

# NEWSLETTER

# HEALTHCARE 17 – 23 November 2025



## China's JD.com launches 'Al Hospital' to bring virtual doctors in patients' pockets

Artificial intelligence is pushing deeper into China's healthcare system. JD.com's health arm unveiled Al Hospital 1.0, a platform billed as putting the equivalent of a top-tier hospital in every patient's pocket. The platform integrates Al-powered general practitioners, pharmacists, and nutritionists with the "digital twins" of real doctors, offering users services ranging from symptom checks to prescriptions and home testing. **(CX Daily)** 

## Shanghai pioneers music therapy committee to advance mental health care

Shanghai has established the country's first music and art therapy committee to advance the professional development of art therapy in mental health care. This initiative leverages clinical evidence showing music's effectiveness in managing conditions like depression and anxiety, and its role as a supplementary treatment and self-care tool. (China Daily)

# China reports major improvements in welfare for children, elderly over past 5 years

Over the past five years, China has significantly enhanced its welfare system for children and the elderly. Child protection expanded to cover orphans, de facto unattended children, and left-behind children, with basic living allowances increasing by over 26% since 2020. For seniors, substantial progress was made in creating elderly-friendly communities, including the establishment of 86,000 community canteens. (Xinhua)

#### Chinese scientists create atlas linking blood metabolites to human diseases

Chinese scientists have created a groundbreaking plasma metabolome atlas, linking 313 metabolic indicators to over a thousand diseases and identifying more than 52,000 significant associations. This resource reveals that over 50% of significant metabolic abnormalities can be detected up to a decade before clinical diagnosis, with particularly dramatic shifts occurring around ages 46 and 64. (China Daily)

#### Clinic offers fresh path to neurological rehabilitation

China is pioneering new pathways in neurological rehabilitation through specialized brain-computer interface (BCI) clinics. These clinics, emerging in hospitals nationwide, utilize BCI technology to help patients with conditions like spinal cord injuries and strokes by decoding neural signals and assisting movement through exoskeletons or neuromodulation. This approach can significantly accelerate recovery. (China Daily)