpeas flour  
Breadcrumbs  
Sesame  
Black ubuntu mix  
Bel color dark  
Wheat field mix  
VIT 150  
Toasted fine bran  
Toasted edible bran  
Whole-wheat oat flour  
Barley flour  
4-cereals flour  
Spelt flour  
Whole-wheat spelt flour  
Durum wheat flour  
Soy flour  
Malted barley  
Potato flake  
Haelnut flour  
Ubuntu Cereal Mix  
Gluten

We've been lovingly working for over 60 years to provide our customers with the best products..

Commitment, persistence, consistency, and proficiency are our society's fundamental values.



**Molino Stenca S.r.l.**  
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