

EFFECTIVE DATE: 1 June 2021

Allowed Activities

- Allowed sector economies
- Purchase / obtain essential goods
- · Obtain health treatment & medicine
- Conduct official Government and judicial duties

Non-Allowed Activities

- Inter-district movement within MCO areas and inter-state movement without the permission of PDRM
- Movement in and out of MCO areas without PDRM permission
- Please refer to List of Non-Allowable Activities

Standing Orders

- Regulation 16 P.U. (A) 225/2021
- Act 342
- Emergency Ordinance (Prevention and Control of Infectious Disease)(Revised) 2021.
- Subject to enforcement rules issued by NSC and MOH
- Instructions and rules under Local Governing Authorities
- Subject to Hotspot Identification for Dynamic Engagement (HIDE) reports and MOH risk assessment.
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Operation	As Decided In Brief	Allowed	As Decided In Brief	Movement	Conditional
Hours	Description	Activity Hours	Description		

	ACTIVITIES AND I	PROTOCOL
nd	Activities	Brief Description
	Involved Areas	WHOLE COUNTRY INCLUDING SABAH, SARAWAK AND FEDERAL TERRITORY LABUAN.
O nt		*For Sabah, please refer Sabah MCO SOP *For Sarawak, please refer Sarawak MCO SOP
S	Effective Period	1 June 2021 (from 12.01 am) until 14 June 2021 (11.59 pm)
е	Movement Control	 No inter-state and inter-district crossing (based on the district boundaries set by the State Governments).
		 PDRM is responsible for implementing control over local areas of infection with the help of ATM, APM & RELA. The entrances and exits of the MCO areas will be closed and entries controlled by the PDRM.
		 Only two (2) household representatives are allowed to go out to get food supplies, medicine, dietary supplements and basic necessities within a radius not exceeding 10 kilometers from their residence.
d		• A maximum of three (3) persons only including patients are allowed out for health care, medical, screening, safety or emergency services within a radius not exceeding 10 kilometers from their
S		residence or to the nearest place from residence if such health or medical services are not within a radius of 10 kilometers from their residence.
d		• The number of passengers in taxis and e-hailing is limited to two (2) people inclusive of driver, passenger must sit in the back.
al or		 The number of persons allowed in a vehicle carrying goods as well as economic or industrial chain of activities (excluding the transportation of workers) depend on the vehicle registration license.
S		 The number of persons allowed in the Department Vehicle or the Official Position Car is based on the capacity of the vehicle.
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Activities and services at all airports and ports are allowed to operate.
 Sea and land public transport services such as employee transport, stop buses, express buses, LRT, MRT, ERL, Monorail, ferries and other public transport are allowed to operate based on 50% vehicle capacity (operating hours and frequencies subject to the Ministry of Transport).
 Movement for cases of death and natural disasters is allowed after obtaining permission from the PDRM.
 The movement for disaster or humanitarian aid by NGOs is required to obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the area affected by the disaster and the aid is channeled through the Disaster Operations Control Center (PKOB) in the area.
 Movement across districts and states for the purpose of COVID-19 vaccination at Vaccination Centers (PPVs) outside the district or state of residence is permitted by showing appointment details on the MySejahtera application, website or SMS.
 Members of Parliament and State Assemblymen are allowed across states and districts to visit their respective areas without performance of any ceremony.
 Movement for Short Term Business Visitors under the approval of the One Stop Center Initiative (OSC) for official or business purposes is allowed after obtaining permission from PDRM.





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DescriptionAllowed
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ACTIVITIES AND PROTOCOL

Activities	Brief Description
General Health Protocol	 Licensees and premise owners ensure control of customer entry and exit into premises with physical distancing of at least 1 meter.
	 Licensees and premise owners are required to provide MySejahtera QR Code facilities and provide customer attendance registration book.
	 Hand sanitizer is provided at the entrance and ensure of its use before entry.
	 The use of the MySejahtera application is mandatory in areas with wide internet access. The use of the customer attendance registration book is only allowed at areas without internet coverage or other reasonable grounds (senior citizens, the absence of smartphones etc.).
	 Licensees and premise owners ensure customers check in the premises using MySejahtera or manually write the name and phone no. in the absence of internet coverage.
	 Customers and visitors are required to check in MySejahtera or manually write name and telephone number that is readable before entering the premises.
	 For shopping malls, supermarkets or department stores, customers need to conduct a body temperature scan only once at the entrance of the complex and not at every business premise under one complex.
	Body temperature above 37.5 degrees Celsius is not allowed to enter the complexes and premises.
	 The owners of the complexes and premises outside the complexes need to ensure only customers with "Low Risk" status including "Casual Contact Low Risk" in MySejahtera is allowed to enter their respective complexes or premises.



Movement

Conditional



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Activities	Brief Description
Protocol	 Children under the age of 12 are not allowed to be in public places and facilities except for emergency purposes, treatment, education and exercise. Licensees and premise owners limit the number of customers on the premises with a physical distancing of at least 1 meter at a time. Each premise needs to display the total number of customer entry limits at any one time. The use of a queue number system is encouraged for customers entering a premise. All building owners are required to provide a QR Code on each level. Employees, suppliers and customers are required to wear face masks properly according to the MOH's recommendations while on the premises. Ensure good ventilation and airing system in the premises. It is mandatory to wear a face mask especially when in a crowded public place except for the following activities and places: Hotel rooms or accommodation paid by ownself and involve members of the household. Solitary work space. Outdoor sports and recreational activities. Own vehicle and involving household members. Indoor or outdoor public areas and places without any other individuals. When eating and drinking in public places without any other individual (other than in restaurants or food premises).





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d	Activities	Brief Description
	Public Services	 Implementing the Work From Home (WFH) method completely excluding services of front liners, security, defense and enforcement Attendance at the Office is only allowed for essential services and does not exceed 20% at a time based on priority to work processes that cannot be performed by WFH such as payment of contracts / invoices / salaries payment / distribution of monthly / periodic assistance to the people, maintenance / security premises, ICT technical management for the purpose of system maintenance and online meetings and preparation of documents involving the Cabinet. Attendance to the office must be accompanied by official instruction documents and employee pass
d	Private Services	 All necessary service sectors approved by the relevant Ministry or Agency can operate during the MCO period subject to the relevant Ministry's approval letter effective from 1 June 2021. Movement of employees is subject to registration or operating approval letter or employee pass or employer confirmation letter. Employee attendance capacity for the private sector in services should include operations and management limited to 60%.
) /	Meetings	Meetings should be conducted by video conference.
l r k	Seminars, Workshops, Courses, Training and Talks	 Seminars, workshops, courses, trainings and talks are not allowed except for on-going trainings to be implemented in the training area through Camp Based Training method. Seminars, workshops, courses, trainings and talks conducted online is allowed.





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ł	Activities	Brief Description			
	Business and Services	 Restaurants, eateries, food stalls, food trucks, roadside hawkers, circulating hawkers, food courts, hawker centers, roadside food stalls or kiosks are allowed to operate between 8.00 am to 8.00 pm via take -home, drive -by or delivery. Dine-in and park & dine services are not allowed during the MCO period. Picnic activities are not allowed. Grocery stores and convenience stores are allowed to operate between 8.00 am to 8.00 pm. Daily necessities stores such as hardware stores, vehicle workshops, baby goods stores and religious items are allowed to operate between 8.00 am to 8.00 pm. Health services such as hospitals, clinics and medical laboratories can operate up to 24 hours or according to the operating permit license. Pharmacies can operate from 8.00 am to 8.00 pm. Petrol stations can operate from 6.00 am to 8.00 pm except stations at,I tolled highways can operate for up to 24 hours. Supermarkets, hypermarkets, pharmacies, personal care, convenience stores and mini stores marts and department stores are open but RESTRICTED to the food, beverage sections and basic necessities only from 8.00 am to 8.00 pm. Animal clinics and pet food shops are allowed to operate from 8.00 am to 8.00 pm. Laundry shops, laundromats and eyewear shops are allowed to operate from 8.00 am until 8.00 pm. Self -service laundromats need to make sure employees are on the premises by adhering to the prescribed SOPs. 			





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	Activities	Brief Description		
	Markets	 Daily markets and public markets are allowed to operate from 6.00 am to 2.00 pm subject to local governing authorities (PBT) with compliance with SOPs and supervision of RELA or PBT members. 		
		The Controlled Fresh Market (PST) is allowed to operate from 7.00 am to 12.00 noon. Paragraph of Fresh Market (PST) Mulfarm Outlet (MFO) and Fresh To Conscious		
)		 Permanent Farmers Market (PTK), MyFarm Outlet (MFO) and Farmers Organization Complex are allowed to operate from 6.00am to 4.00pm. 		
ι		• The wholesale market is allowed to operate from 12.01 am to 6.00 am and 11.00 am to 4.00 pm subject to local governing authorities (PBT) with compliance with SOP and supervision of RELA or PBT		
3		members.		
)		 Night markets, farmers markets, weekly markets and guest markets are not allowed to operate. 		
	Agriculture,	 Refer to the List of Essential Services by Sectors that are allowed to operate. 		
	Fisheries, Livestock,	Fishing activities to support living expenses (purposes) is allowed.		
	Plantation and Commodities			
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Activities	Brief Description
Education	 All Public and Private Institutes of Higher Learning (IPT), Skills Training Institutes, schools other than under the MOE, tahfiz centers and other educational institutions are closed. IPTs under the supervision of MOHE continue online. All schools and educational institutions under the MOE, private educational institutions in the category of schools and tuition centers, language centers, skills centers, guidance centers and others registered under the MOE are closed from 1 June to 14 June 2021. Only students of international schools and expatriate schools involved with international examinations are allowed to attend to sit for the examination according to the examination schedule set by the international examination body. All face -to -face Teaching and Learning (PdP) activities are not allowed except for IPT students who are in need. International examinations and professional bodies as well as research activities that require laboratory facilities in IPTs are allowed according to the SOPs of the IPTs and the movement must be accompanied by confirmation from the Ministry of Higher Education (MOHE) or the relevant IPTs. Students who are in dormitories, universities or educational institutions are allowed to be in such dormitories, universities or educational institutions and continue learning in a hybrid manner.





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schools as well as mind development centers for children aged 4 to 6 years are not allowed to operate except for children where both parents and guardians are front liners and work in the essential service. Residential care centers or rehabilitation centers for children, the Disabled (OKU), the elderly, women and various care centers are allowed to operate in accordance with the SOPs set under the relevant Ministry, Department or Agency. Prayer activities are limited to a maximum of 12 mosque and surau committee members only. Other activities are not allowed. Islamic wedding ceremonies (solemnization) are allowed only at the Islamic Religious Office / Department with the presence in accordance with the ruling of the State Religious Authority. The management of the burial of the remains of Muslims is allowed in accordance with the ruling of the State Religious Authority. House of Worship activities other than Islam are limited to a maximum of 12 house committee members worship only and the presence of believers is not permitted.	a	Activities	Brief Description
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 Marriage registration for non-Muslims at the National Registration Department (JPN), Houses of Worship and Religious Associations is allowed with attendance in accordance with the decision of the JPN. Funeral management other than Muslims is allowed in accordance with the ruling of the Ministry of National Unity (IGP). 	d s d d al	Religious	 activities are not allowed. Islamic wedding ceremonies (solemnization) are allowed only at the Islamic Religious Office / Department with the presence in accordance with the ruling of the State Religious Authority. The management of the burial of the remains of Muslims is allowed in accordance with the ruling of the State Religious Authority. House of Worship activities other than Islam are limited to a maximum of 12 house committee members worship only and the presence of believers is not permitted. Marriage registration for non-Muslims at the National Registration Department (JPN), Houses of Worship and Religious Associations is allowed with attendance in accordance with the decision of the JPN. Funeral management other than Muslims is allowed in accordance with the ruling of the Ministry of
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		Hours			

Activities	Brief Description
Sports and Recreational Activities	 Sports and recreational activities performed individually in open areas without physical contact are RESTRICTED to jogging and exercise only by adhering to a physical distancing of at least 2 to 3 meters and performed in the neighborhood from 7.00 am to 8.00 pm subject to ongoing instructions of movement control. Centralized training programs include quarantined closed tournaments or competitions implemented by the National Sports Council (NSC) using the Camp Based Training concept. Quarantined centralized training program implemented by State Sports Councils (MSN) using the concept of Camp Based Training. Centralized training program including quarantined training matches for teams in the Malaysian Football League (MFL) using the GELEMBUNG SUKAN (Camp Based Training) model.





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ACTIVITIES AND PROTOCOL

Activities	Brief Description
Creative Industries	 Development and broadcasting of creative content by recording or live broadcast including animation, filming, drama, promotion, sitcoms and the like, including dance activities, theater arts, musical arts, cultural and heritage performances and music arts are not permitted except for talk shows and live streaming as an individual.
	 Recorded broadcast or live broadcast of a program in the form of a information presentation (other than entertainment) such as news, forums, chats are allowed.
Other Activities	ANY ACTIVITY NOT STATED IN THIS SOP IS NOT PERMITTED.

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Movement

Conditional

ACTIVITIES AND PROTOCOL

LIST OF NECESSARY SERVICES THAT ARE ALLOWED TO OPERATE

- Food and beverages included for animals/pets.
- 2. Health and medical care includes dietary supplements, animal care and clinics as well as veterinary services
- 3. Air
- 4. Energy
- 5. Security and safety, defense, emergency, welfare and humanitarian aid
- 6. Solid waste management and public cleaning and sewerage
- 7. Transportation by land, water or air
- 8. Port, shipyard and airport services and operations, including loading, laiter moving transportation, cargo handling and piloting, and storage or packing of commodities
- 9. Communications include media, telecommunications and internet, post and courier as well as broadcasting (for the purpose of conveying information, news and the like only)
- 10. Banking, insurance, takaful and capital markets
- 11. Community credit (mortgage only)
- 12. E-commerce and information technology
- 13. Production, distillation, storage, supply and distribution of fuels and lubricants
- 14. Hotels and accommodation (only for quarantine purposes, segregation, employment for necessary services and not for tourism purposes)
- 15. Critical construction, maintenance and repair
- 16. Forestry services (limited to enforcement) and wildlife
- 17. Limited logistics to necessary service delivery





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Conditional

ACTIVITIES AND PROTOCOL

SERVICES NEED TO BE BY SECTOR

A. Manufacturing (Capacity 60% of workers)

- 1. Aerospace (components and maintenance, repair and overhaul MRO)
- 2. Food and drinks
- 3. Packaging and printing materials are only related to food and health materials
- 4. Personal care items and detergents
- 5. Health care and medical products
- 6. Personal care items, personal protective equipment (PPE) including rubber gloves and fire safety equipment
- 7. Components for medical devices
- 8. Electrical and Electronics (importance of global economic chain)
- 9. Oil and Gas includes petrochemicals and petrochemical products
- 10. Machinery and equipment are only related to health and food
- 11. Textiles for PPE production only
- 12. Production, distillation, storage, supply and distribution of fuels and lubricants





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Movement

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ACTIVITIES AND PROTOCOL

Brief Description

B. Agriculture Fisheries Livestock Plantation and Commodities (Optimal Capacity)

- 1. Agriculture, fisheries and livestock and their chains
- 2. Plantations and commodities and their chains (oil palm rubber pepper and cocoa)

C. Construction

- 1. Critical maintenance and repair work
- 2. Major public infrastructure construction works
- 3.Building construction work that provides complete employee accommodation on a construction site or workers stationed in the Centralized Worker Quarters (CLQ)





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As Decided In Brief **Description**

Allowed **Activity** Hours

As Decided In Brief **Description**

Movement

Conditional

ACTIVITIES AND PROTOCOL

LIST OF ESSENTIAL SERVICES THAT ARE ALLOWED TO OPERATE

D.Distribution Trade

- 1. Shopping complexes are CLOSED except for hypermarkets and supermarket premises and departmental stores which have sections of food and beverage, basic necessities, pharmacy stores, self -care, convenience stores, mini marts and restaurants to take home and delivery to residents.
- 2. Supermarkets, hypermarkets, pharmacies, personal care, convenience stores and mini marts as well departmental stores are opened but **RESTRICTED** to food beverage and basic necessities sections only
- 3.Restaurants
- 4.Laundry includes self -service
- 5. Other Specialty Retail Stores (gas stations)
- 6.Pet care and pet food shops
- 7. Eyeglass and optical goods shops
- 8. Hardware shops
- 9. Vehicle workshops, maintenance and spare parts
- 10.E-trade (all product categories)
- 11. Wholesale and distribution (all categories of essential service products only)

E. Others

Other services, work, industries and businesses as determined by the Government after consultation with the authorities that Instructions and rules under Local regulate these work, services, industries and businesses...

ANY ACTIVITY NOT STATED IN THIS SOP IS NOT PERMITTED





EFFECTIVE DATE: 1 June 2021

Allowed Activities

- Allowed sector economies
- Purchase / obtain essential goods
- · Obtain health treatment & medicine
- Conduct official Government and judicial duties

Non-Allowed Activities

- Inter-district movement within MCO areas and inter-state movement without the permission of PDRM
- Movement in and out of MCO areas without PDRM permission
- Please refer to List of Non-Allowable Activities

Standing Orders

- Regulation 16 P.U. (A) 225/2021
- Act 342
- Emergency Ordinance (Prevention and Control of Infectious Disease)(Revised) 2021.
- Subject to enforcement rules issued by NSC and MOH
- Instructions and rules under Local Governing Authorities
- Subject to Hotspot Identification for Dynamic Engagement (HIDE) reports and MOH risk assessment.
- Other instructions issued by DG of Health from time to time

Operation	As Decided In Brief	Allowed	As Decided In Brief	Movement	Conditional
Hours	Description	Activity Hours	Description		

b	Activities	Brief Description
	NON-ALLOWAB	LE ACTIVITIES (NEGATIVE LIST)
) t	Economic Activities	 Spa operations, reflexology, massage centers, wellness, beauty salons, barbershops and pedicure and manicure services Operation of cyber cafes and cyber centers Driving Training Institute, Maritime Training Center and Aviation Training Center Photography activities Predictive number agencies, horse racing and casinos
	Entertainment	 Activities in nightclubs or pubs Activities at the cinema
k S k	Social	 Government and private Formal or Informal Councils Social events such as feasts, celebrations, weddings or engagements, reception ceremonyd, aqiqah, doa selamat, tahlil, anniversaries, birthday celebrations, reunions, retreats and other social events Receiving guests or visitors at the residence except in case of emergency and delivery services Face to face seminars, workshops, training courses, conferences, exhibition, talks and related activities with Meetings, Incentives, Conventions and Exhibitions (MICE)





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Operation Hours

As Decided In Brief Description Allowed Activity Hours As Decided In Brief Description

Movement

Conditional

Activities Brief Description				
NON-ALLOWABLE ACTIVITIES (NEGATIVE LIST)				
	Tourism & Cultural Activities	 Public tourist attraction products such as zoos, farms, aquariums, edutainment centers, extreme, adventure, nature parks and others. 		
		 Premises of art, culture and heritage such as museums, libraries, art galleries, centers or cultural heritage art village, cultural performance stage and others. 		
		 Theme Park, Family Entertainment Center, indoor playground and karaoke including family karaoke 		
		Tourism activities outside the district and state.		
		 Overseas tourism activities by citizens and domestic tourism activities involving foreign tourists entering Malaysia. 		
	Sports & Recreational Acitivies	All sports and recreational activities OTHER THAN those listed.		
		 Operation of all sports and recreational facilities or premises EXCEPT public parks which is subject to Local Governing Authorities (PBT). 		
		 Sports and recreational activities conducted in groups or involving physical contact. 		
		 Organizing local and international tournaments or competitions or matches EXCEPT for indoor or indoor competitions / tournaments organized by the National Sports Council and training matches of teams under the Malaysian Football League (MFL). 		
		 Sports and recreational activities conducted outside or across the movement control command area that are in force EXCEPT with the permission of PDRM. 		





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Operation	As Decided In Brief	Allowed	As Decided In Brief	Movement	Conditional
Hours	Description	Activity Hours	Description		

1	Activities	Brief Description				
	NON-ALLOWABI	ON-ALLOWABLE ACTIVITIES (NEGATIVE LIST)				
	Creative Industry	 Performances at hotel lounges Indoor or outdoor busking activities 				
	Others Not Allowed	 Other activities that can cause people to be present at an area until difficulty in physical distancing and compliance to instructions of Director-General of Health. Other matters decided by the Government from time to time. 				

