

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Updated as of 12 January 2021

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Involved Areas	KEDAH, PERAK, NEGERI SEMBILAN, KELANTAN, TERENGGANU, PAHANG AND SARAWAK (ZONE KUCHING, ZONE SIBU AND ZONE MIRI) *For Sarawak, please refer to the State of Sarawak CMCO SOP
Enforcement Period	13 Januari 2021 (starts at 12:01 a.m.) until 26 Januari 2021 (11:59 p.m.)
Controlled Movement	<ul style="list-style-type: none"> • Movement within CMCO area is allowed. While interstate movement and EMCO areas are NOT ALLOWED except with the permission of PDRM. • The number of passengers in a private vehicle is in accordance to the capacity of the vehicle. However, high risk individuals and children are not encouraged to go out to public, open and crowded areas. • The number of people allowed in vehicles carrying essential goods and services as well the chain of economic / industrial activities is dependent on the commercial vehicle registration license. • Movement of private vehicles, Government departments or private companies for the purpose of going to and from workplace or to carry out official government affairs is dependent on the seating capacity of the vehicle. • Activities and services at all airports and ports are ALLOWED to operate. • Public transportation services such as bus stops, express buses, LRT / MRT / ERL / Monorail, ferries, airplanes, taxi / e-hailing and other public transports are ALLOWED to operate (operating hours subject to license terms) based on the vehicle capacity. • Food delivery service is ALLOWED to operate from 6.00 am to 12.00 midnight throughout the period of the Conditional Movement Control Order CMCO.

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Fixed Instructions

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Control Movement	<ul style="list-style-type: none">• Emergencies and accident cases that require treatment at a nearby hospital / clinic are allowed based on the capacity of the vehicle WITHOUT the need to obtain permission from the PDRM.• Medical appointment cases are ALLOWED based on the capacity of the vehicle by showing the letter or appointment card.• In the cases of funeral management outside the CMCO area, movement is ALLOWED with the need to obtain permission from PDRM. The number of passengers in a vehicle is dependent on the situation emergency.• Any individual from the CMCO area is ALLOWED to return to the area provided permission is obtained from the PDRM.• Movement through CMCO area to other areas is ALLOWED with the permission from the nearest police station before making the trip. Amount of passengers is dependent on the capacity of the vehicle.

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Activities Within MCO Areas	<ul style="list-style-type: none"> • Business / economy / industry activities are ALLOWED to operate as determined by the Government. • Supermarkets, Shopping Malls and Retail Stores are ALLOWED to operate according to the determined SOP between 6.00am to 12.00 midnight. • Restaurants, shops / food stalls, food trucks, roadside hawkers, circulating hawkers, food courts / hawker centers, roadside stalls / kiosks, grocery stores and convenience stores are ALLOWED to operate between 6.00 am to 12.00 midnight with compliance to the SOP of Food Sector. • Restaurants and eateries are ALLOWED to operate dine-in (WITH 1 METER SOCIAL DISTANCING BETWEEN CUSTOMERS according to the table size), take away, delivery or drive-through with compliance to the Food Sector SOP(Premised Business, Non-Premised Hawkers, Indoor Markets and Retail / Food & Beverage Convenience Stores). Operational hours are allowed from 6.00am to 12.00 midnight (subject to license terms). Premise owners need to ensure that there is a good ventilation system in their respective premises. • Daily markets, wholesale markets, farmers markets, night markets and Late Night Bazaars (uptown, downtown and the like) are in accordance with the starting operational hours set by the license / permit until 12.00 midnight with SOP compliance and supervision by the authorities as well as RELA / Local Governing Authority members. • Petrol stations operating hours are between 6.00 am to 12.00 midnight (except for the operation of petrol station on the highway is allowed to operate for 24 hours). • Laundry services, optometry shops, barber shops, salons, SPAs and reflexology services are ALLOWED to begin 6.00 am to 12.00 midnight. • Operations of other businesses for daily needs are ALLOWED starting from 6.00 am until 12.00 midnight (subject to license terms).

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Action	Brief Description
Medical/ Healthcare Services	<ul style="list-style-type: none"> • Clinics, Government hospitals, medical laboratories and all private health facilities registered or licensed under Act 586 are ALLOWED to operate as approved by the Ministry of Health Malaysia for such private facilities (operating 24 hours or under approved operating license). • Pharmacies and drug stores are able to operate from 8.00 am to 12.00 midnight.
Healthcare Services Protocol	<ul style="list-style-type: none"> • The owner of the premises must ensure the control of the entry and exit of the premises with 1 meter physical distancing. • The premise owner must ensure that customers check in the premises using MySejahtera or by writing the name and no. phone manually as well as scan body temperature. Body temperature 37.5 degrees Celsius and above is NOT ALLOWED to enter the premises. The owners of the premises need to ensure only customers with "Low Risk" status in MySejahtera, are allowed to enter their respective premises. • The premise owner need to limit the number of customers in the premises with a physical distancing of 1 meter radius at any given time and displays the maximum number of customers in the premises. • Employees, suppliers and customers are required to wear face masks properly according to MOH recommendations while on premises. • It is mandatory to wear face mask, especially when in a crowded public place except for the following activities and places: <ul style="list-style-type: none"> a. Own residence that involves same household members; b. Private Paid Hotel / Accommodation Room involving members of the same household; c. Alone workspace; d. Indoor and Outdoor sports & recreational activities; e. Own vehicles involving members of the same household; f. Indoor / outdoor areas and public places without any other individuals; and g. While eating and drinking in public.

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Action	Brief Description
Work Activities	<ul style="list-style-type: none"> • Movement in / out of CMCO area is NOT ALLOWED. Only employees who have a valid employee pass OR a permission letter from their employer are ALLOWED for the purpose of working and performing duties. • Interstate enter/ out of EMCO area is NOT ALLOWED. • Employment activities for civil servants are based on JPA Circulars/Orders and the Employer for private sector employees. • Employers must limit employee capacity for those employees who need to be physically present in the workplace to complete their tasks. Meanwhile, other employees can work from home (WFH) or by taking shifts. • Vehicles carrying employees including private vehicles are ALLOWED to operate with SOP compliance.

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Action	Brief Description
Sports and Recreation Activities	<ul style="list-style-type: none"> • Contactless sports and recreational activities (indoor and outdoor) and are carried out individually not exceeding 10 people such as walking, jogging, cycling, self-exercise, hiking, fishing and others within the CMCO area only are ALLOWED in compliance with the SOP of Sports & Recreation Sector. • The existing centralized training program implemented by the National Sports Council and the State Sports Council can be continued in a "Quarantine Based Approach" as done at the MSN Bukit Jalil and Keramat Complex, Malaysian Badminton Academy, Bukit Kiara, Paralympic Sports Center of Excellence, Kg. Pandan, Sunway Megalanes and Velodrome, Nilai. • Permission to operate and use sports facilities by the public is RESTRICTED for training activities that do not involve physical contact and a maximum of 10 people only. Every sports operator need to schedule training by limiting not more than 10 people at any one time.
Economic and Industrial Sector Activities	<ul style="list-style-type: none"> • Economic and industrial sector activities in the PKPB (CMCO) areas can be carried out as determined by the Government with compliance to prescribed SOPs. • All vehicles related to industry, business and manufacturing are ALLOWED to operate including across districts and states.
Fisheries, Plantation and Agriculture Sector Activities	<ul style="list-style-type: none"> • The fisheries, plantation, agriculture, livestock and other industries related to the food chain are ALLOWED to operate.

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Action	Brief Description
Religious Activities	<ul style="list-style-type: none"> • Activities in mosques and suraus are ALLOWED with attendance limit set by the State Religious Authority. • Activities in non-Muslim religious houses are ALLOWED with attendance limit set by NSC / MOH / State Government and Ministry of Federal Territories for houses of worship at Federal Territory. • Islamic wedding ceremony (<i>akad nikah</i>) is ALLOWED with the presence of a maximum limit of 30 people only based on space and social distancing or subject to the amount set by the State Religious Authority. • Non-Muslim wedding ceremonies are ALLOWED with a maximum limit of 30 people present based on the area of space and social distancing in the National Registration Department / Home Worship / Non-Muslim Religious Associations.
Creative Industry	<ul style="list-style-type: none"> • Recording activities for music, concerts, filming, talk shows and such are ALLOWED to either internal recording (studio) or off-premises RESTRICTED in CMCO area only with minimal crew and NO AUDIENCE in compliance with the Creative Industry SOP. • Live event activities are allowed without spectators with the number of crew and staff set by KKMM. • Indoor busking activities in building premises, cafes, food courts and other non-open locations are ALLOWED.

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Action	Brief Description
Day Care Centres, <i>Tabika</i> , Kindergartens and Nurseries	<ul style="list-style-type: none"> • Childcare centers, montessorios, kindergartens and nurseries are allowed to operate with permission by the relevant Ministry / Agency. • Parents / guardians who send children to childcare centers are allowed to use vehicles with the number of child passengers according to vehicle capacity.
Education	<ul style="list-style-type: none"> • Schools, Public & Private Institutes of Higher Learning, Skills Training Institute, tahfiz center, private educational institutions in the category of private kindergartens, schools and centers (such as centers tuition, Language center, skills center, mind development center and guidance center) and other educational institutions are ALLOWED with compliance to the Guidelines set by the respective Ministry / Agency • Students who need to cross MCO, CMCO or RMCO areas are allowed except for EMCO areas with confirmation from the school / university / institution. Movement to / fro school / university / institution can be accompanied by a guardian. • Students and candidates in EMCO area are allowed to go to school / university / institution to sit for examinations set by MOE and MoHE with confirmation from the school / university / institution.

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Action	Brief Description
Meetings	<ul style="list-style-type: none"> • Face-to-face meetings for official business / work held at offices, hotels and other institutions are allowed with compliance to social distancing, mandatory wearing of face mask and only 50% meeting room capacity. • Meetings are encouraged to be held via video conferencing.
Tourism and Culture Activities	<p>The following activities are allowed to operate at 50% of the capacity of the premises in compliance to social distancing, mandatory use of face mask and based on related CMCO SOPs : -</p> <ul style="list-style-type: none"> • Public tourist attractions such as zoos, farms, aquariums, edutainment centers, recreation parks, extreme/ adventure / nature parks and others; • Premises of art, culture and heritage such as museums, libraries, art galleries, centers /cultural heritage art village, cultural performance stage and others; • Outdoor Theme Park and Family Entertainment Center (except indoor playground). <p>Other tourism and cultural activities OTHER THAN the Negative List are subject to the existing CMCO SOPs of Tourism and Culture Sector in force.</p>
Other Allowed Activities	<ul style="list-style-type: none"> • Other activities not included in the List of Non-Allowable Activities (Negative List) is ALLOWED in compliance to the existing SOP that has been set.

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Entertainment Activities	<ul style="list-style-type: none"> • Activities at nightclubs or pubs. • Activities at indoor theme parks, indoor playgrounds and cinemas. • Concert activities or live events with the presence of spectators.
Seminars / Workshops / Conferences / Exhibitions	<ul style="list-style-type: none"> • All Seminars / Workshops / Courses / Training / Conferences / Talks / Trade Exhibitions and activities related to Incentives, Conventions and Exhibitions. • EXCEPTIONS. Ongoing service training CAN BE CARRIED OUT within the area of training institutions only.
Mass Ceremonies	<ul style="list-style-type: none"> • Government and Private Official and Non-Official Events, Social Councils such as <i>kenduri</i>, weddings and engagements, receptions, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, birthday celebrations, reunions, retreats and other social gatherings. • Participation of government and private officials for Official and Informal Councils from MCO, CMCO and EMCO areas outside the area.

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Sports and Recreational Activities	<ul style="list-style-type: none"> • Picnic, swimming activities, physical/combat sports, matches for team sports and organising tournament / competition activities. • Sports and recreational activities that involve many people and are difficult to control social distancing. • Sports events and competitions with the attendance of spectator, and sports events and competitions involving participants from abroad.
Tourism Activities	<ul style="list-style-type: none"> • Tourism activities to outside of the CMCO area and in the EMCO area. • International tourism activities by citizens and domestic tourism activities involving foreign tourists entering Malaysia except foreign tourists from the countries as determined by the Minister.
Other Activities Not Allowed	<ul style="list-style-type: none"> • Any activity that can cause many people to be present at one place until implications to social distancing and compliance with the instructions of the Director General of Health. • Other matters decided by the Government from time to time.

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