

NEWSLETTER
HEALTHCARE
23 February - 1 March 2026



Chinese team develops antiviral strategy that could change flu treatment

A Chinese research team has developed a novel antiviral strategy to combat influenza. Unlike existing drugs, it triggers the degradation of multiple viral proteins inside host cells. This approach suppresses viral activity longer and reduces the risk of drug resistance. The breakthrough could pioneer a new generation of antiviral treatments. The research findings were published in the Journal of the American Chemical Society. **(China Daily)**

'China solution' targets high-risk breast cancer

Chinese researchers have developed a new "China solution" for treating aggressive triple-negative breast cancer. A large-scale trial found that adding carboplatin to standard treatment significantly improves patient outcomes. The strategy reduced the relative risk of cancer recurrence by 36% and increased the three-year survival rate. This breakthrough offers a more effective, personalized treatment path for high-risk patients. **(China Daily)**

China records rise in survival prospects for child and adolescent cancer patients

China's child and adolescent cancer patients have reached a 77.2% five-year survival rate, exceeding WHO targets for some cancers. While outcomes for diseases like leukemia and lymphoma are improving, significant regional disparities persist, linked to uneven healthcare resources. The study recommends establishing specialized regional centers and using AI to enhance diagnostics. **(China Daily)**

China rolls out plan to boost health of children, youth through 2030

China has launched a new national health plan for children and adolescents through 2030. The initiative targets key issues like obesity, myopia, and mental health. It aims to improve well-being through prevention and coordinated management. The plan emphasizes stronger collaboration between schools, families, and healthcare services. **(Xinhua)**

More Chinese cities add artificial hearts to medical insurance coverage

An increasing number of Chinese cities are including artificial hearts in their medical insurance coverage. This policy expansion significantly reduces the cost of the life-saving implants for patients with severe heart failure. Cities like Tianjin, Beijing, and Guangdong have already implemented the reimbursement. The move aims to improve patient access and accelerate the technology's development in China. **(Xinhua)**