ITALIAN TRADE AGENCY

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NEWSLETTER

HEALTHCARE
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China Holds National Health Conference to Advance Healthy China
The National Health Conference was convened in Beijing with President Xi Jinping delivering a key speech calling for decisive progress in the Healthy China Initiative during the 15th Five-Year Plan period from 2026 to 2030. Xi emphasized that prevention is the most cost-effective health strategy, underscored the need to build a balanced, inclusive, high-quality and efficient health service system and highlighted six core capacities. **(Xinhua)**

China Sets Rehabilitation and Nursing Care Bed Target for 2030
China issued an action plan to expand rehabilitation and nursing care capacity, aiming for 0.48 rehabilitation and nursing care beds per 1,000 people by 2030. The plan calls for cities with large elderly populations to have at least one public rehabilitation hospital or nursing home, while secondary and higher-level hospitals are required to set up dedicated rehabilitation wards and grassroots institutions**. (NHC)**

China Launches National Mental Health Awareness Day Campaign
The 2026 World Mental Health Day campaign was held in Beijing under the theme of mental wellness for the whole population, with the National Health Commission organizing awareness activities across the country. The campaign highlighted depression and anxiety screening for adolescents and the elderly, workplace mental health support and the integration of psychological services into primary healthcare. **(NHC)**

China Issues Guidance to Strengthen Rare Disease Prevention and Treatment
China issued a notice on further strengthening rare disease prevention and treatment, outlining measures across prevention, diagnosis and treatment system building and service capacity. The guidance calls for expanded pre-pregnancy and prenatal screening, the establishment of rare disease outpatient and inpatient units in qualified medical institutions and the improvement of the national rare disease diagnosis. **(NHC)**

China Issues Rules on Big Data Security for Healthcare Institutions
Zhejiang Province released the first trial measures on external data cooperation management for healthcare institutions, setting out rules on data classification, authorization, de-identification and accountability. The rules require medical institutions to conduct security assessments before sharing data with external partners, establish a whitelist mechanism for cooperative entities and report data breach incidentst. **(Zhejiang Health Commission)**