

NEWSLETTER

HEALTHCARE

22 - 28 December 2025

**Beijing mulls including the costs of embryo freezing and preservation in medical insurance**

Beijing plans to include embryo freezing and preservation costs in its medical insurance system to build a more fertility-friendly society. The city will also consider raising reimbursement levels for prenatal examinations to ease financial burdens on families. This follows the 2023 inclusion of 16 assisted reproductive treatments in the insurance program, which has already benefited over 647,000 patient visits. ([China Daily](#))

Average life expectancy in Beijing rises to 83.93 years

Beijing's average life expectancy has risen to 83.93 years in 2024, with key maternal and infant health indicators reaching internationally advanced levels. This improvement reflects the city's efforts to expand high-quality healthcare resources and strengthen primary medical services. Recent initiatives include directing more resources to underserved areas and establishing comprehensive medical alliances. ([China Daily](#))

Elderly need better health management services

Experts are calling for nursing homes in China to provide more comprehensive health management services for the elderly. A recent report reveals that over 80% of nursing home residents have chronic diseases, yet a shortage of professional health managers and a lack of smart health devices hinder service quality. To address this, authorities are urged to include health management in insurance schemes. ([China Daily](#))

Alcon eyes further growth in healthcare

Eye care company Alcon highlighted China's open business environment and its status as Alcon's second-largest surgical market globally. With China having the world's largest population of ophthalmic patients, including over 700 million people with myopia, the market holds tremendous growth potential. Alcon remains optimistic about its continued expansion in China's healthcare sector. ([China Daily](#))

Shanghai youth center evolves to mental health support network

The Shanghai Youth Online Public Service Center has evolved into a comprehensive mental health support network, serving over 594,000 individuals since 2005. It provides multi-channel support including a hotline, online platforms, and crisis intervention, handling about 300 calls daily. With over 1,300 professional volunteers, the center has become a crucial platform for preventive mental health measures. ([China Daily](#))